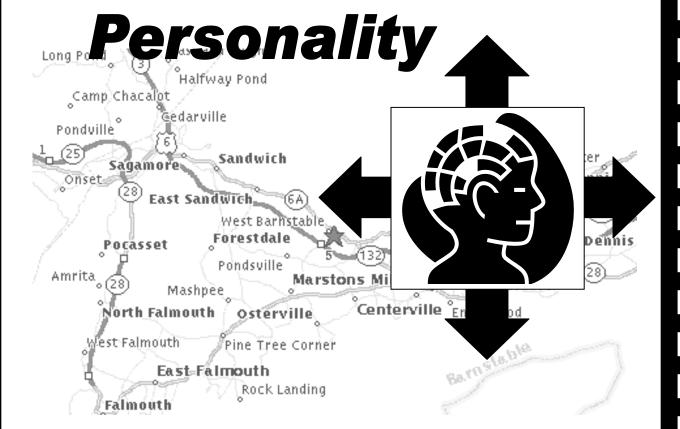
Careers for your



CAREER ROUTES SUCCESS

Myers Briggs Type Indicator (MBTI) Summary





Around 1940 a mother-daughter team (Katharine C. Briggs and her daughter Isabel Briggs Myers) developed this instrument to help people understand and use Carl Jung's theory of psychological type preferences.

The MBTI is a *reliable* and *valid* instrument that measures and categorizes your personality and behavior. It is *not* a test. There are no "right" or "wrong" answers.



Swiss Psychologist, Carl Jung, (1875 – 1961) theorized that you can predict differences in people's behavior if you know how they prefer to use their mind. According to Jung, we each have an inborn preference for using our mind in one of two different ways, in four different categories:

Orientation to World

Extraverted

Energized by others or **Introverted**

Energized by ideas, emotions, memories

Take in Information

Sensing Using five senses or Intuition

Using gut or instincts

Make Decisions

Thinking Logical, problem solvers or

> Feeling Consider others, compassionate

Take in Info. or Decide

Perceiving

Taking in information

Judging

Organizing information and making decisions

- There are a total of 16 possible "types" based on unique combinations of the preferences.
- Four letters are used to represent a type, for example a person with preferences for Extraverted, Sensing, Thinking, Judging is called an ESTJ.
- Each type has strengths and weaknesses. No type is better than another.
- People can use this assessment tool to *validate* their preferences on each of the four dichotomies and understand the sixteen different personality types that result from the interactions among preferences.
- Knowing your type can help you:
 - choose a career that might be a good match for your personality
 - understand others
 - understand your own behavior
 - communicate better with others
 - work more cooperatively in groups with others
 - manage people better in a work situation
 - appreciate individual differences
 - and more...

Myers Briggs Type Indicator (MBTI) Self-"Guesstimate" Worksheet

Which side do you think more accurately describes you? Write the letter in the box at the end of each pair.

Orientation to the World

Extraversion

Focus on the outer world of people and things Receive energy from interacting with people Energized by taking action; active Prefer communicating by talking (over writing) Work out ideas by talking them through Learn best through sharing/doing/discussing Have broad interests

Introversion

Internal focus on ideas, memories, or emotion Receive energy from reflecting on thoughts Prefer communicating in writing (over talking) Learn best by having time alone to process Prefer working in quiet environments Able to focus on one project at length Known to be reflective, quiet, private, or deep

My code:

E or I

Preference for Taking In Information (Perceiving)

Sensing

Focus on the present; what is happening now Prefer real/concrete/tangible information Attentive to details, specifics, and facts Enjoy tasks with an orderly, sequential format Like having five senses engaged while working Work at a steady pace and have stamina Known to be practical, steady, and orderly

i**N**tuition

Focus on future; possibilities and potential See the big picture, connections, or patterns Remember specifics when part of a pattern Imaginative and creative Bored by routine and sequential tasks Like solving problems and developing new skills Have bursts of energy rather than stamina

S or N

Preference for Making Decisions (Judging)

Thinking

Examine logical consequences of decisions Objectively weigh the pros and cons Base decisions on impersonal analysis and logic Energized by problem solving and critiquing Seek standard principles to apply uniformly Look for cause/effect relationships in data Consider feelings when presented as facts

Feeling

Base decisions on subjective values Enjoy appreciating and supporting others Actively look for qualities to praise in others Value and create harmonious environments Honor each person as a unique individual Assess impacts of decisions on others Work best in supportive, encouraging settings

T or F

Preference for Either Taking In Information or Making Decisions

Judging

Prefer to make decisions with information Make decisions as soon as possible Enjoy having closure; like things settled Plan and organize their world Like roles and expectations to be clear Enjoy getting things done/being productive Plan ahead to avoid last minute stresses

Perceiving

Prefer to take in information and understand Keep things open-ended as long as possible Seek to experience and live life; not control it Open to new options and last-minute changes Enjoy starting projects but often never finish Able to adapt; flexible

Energized by last minute pressures

J	or	Р

Occupational Trends By Type

NF

NT

SF

ST

		NT
	Counseling	Science
Teaching/Education	Arts	Technology
	Teaching/Education	Management
	Religion	
ISFJ	INFJ	INTJ
\$255 O	34/30/1020	3477.575.755
Occupational Trends:	Occupational Trends:	Occupational Trends:
Education	Religion	Scientific/Technical Field
Health Care	Counseling	Computers
Religious Settings		Law
		Focus: use intellectual
Focus: personally help	Focus: facilitate others'	creativity and technical
	emotional, intellectual or	knowledge to conceptualize,
	spiritual development	analyze and get tasks done
ISFP	INFP	INTP
Occupational Trends	Occupational Trends:	Occupational Trends:
		Scientific or
		Technical Fields
10.2000000	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Teamed Trads
Eaw Emiorcoment	File	Focus: apply objective
Fogus: use centle nature and	Focus: use creativity to	analysis of problems and
		technical expertise in
service-related positions	in the second se	solitary environment
ESFP	ENFP	ENTP
Occupational Trends	Occupational Trends:	Occupational Trends:
		Science
		Management
		Technology
	3000 A TO	Arts
	155,52	Focus: continuously take on
		new challenges and solve
people with practical needs	growth in others	problems
ESFJ	ENFJ	ENTJ
Occupational Trends	Occupational Trends:	Occupational Trends:
X ₹ C (4.5)		Management
		Leadership
Religion	Teaching	Deast sinp
To a constant of the constant	Focus: help others with their	Focus: use analysis, strategic
	TO THE THE PROPERTY OF THE PARTY OF THE PART	THE COURSE ASSESSMENT OF STREET
Focus: use their personal concern to provide service to	emotional, intellectual and	planning, and organization
	Health Care Religious Settings Focus: personally help people behind the scenes ISFP Occupational Trends: Health Care Business Law Enforcement Focus: use gentle nature and attention to detail, in service-related positions ESFP Occupational Trends: Health Care Teaching Child Care Skilled Trades Focus: use outgoing nature and enthusiasm to help people with practical needs ESFJ Occupational Trends: ESFJ Occupational Trends: Education Health Care Religion	Health Care Teaching/Education ISFJ Occupational Trends: Education Health Care Religious Settings Focus: personally help people behind the scenes ISFP Occupational Trends: Health Care Business Law Enforcement Focus: use gentle nature and attention to detail, in service-related positions ESFP Occupational Trends: Health Care Business Law Enforcement Focus: use gentle nature and attention to detail, in service-related positions ESFP Occupational Trends: Health Care Teaching Child Care Skilled Trades Focus: use outgoing nature and enthusiasm to help people with practical needs ESFJ Occupational Trends: Religion Arts Focus: use creativity and communication to foster growth in others FOCUS USE COUNSELING Religion Arts Focus: use creativity and communication to foster growth in others FOCUS USE CREATIVE AND COCCUPATIONAL TRENDS: FOCUS: use creativity and communication to foster growth in others FOCUS USE CREATIVE AND COCCUPATIONAL TRENDS: FOCUS: use creativity and communication to foster growth in others FOCUS USE CREATIVE AND COCCUPATIONAL TRENDS: FOCUS: use creativity and communication to foster growth in others FOCUS USE CREATIVE AND COCCUPATIONAL TRENDS: FOCUS: use Creativity and communication to foster growth in others FOCUS USE CREATIVE AND COCCUPATIONAL TRENDS: FOCUS: use Creativity and communication to foster growth in others FOCUS USE CREATIVE AND COCCUPATIONAL TRENDS: FO

Sources: Consulting Psychologists Press MBTI Manual and MBTI Qualifying Program Training Packet

On The Job Stressors By Type

Try to select careers where you will avoid or minimize the following stressors for your personality preferences.

Job Stressors for:

Extraverts

Working alone
Having to communicate by email
Lengthy work periods with no interruptions
Having to reflect before taking action
Having to focus in-depth on one thing
Getting feedback only in writing

Sensing Types

Attending to own and others' insights
Having to do old things in new ways
Having to give an overview without details
Looking for the meaning in facts
Focusing on possibilities
Too many complexities

Thinking Types

Using personal experience to assess situations
Adjusting to individual differences and needs
Noticing and appreciating what is positive
Focusing on processes and people
Using empathy/personal values to make decisions
Having others react to questioning as divisive

Judging Types

Waiting for structure to emerge from the process Being expected to use "inner timing" Working with too flexible time frames/deadlines Having to marshal energy at the last minute Staying open to reevaluation of tasks Dealing with surprises "Winging" it

<u>Introverts</u>

working with others
talking on the phone a lot
frequent interruptions
having to act quickly without reflection
having too many concurrent tasks/demands
getting frequent verbal feedback

iNtuitive Types

having to attend to realities
having to do things the proven way
having to attend to details
checking the accuracy of facts
needing to focus on past experience
being required to be practical

Feeling Types

analyzing situations objectively
setting criteria and standards
critiquing and focusing on flaws
focusing only on tasks, not people
using logic alone to make decisions
asking questions that feel divisive

Perceiving Types

having to organize self or others
working within time frames and deadlines
others' distrust of last minute energy
having to finish and move on
developing contingency plans
being required to plan ahead
being on time

Source: Consulting Psychologists Press MBTI Manual

"Insightful Contributors"

Actor

Administrative Assistant Adult Education Teacher Advertising Account Manager

Advertising Director

Alcohol/Addiction Counselor

Art Teacher Artist

Athletic Coach Bank Manager Bank Teller

Bilingual Education Teacher

Bookkeeper Business Manager Career Counselor

Caterer

Child Welfare Worker Child-care Worker Clergy/Ministry

Communications Director Community College Professor

Community Health Provider

Composer

Construction Worker Corporate Trainer Corrections Officer Cosmetologist

Crisis/Suicide Counselor Dean of Students Dental Assistant

Dental Hygienist Dentist Designer Dietitian

Diversity Consultant

Drama Teacher Eco-tourism Specialist

Editor

Elementary School Teacher Employee Assistance Counselor

English Teacher Entertainer

Family Physician Flight Attendant Fund-raiser

Funeral Home Director Graphic Designer Guidance Counselor

Hairdresser

Health Education Practitioner

Health Teacher High School Teacher Holistic Health Practitioner

Home Economist

Human Resources Administrator

Insurance Agent Interpreter Journalist

Language Teacher Legal Assistant

Librarian

Licensed Practical Nurse

Lifeguard Magazine Editor

Management Consultant Marketing Executive Massage Therapist

Media Communications Specialist

Medical Assistant Medical Secretary Medical Technician Middle School Teacher

Music Teacher Musician Newscaster Non-profit Director

Nurse

Nursing Consultant Nursing Educator Nutritionist

Occupational Therapist

Office Manager Optician Optometrist

Pediatric Medicine

Pharmacist |

Psychologist

Pharmacy Technician Physical Therapist Police Detective Preschool Teacher Program Designer Psychiatrist

Public Relations Specialist Radiology Technologist

Reading Teacher Real Estate Agent Receptionist

Recreational Director

Recruiter

Residential Housing Director

Respiratory Therapist Sales Associate Sales Manager Secretary Security Guard

Small Business Executive Social Services Worker

Social Worker

Special Education Teacher

Speech Pathologist Supervisor Teacher's Aide Translator Travel Agent TV Producer Veterinarian

Writer

"Compassionate Explorers"

Actor

Advertising Account Manager Advertising Creative Director Alcohol/Addiction Counselor

Art Teacher Artist Attorney

Bilingual Education Teacher

Biologist

Business Consultant Career Counselor

Cartoonist Character Actor Chemical Engineer Child Welfare Counselor

Columnist

Community College Professor

Composer

Computer Programmer Computer Specialist Computer Systems Analyst Conference Planner Construction Worker

Consultant Copy Writer

Corporate Trainer Corrections Officer Dental Hygienist

Development Director

Dietitian Diversity Trainer

Drama Teacher Early Childhood Ed. Teacher

Editor

Educational Consultant Electrician Employee Assistance Counselor Psychiatrist

Employment Development SpecialistPsychologist Engineer

English Teacher Entertainer Publicist Entrepreneur

Environmental Attorney Rehabilitation Counselor

Fine Artist

Health and Wellness Teacher

Health Care Worker Holistic Health Practitioner Human Resources Manager Human Resources Personnel Human Resources Trainer Interior Decorator/Designer

Inventor

Investment Counselor

Journalist

Leadership Consultant Legal Mediator Magazine Art Director Management Consultant

Manager

Marketing Consultant Marketing Executive Massage Therapist Mechanical Engineer Merchandise Planner Music Teacher

Musician Newscaster Nutritionist

Occupational Therapist

Ombudsperson

Outplacement Consultant Pastoral Counselor Photo grapher Physical Therapist

Physician Playwright Political Analyst Politician

Preschool Teacher Probation Officer

Public Relations Specialist Public Relations Specialist

Publicity Writer

Religious Worker

Reporter

Research Assistant

Residential Housing Director

Restaurant Owner

Salesperson

School Guidance Counselor

Scientific Investigator Scientific Researcher

Screenwriter Social Worker

Special Education Teacher

Speech Pathologist

Speech-Language Pathologist

Strategic Planner Vocational Counselor

Writer

"Insightful Expeditors"

Accountant Actor

Administrator

Advertising Account Manager

Architect Attorney Auditor

Banker

Biologist Biomedical Engineer Business Consultant Business Executive Chemical Engineer Chemist

College Professor Community Health Worker Computer Analyst

Construction Worker

Cook

Corporate Finance Attorney Corporate Trainer Corrections Officer

Crafts Worker

Credit Investigator Data Analyst Dentist

Designer Detective Economics Analyst **Economist**

Education Consultant Electronics Expert

Employment Specialist

Engineer English Teacher Environmental Engineer Farmer

Financial Advisor Financial Planner Fine Artist

Franchise Owner Funeral Director

General Contractor Government Employee Guard

Human Resources Professional

Insurance Agent

International Sales and Marketing

Investigator Judge

Labor Relations Officer Law Enforcement Officer

Legal Assistant Logistics Consultant Management Consultant Marketing Manager Media Planner/Buyer Medical Assistant Medical Technician Military Officer Mortgage Broker

Network Integration Specialist

Nurse

Office Manager Park Ranger

Personnel Manager

Pharmaceutical Sales Manager

Pharmacist Photographer Physician Probation Officer Program Designer Project Manager Psychiatrist

Psychologist Public Official

Public Relations Specialist

Purchasing Agent Real Estate Agent Researcher Sales Manager Salesperson School Principal Science Teacher

Scientist Security Guard

Social Science Teacher

Social Scientist

Social Worker Steelworker Stockbroker Supervisor

Technical Trainer

Telecommunications Worker Trades Teacher - High School

"Logical Explorers"

Advertising Creative Director

Advertising Director

Art Teacher Artist

Attorney

Actor

Biologist

Cartoonist

Chemical Engineer

Community College Professor

Composer

Computer Programmer

Computer Systems Analyst

Conference Planner

Construction Worker

Corrections Officer

Dental Hygienist Diversity Trainer

Drama Teacher

Editor

Educational Consultant

Electrician Engineer

Entertainer Entrepreneur

Financial Planner Fine Artist

Health and Wellness Teacher

Health Care Worker

Human Resources Personnel Industrial Design Manager

Interior Designer

International Marketing Specialist

Inventor

Investment Broker

Investment Planner

Journalist

Leadership Consultant

Literary Agent

Logistics Consultant

Magazine Art Director Management Consultant

Manager

Marketing Director

Marketing Planner/Buyer

Marketing Researcher

Mechanical Engineer

Music Teacher

Musician

Network Integration Specialist

Newscaster

Nutritionist

Occupational Therapist

Ombudsman

Outplacement Counselor

Personnel Systems Developer

Photographer.

Physician

Political Analyst

Politician

Preschool Teacher

Probation Officer

Psychiatrist Psychologist

Public Relations Specialist

Publicist.

Radio Host Radio Producer

Real Estate Agent

Real Estate Developer

Rehabilitation Counselor

Religious Worker

Reporter

Research Assistant Restaurant/Bar Owner

Salesperson

School Guidance Counselor

Scientific Investigator

Scientific Researcher

Social Worker

Special Education Teacher

Special Projects Developer

Speech Pathologist

Sports Marketing Professional

Strategic Planner

Technical Trainer

Television Producer

TV/Talk Show Host

Venture Capitalist Vocational Counselor

Writer

Youth Counselor

ESFJ

"Practical Contributors"

Actor

Adult Education Teacher

Advertising

Alcohol/Addiction Counselor

Art Teacher Artist

Athletic Coach Bilingual Educator

Bookkeeper

Business Administrator Business Manager Career Counselor

Caterer

Child Care Worker Child Welfare Worker

Communications Director

Community College Professor Community Health Worker

Construction Worker Corrections Officer

Cosmetologist Counselor

Credit Counselor

Crisis/Suicide Counselor

Customer Service Representative

Dental Assistant Dental Hygienist

Dentist Designer Dietitian

Drama Teacher Eco-Tourism Specialist

Editor

Elementary School Teacher

Employee Assistance Counselor English Teacher

Entertainer Family Physician

Flight Attendant Funeral Home Director

Fund-raiser Genealogist Graphic Designer

Guard

Hairdresser

Health Education Practitioner

Health Teacher High School Teacher Home Economist Home Health Aide

Home Health Care Services

Host/Hostess

Human Resources Administrator

Insurance Agent Interpreter Journalist

Language Arts Teacher

Legal Assistant Librarian

Licensed Practical Nurse

Lifequard

Management Consultant

Massage Therapist

Media Communications Specialist

Medical Assistant
Medical Secretary
Medical Technician
Merchandise Planner
Middle School Teacher
Minister/Priest/Rabbi
Music Teacher

Musical Composer Musician Nurse

Nursing Consultant Nursing Educator Nutritionist

Occupational Therapist

Office Manager Optician Optometrist Paralegal

Pediatric Medicine

Pharmacist

Pharmacy Technician Physical Therapist Police Detective Preschool Teacher Primary Care Physician

Psychiatrist Psychologist

Public Relations Specialist Radiology Technologist Reading Teacher Real Estate Agent Real Estate Broker

Receptionist

Receptionist Recreational Director Religious Educator Respiratory Therapist Restaurant Worker Retail Owner/Operator

Sales Associate Sales Manager Secretary Site Supervisor Social Worker

Special Education Teacher

Speech Pathologist Supervisor Teacher's Aide Telemarketer Translator Typist Veterinarian

Writer

CAREERS TO CONSIDER ESFP

"Compassionate Responders"

Adult Education Teacher Aeronautical Engineer Athletic Coach

Auditor Biologist Bookkeeper

Carpenter Chef Child Care Provider Child Welfare Counselor

Clerical Supervisor Comedian

Community Health Worker Computer Programmer

Computer Programmer
Construction Worker
Consultant

Corporate Trainer Correctional Officer

Cosmetologist Counselor

Critical Care Nurse

Dancer

Dental Assistant Dental Hygienist

Designer Dietitian

Diversity Trainer Dog Trainer

Early Childhood Education Teacher Musician
Editor Negotiato

Electrician Electronics Technician

Elementary Education Teacher

Emergency Medical Technician Emergency Response Worker Emergency Room Nurse

Engineer Entertainment Promoter

Exercise Physiologist
Farmer

Film Producer Financial Advisor

Firefighter Flight Attendant Floral Designer Fund-raiser

General Contractor Guard

Guard Hairdresser

High School Teacher Home Health Aide Host/Hostess Insurance Agent Investigator Journalist

Labor Relations Mediator Laboratory Technologist

Laborer

Land Developer Library Staff Member

Licensed Practical Nurse (LPN)

Lifequard

Machine Operator Marine Biologist Marketing Specialist

Mason

Massage Therapist

Mechanic Mediator

Medical Assistant Medical Technician Middle School Teacher

Musician Negotiator Nursing Aide Nutritionist

Occupational Therapist

Optician Optometrist Park Ranger Performer Pharmacist

Pharmacy Technician Photographer Physical Therapist Physician's Assistant

Pilot Plumber Police Detective Police Officer Preschool Teacher Primary Care Physician Probation Officer

Project Editor Promoter

Public Health Nurse
Public Relations Specialist
Radiological Technician
Real Estate Agent
Receptionist

Recreational Attendant Rehabilitation Counselor

Reporter

Respiratory Therapist Retail Merchandiser/Planner

Salesperson Secretary

Small Business Manager

Social Worker

Special Events Producer

Stockbroker Tour Agent Tour Operator

Transportation Worker

Travel Agent Veterinarian

Veterinary Assistant Veterinary Technician

Waitperson

ESTJ

"Practical Expeditors"

Accounting Internal Auditor

Actor Architect

Attorney

Auditor

Accountant

Bank Officer Banker

Biologist

Budget Analyst Business Consultant

Business Executive

Chemist

Chief Information Officer (CIO)

Clinical Technician

Community Health Worker Computer Analyst

Computer Specialist Construction Worker

Cook

Corporate Trainer

Corrections Officer

Credit Analyst

Credit Investigator Criminal Investigator Data Analyst

Database Manager Dentist

Designer Detective

Economics Analyst Educational Consultant

EEG Technician

Electronics Expert

Engineer English Teacher

Factory Supervisor Farmer

Financial Advisor Financial Planner

Fine Artist

Franchise Owner

Funeral Director General Contractor Government Administrator

Health Services Administrator

Human Resources Administrator

Insurance Agent

Judge

Law Enforcement Officer

Legal Assistant Loan Officer

Logistics and Supply Manager Management Consultant

Marketing Professional Medical Technician

Military Officer

Mortgage Broker

Nurse Office Manager

Paralegal Park Ranger

Pharmaceutical Sales

Pharmacist Photographer |

Physician: General Manager

Police Officer

Primary Care Physician Private Investigator

Probation Officer Project Manager

Psychiatrist Psychologist Public Official

Public Relations Specialist Purchasing Agent

Real Estate Agent

Regulatory Compliance Officer

Researcher Sales Manager Salesperson

School Principal Science Teacher

Scientist Security Guard

Social Science Teacher

Social Scientist Social Worker

Steelworker Stock Broker Supervisor

Technical Teacher Technical Trainer

Telecommunications Security

CAREERS TO CONSIDER ESTP

"Logical Responders"

Aeronautical Engineer

Artisan Athletic Coach Auctioneer Auditor

Bartender

Banker

Biologist

Book keeper Budget Analyst Carpenter

Cashier

Chef Child Care Worker Clerical Supervisor

Clerical Worker Community Health Worker

Computer Programmer Construction Worker

Consultant Correctional Officer Cosmetologist

Counselor Craft Worker Critical Care Nurse Dancer

Dental Assistant Dental Hygienist Designer Detective Editor

Electronics technician Emergency medical Technician

Emergency Response Worker

Engineer Farmer

Electrician

Film Producer Financial Advisor Firefighter Fitness Instructor Flight attendant

Floral Designer General Contractor Guard Hairdresser Insurance Agent

Insurance Fraud Investigator

Insurance Sales
Investigator

laboratory Technologist

Laborer

Land Developer Library Worker Lifequard

Logistic And Supply Manager

Machine Operator Marine Biologist Marketing Specialist

Mason Mechanic

Mediator Medical Assistant

Medical Technician Musician Negotiator News Reporter

Nursing Aide
Optometrist
Paramedic
Park Ranger
Performer
Pharmacist
Photographer
Physical Therapist

Physicians Assistant
Pilot
Plumber
Police officer

Preschool / High School Teacher

Primary Care Physician Private Investigator Probation Officer Professional Athlete Project Editor Promoter

Public Health Nurse Public Relations Specialist Purchasing Agent Radiological Technician Real Estate agent Recreational Attendant

Receptionist

Rehabilitation Counselor

Reporter

Respiratory Therapist

Sale Person

Small-Business Manager Social Services Worker Special Events Producer

Sports Caster Sports Medic

Sports Merchandise Sales

Stockbroker

Teacher (Adult education)

Tour Agent

Transportation Worker

Travel Agent

Veterinary Assistant

Veterinarian Waitperson

INFJ

"Compassionate Visionaries"

Health Care Administrator Community Health Worker

Pharmacist

Pharmacy Technician

Physician Veterinarian

Social Services Administrator Education Administrator Corrections Officer Supervisor in various fields

Electrician Legal Assistant

Librarian Real Estate Agent Word Processor Critical Care Nurse Dental Assistant

Dental Hygienist Dietitian Nutritionist

Health Education Pratitioner
Health Service Worker
Health Technologist
Licensed Practical Nurse
Medical Records Administrator

Medical Technologist

Nurse

Nurse Aide

Nursing Consultant Nursing Educator Physical Therapist

Thysical i

Physician

Public Health Nurse Speech Pathologist Speech Therapist Probation Officer

Teacher

Teacher's Aide Child-care Worker Cosmetologist

Customer Service Representative Food Service Worker

Hairdresser Optician Aeronautical Engineer

Bookkeeper Cashier

Computer Operator

Curator

Library Assistant Office/Clerical Worker

Secretary Architect

Interior Decorator

Musician Guard

Police Detective Accountant Actuary Auditor Banker

Financial Manager
Efficiency Analyst
Information Officer
Insurance Underwriter
Purchasing Agent
Researcher

Financial Consultant

Chemist

Computer Analyst Computer Technician

Dentist

Electrical or Electronic Engineering Technician

Engineer

Engineering Technologist

Geologist
Lab technologist
Meteorologist
Technical Writer
Consultant

Labor Relations Worker Management Consultant

Manager

Personnel Manager School Principal Air Force Personnel

Detective Judge Military Officer Police Officer

Pollution Control Specialist Regulatory Compliance Officer Cleaning Service Worker

Crafts Worker

Farmer

Machine Equipment or Process

Operator Mechanic Steel worker

"Insightful Enhancers"

Actor

Administrative Assistant Animal Groomer

Architect Artist Audiologist Beautician

Bilingual Education Teacher

Biologist Book Keeper Botanist Carpenter

Child Welfare Counselor Child-Care Worker Church Worker Cleaning Service Clerical Supervisor

Clerk

College Professor Composer

Computer Operator Construction Worker

Consultant Cook

Corrections Officer Counselor Crafts Worker Crisis Hotline Operator

Cusis riotilile Obelatoi

Customer Service Representative

Dental Assistant Dental Hygienist Designer Dietitian Diversity Manager

Early Childhood Teacher

Editor
Educational Consultant

Electrician Electronic technician

Employee Assistant Counselor Employment Developer

Engineer Entertainer

Executive Secretary

Fashion Designer

Fine Artist Forester Gardener Geologist Graphic Designer

Health Technologist Health-Service Worker Holistic Health Practitioner Home Health Social Worker Human Resources Specialist

Interior Design Interpreter Journalist

Laboratory Technologist Landscape Designer Legal Assistant Legal Mediator Librarian

Licensed Practical Nurse

Lifeguard

Machine Operator Marine Biologist Massage Therapist

Mechanic Media Specialist Medical Assistant Medical Technologist

Minister Missionary Musician Novelist Nursing Aide Nutritionist

Occupational Therapist

Optician Optometrist Personal Coach Pharmacy Technician

Physician Poet

Police Detective Police Officer Priest Psychiatrist Psychology

Public Health Nurse Public health Nurse Recreational Attendant Registered Nurse Religious Educator Religious Worker

Reporter Researcher

Respiratory Therapist School-Bus Driver

Secretary Social Scientist Social Worker

Special Education Teacher Speech Language Pathologist

Surveyor

Teacher Grades K-12 Teacher's Aide Therapist

Therapist Physical

Trainer Translator

Veterinarian Assistant

Waitperson Writer

"Logical Visionaries"

Actor Investment Banker

Architect Journalist Artist Judge

Astronomer Librarian

Management Consultant Attorney

Audiologist Manager

Auditor Marketing Professional Biologist Massage Therapist Biomedical Researcher Mathematician Media Specialist Business Analyst

Cardiologist Chemist Medical Assistant Civil Engineer Medical Secretary College Professor Metallurgical Engineer

Composer Musician

Computer Programmer Network Integration Specialist

Computer Systems Analyst Neurologist Consultant News Analyst Corporate Trainer Nurse Counselor Nutritionist

Credit Investigator Occupational Therapist

Operations Researcher Engineer Curriculum Designer Organizational Development Specialist Dental Hygienist Dentist Pharmaceutical Researcher (R&D)

Mediator

Design Engineer Pharmacist Designer Pharmacologist Dietitian Photographer Economist Physician Psychiatrist Editor

Editor/Art Director Public Relations Specialist

Education Consultant **Publicist** Electronic Technician Psychologist Religious Worker Engineer Entertainer Reporter

Environmental Planner Researcher

Financial Planner School Administrator Freelance Media Planner School Principal Human Resources Social Scientist

Information Services Specialist Social Services Worker

Informational -Graphics Designer Software and Systems Developer

Intellectual Properties Attorney Speech Pathologist International Banker Strategic Planner

Teacher Interpreter

Inventor Telecommunications Expert Telecommunications Security

Translator

Universal Design Architect

Writer

INTP

"Insightful Analyzers"

Accountant Guard

Actor Health Practitioner

Archaeologist Historian

Architect Information Services Developer

Attorney Intelligence Agent

Biologist Interpreter
Biomedical Engineer Inventor
Carpenter Investigator

Carpenter Investigator
Change Management Consultant Investment Banker

Chemist Journalist
Cleaning-Service Worker Judge

College Administrator laboratory Technician

College Faculty Administrator laborer College Teacher/advanced students Lawyer

Commercial Artist Legal Assistant
Computer Analyst Legal Mediator

Computer Analyst Legal Mediat Computer Programmer Logician

Computer Repair Technician Machine Operator

Computer Software Designer Manager
Computer Software Developer Marine Biologist
Computer Specialist Mathematician

Construction Worker Mechanic

Cook Medical Technologist

Corrections Officer Military Officer
Counselor Musician

Crafts Worker Network Integration Specialist

Creative writer Neurologist

Dancer New Market Conceptualizer
Dentist Occupational Therapist

Dental Assistant Optometrist Dental hygienist Park Ranger Pharmacist Detective Economist Pharmacist Editor Philosopher Electrical Technologist Photographer. Photographer Electrician Electronic Technologist Physical Therapist

Emergency Medical Technician Physician
Engineer Physicist
Entertainer Pilot

Farmer Plastic Surgeon
Financial Planner Police Officer
Fine Artist Probation Officer
Firefighter Product Conceptualizer

Psychologist

Public Relations Specialist

Purchasing Agent Race-Car Driver Researcher

Respiratory Therapist School bus Driver

Scientist

Securities Analyst Social Scientist Steel Worker Strategic Planner

Surveyor

Systems Analyst/Data Base

Teacher

Technical Trainer

Translator

Transportation Operator

Veterinarian Writer

CAREERS TO CONSIDER ISF.J

"Compassionate Assimilators"

Accountant Financial Manager Nurse Aide
Actuary Financial Analyst Nurse Educator
Aeronautical Engineer Food-Service Worker Nursing Consultant
Air Force Personnel Genealogist Nutritionist
Alcohol/Addiction Counselor General Practice Physician Optician

Architect Geologist Paralegal
Artist Guard Personnel Manager
Auditor Guidance Counselor Pharmacist

Banker Hairdresser Pharmacy Technician
Bookkeeper Health Care Administrator Physical Therapist

Cashier Health Education Practitioner Physician
Chemist Health Services Worker Police Detective
Child Care Worker Health Technologist Police Officer

Child Welfare counselor Home Health Care Sales Pollution Control Specialist
Cleaning Service Worker Home Health Social Worker Preschool Teacher

Clerical Assistant or Office Worker Information Officer Priest or Spiritual Advisor

Clerical Supervisor Innkeeper Probation Officer
Community Health Worker Insurance Underwriter Public Health Nurse
Computer Analyst Interior Decorator Purchasing Agent

Computer Operator Judge Radiological Technician
Computer Technician Lab Technologist Reading Teacher
Computer Officer Labor Politician (Vertex Book Estate Assert

Corrections Officer Labor Relations Worker Real Estate Agent
Cosmetologist Legal Assistant Real Estate Broker
Counselor Librarian Regulatory Compliance Officer

Crafts Worker Library Assistant Religious Education Teacher

Credit Counselor Licensed Practical Nurse Researcher
Critical Care Nurse Machine Equipment Operator Respiratory Therapist
Curator Management Consultant Retail Business Owner

Customer Service Representative Management Executive School Principal

Dental Assistant Manager - Business Secretary

Dental Hygienist Manager - Government Site Supervisor

Dentist Manager - Law Enforcement Social Services Administrator

Detective Math Teacher Social Worker
Dietitian Mechanic Special Education Teacher

Education Administrator Medical Equipment Sales Speech Pathologist
Efficiency Analyst Medical Records Administrator Speech Therapist

Electrical Engineer Medical Technologist Steelworker
Electrician Merchandise Planner Supervisor
Electronic Engineering Technician Meteorologist Teacher Aide
Elementary School Teacher Military Officer Technical Teacher

Engineer Minister Technical Writer
Engineering Technologist Musician Trades Teacher
Family Physician Nurse Veterinarian

Family Physician Nurse Veterinarian
Farmer Nurse Administrator Word Processor

"Practical Enhancers"

Actor Administrative Assistant Alcohol/Drug Counselor Animal Groomer Animal Trainer

Architect Art Teacher Artist Beautician Biologist Bookkeeper Botanist Carpenter Chef

Child Care Worker Child Welfare Counselor

Cleaning Service Worker Clerical Supervisor

Clerk Composer

Computer Operator Construction Worker

Cook

Corrections Officer Crafts Worker Crisis Counselor Crisis Hotline Operator

Customer Service Representative

Dancer

Dental Assistant Dental Hygienist

Designer Dietitian Drama Teacher

Early Childhood Education Teacher, Occupational Therapist

Editor

Educational Consultant Educational Counselor Electrician Electronic Technician Elementary School Teacher

Engineer English Teacher Entertainer

Executive Secretary Exercise Physiologist Fashion Designer

Fine Artist Forester Gardener Geologist Graphic Designer

Health Service Worker High School Teacher Home Health Care Sales Home Health Social Worker Human Resources Specialist

Interior Designer

Jeweler Journalist

Laboratory Technologist Landscape Designer Legal Assistant Legal Secretary

Librarian

Licensed Practical Nurse

Lifeguard

Machine Operator Marine Biologist Massage Therapist

Mechanic

Media Specialist Medical Assistant Medical Technologist Merchandise Planner

Musician Nursing Aide Nutritionist

Optician Optometrist Painter Paralegal Personal Coach Personal Trainer Pharmacy Technician Physical Therapist

Physician

Police Detective Police Officer Potter

Psychiatrist Psychologist

Public Health Nurse Reading Teacher Recreational Attendant Registered Nurse

Rehabilitation Counselor

Religion Teacher Religious Worker

Reporter Researcher

Respiratory Therapist Sales Representative School Bus Driver

Secretary Social Scientist Social Worker

Special Education Teacher Sports Equipment Sales

Storekeeper Surveyor Tapestry Worker Teacher's Aide Therapist

Translator or Interpreter

Travel Sales Typist

Veterinarian Assistant

Visiting Nurse

Vocational Counselor Waiter/Waitress

Writer

Youth Counselor

ISTJ

"Logical Assimilators"

Accountant Actuary

Aeronautical Engineer Air Force Personnel

Architect Artist Auditor Banker Bookkeeper Business Manager

Cashier Chemist

Child-care Worker Cleaning Service Worker Community Health Worker

Computer Analyst Computer Operator Computer Technician

Computer Technicia Consultant

Corrections Officer Cosmetologist Counselor

Crafts Worker Curator

Customer Service Representative

Dentist Detective

Education Administra

Education Administrator

Efficiency Analyst
Electrical Engineering Technician

Electrician

Elementary School Teacher

Engineer

Engineering Technologist

Executive Manager/Supervisor

Farmer

Financial Planner/Manager

Food-service Worker Geologist

Government Manager

Guard Hairdresser Health Care Administrator

Insurance Underwriter Interior Decorator IRS Agent

Information Officer

IRS Age

Lab Technologist Labor Relations Worker Law Enforcement Manager

Legal Assistant Librarian

Library Assistant

Machine Equipment Operator Management Consultant Manager/Supervisor Mathematics Teacher

Mechanic Meteorologist Military Officer Minister Musician

Nursing Administrator Nursing Educator Office Clerical Worker

Office Manager

Omice manag Optician

Personnel Manager

Pharmacist

Pharmacy Technician Physical Therapist

Physician Physician Police Detective Police Officer

Pollution Control Specialist

Preschool Teacher

Priest or Spiritual Advisor

Probation Officer
Public Health Nurse
Purchasing Agent
Reading Teacher
Real Estate Agent

Regulatory Compliance Officer

Religious Teacher Researcher School Principal Secretary Site Supervisor

Social Services Administrator

Social Worker

Special Education Teacher
Speech Pathologist or Therapist

Steelworker Supervisor Teacher's Aide Technical Writer

Technical/Trades Teacher

Veterinarian

Word Processing Specialist

"Practical Analyzers"

Accountant

Actor

Adult Education Teacher

Airline Mechanic

Architect

Attorney

Automotive Products Retailer

Banker Biologist

Carpenter

Chemist

Cleaning Service Worker College Administrator Commercial Artist Computer Programmer

Computer Repair Technician

Computer Specialist Computer Systems Analyst Construction Worker

Cook

Corrections Officer Crafts Worker Crisis Counselor

Dental Assistant

Dental Hygienist Dentist Detective

Detective Economist

Economist Editor

EEG Technologist Electrical Technologist

Electrician

Electronics Specialist Emergency Medical Technician

Emergency Medical Engineer Entertainer

Exercise Physiologist

Farmer

Financial Planner Fine Artist Fire Fighter Fire Marshal Firefighter Health Practitioner

Hunter

Information Services Developer

Intelligence Agent Interpreter or Translator

Inventor

Investment Banker

Journalist Judge

Laboratory Technician

Laborer Legal Assistant Legal Investigator Legal Mediator

Legal Secretary

Logistics and Supply Manager

Machine Operator Manager - Government Manager - Small Business Manager - Utilities Marine Biologist

Marine Biologist Mathematician Mathematics Teacher

Mechanic

Medical Technologist Military Officer Musician

Network Integration Specialist Occupational Therapist

Office Manager Optometrist Paralegal

Park Ranger

Pharmaceutical Sales

Pharmacist Photographer Physical Therapist

Physician Pilot

Plastic Surgeon
Police Officer
Private Investigator
Probation Officer
Psychiatrist

Psychologist.

Public Relations Specialist

Purchasing Agent Race Car Driver Researcher

Respiratory Therapist School Bus Driver Securities Analyst Security Guard Social Scientist Software Designer Software Developer

Sports Equipment Merchandising

Sports Equipment Sales

Steelworker Strategic Planner

Suicide Prevention Counselor

Surveyor

Technical Trainer Transportation Operator University Professor

Veterinarian

Weapons Operator

Writer

Youth Counselor

MBTI and Learning Styles and Strategies

Extroverts (E) are energized by interaction with others. They are people of action. Es are pulled into social life and find it difficult to settle down, read, or concentrate on homework. They may find college tasks, such as reading, research, and writing challenging because they are solitary endeavors. They learn best by talking and physically engaging in the environment. Extroverts learn better in small classroom settings where students can actively engage in conversations with peers and professors as opposed to large lecture style classrooms where listening is the primary activity. Extroverts enjoy oral feedback from professors, as well as conversations before/after class or during office hours. Additionally, extraverts benefit from study groups where they can learn through speaking with others.

Introverts (**I**) are energized by the inner world of reflection, thought, and contemplation. They need space and time alone. Introverts like reading, lectures, and written work. Therefore, they generally do well in traditional classroom settings. Introverts may hesitate to speak up in class but may benefit from one-on-one conversations with a professor or written feedback. Online courses may work well for introverts as many often engage more in chat rooms or via email than contributing orally to a class discussion. Introverts may need time alone to reflect, process, and reenergize before joining a group or study group.

Sensing (S) people rely heavily on their five senses to take in information. They may be good listeners or visually oriented learners. They also enjoy hands-on learning experiences. They like concrete facts, organization, and structure. They learn well from organized lectures or presentations. They are good at memorization. Sensing people usually like outlines, clear guidelines, and specifics. A syllabus is an important learning tool for Sensing types. As Sensing types often have difficulty with theory, they may struggle in classes where theoretical concepts are commonplace such as psychology or philosophy.

Intuitive (N) people see the world through intuition. They learn by hunches. Intuitive students may not read a test question all the way through, sometimes missing a key part. Intuitive types want to know the theory before deciding that facts are important and will always ask "why". They are creative and innovative and may struggle following strict sets of instructions or on multiple choice tests. Ns also work with bursts of energy. Ns will write their term paper and then finish the required outline.

Thinking (T) people decide on the basis of logic, analysis, and reason. They may be great at figuring out logical problems and analyzing problems. They may voice their strong opinions in the classroom. They expect fairness in grading, equal treatment of all students and adherence to fair classroom policies.

Feeling (F) persons decide on the basis of their feelings, personal likes and dislikes. Feeling types value harmony and are distressed by interpersonal friction. Harmony in the classroom, with classmates and with the professor will be of ultimate importance for Feeling types.

Judging (**J**) types try to order and control their world. They are decisive, may be closed-minded, and are usually well organized. They meet deadlines, like planning, and prefer to work on only one thing at a time. Judging types will usually have very well organized notebooks, and will structure their time to complete assignments promptly. Judging types will struggle if changes occur and they need to adapt, or if they are required to work with a group that is not as well organized, or if they need to cram for an exam.

Perceiving (P) types are spontaneous and don't like to be boxed in by deadlines or plans. They want to gather more information before making a decision. They work at many things at once. Ps are flexible and often good in emergencies when plans are disrupted. Their biggest problem is procrastination. Ps may have trouble getting assignments in on time or budgeting their time. They may, however, actually do well cramming for an exam or rushing to get a project finished as they thrive on last-minute pressure.

Communicating with MBTI Preferences

When communicating with Extroverts

Talk to them, preferably face to face

Present information to extroverts in groups as they will like to talk about it with each other

Emphasize the action to be taken

Expect extroverts to toss ideas out and speak up in group situations

When communicating with Introverts

Put in writing – send an email instead of calling

Present to them individually or in small groups

Give them time to reflect on their thoughts after receiving information and before sharing their ideas with a group

When communicating with Sensing Types

Clearly present your topic in an orderly format

Give lots of details, facts and concrete examples

Use props, multimedia, or samples to help them see, hear, smell, touch, or taste your ideas

Focus on the tangible, practical results that can be achieved in the short term

When communicating with Intuitive Types (Ns)

Discuss the big picture and long-term possibilities

Emphasize ideas/concepts instead of details

If you must mention specifics, do so using patterns and emphasize their connections

Give them a problem to solve and allow them room to be innovative, novel and creative

When communicating with Thinking Types

Be brief – get to the point

Use logical (not emotional) arguments to appeal to the head, not the heart

Clearly identify any pros or cons to be weighed

Allow them time to critique

Expect them to be fair

When communicating with Feeling Types

Create a supportive, friendly environment

Begin with words of appreciation and identify areas of agreement

Use emotional arguments instead of logic and emphasize the effect on people involved

Self-disclose with personal anecdotes or examples

When communicating with Judging Types

Be prompt (or early) and stick to a schedule

Present information in an organized manner

Emphasize deadlines and timetables

Expect decisions to be made quickly

Don't include surprises

When communicating with Perceiving Types

Expect to have fun

Leave extra time to actually get work done; a deadline will not really be perceived as the deadline

Present information as options that are modifiable and let them draw conclusions

Capitalize on their natural last-minute energy

Celebrity MBTIs

ESTJ

(The Supervisor)

George W. Bush Nolan Ryan Judge Judy

Dr. Laura Schlesinger Lucy (*Peanuts character*)

ISTJ

(The Investigator/Inspector)

Queen Elizabeth II Harry Truman Evander Holyfield Jack Nicklaus Cliff Clavin (*Cheers*)

ESTP

(The Opportunist/Promoter)

Ernest Hemingway Lucille Ball Pedro Martinez Eddie Murphy Madonna Donald Trump

ISTP

(The Athlete/Crafter)

Ted Williams Bruce Lee Roger Clemens Larry Bird Michael Jordan Allen Iverson

ESFJ

(The Facilitator/Provider)

George Washington Barbara Walters Terry Bradshaw Mary Tyler Moore Sally Field Monica (*Friends*)

ISFJ

(The Assistant/Protector)

Louisa May Alcott David Copperfield Ophelia (*Hamlet*) Johnny Carson Jerry Seinfeld

ESFP

(The Entertainer/Performer)

Bob Hope Goldie Hawn Kyle Petty Magic Johnson Charles Barkley Bill Clinton

ISFP

(The Artisan/Composer)

Neil Simon
Paul McCartney
Paul Pierce
Brooke Shields

ENFJ

(The Educator/Teacher)

Diane Sawyer
Oprah Winfrey
Martin Luther King, Jr.
Lauren Graham (Gilmore Girls)
Ben Affleck

INFJ

(The Wordsmith/Counselor)

Aristophanes Mohandas Gandhi Eleanor Roosevelt Michael Landon Queen Noor

ENFP

(The Motivator/Champion)

Dave Thomas (Wendy's)

Meg Ryan Regis Philbin Dr. Doug Ross (*ER*) Ariel (*The Little Mermaid*)

INFP

(The Idealist/Healer)

Helen Keller Fred Rogers (*Mister Rogers*) James Taylor Amy Tan Calvin (*Calvin and Hobbes*)

ENTJ

(The CEO/Field Marshal)

Napoleon Bonaparte Richard M. Nixon Sigourney Weaver Margaret Thatcher Alan Greenspan

INTJ

(The Inventor/Mastermind)

Ulysses S. Grant Arnold Schwarzenegger Rudy Giuliani Donald Rumsfeld General Colin Powell

ENTP

(The Strategizer/Inventor)

Benjamin Franklin Walt Disney Red Auerbach Vin Baker Bugs Bunny

INTP

(The Logician/Architect)

Socrates Charles Darwin Albert Einstein Mikhail Baryshnikov Nelson Mandela Steven Spielberg