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# STARTSAFE. STAYSAFE.

## MODULE DESCRIPTION

This module will introduce the CareerSafe program, the importance of safety, OSHA, and the StartSafe. StaySafe. philosophy.

## OBJECTIVES

After completing this module, students will be able to:

- What is CareerSafe?
- What is Safety?
- Why Safety Matters to You
- Your Legal Rights
- What is OSHA?
- The StartSafe. StaySafe Philosophy
- What it means to StartSafe
- What it means to StaySafe

## MODULE OUTLINE

1. What is CareerSafe?
  - CareerSafe is a safety program designed to help you understand the importance of safety.
  - The CareerSafe philosophy is StartSafe. StaySafe.
  
2. What is safety?
  - Safety is defined as freedom from danger, injury, or harm.
  - Potential hazards exist in almost every environment.

### 3. Why Safety Matters to You

- Youth worker statistics are presented
- It is up to you to choose to be safe. You constantly face decisions that require you to choose between safe and unsafe actions.

### 4. Your Legal Rights

- You have a legal right to a safe work environment.
  - The **Fair Labor Standards Act** of 1938 requires employers to pay employees a standard minimum wage as well as overtime wages for working more than 40 hours per week and provides some specific safety guidelines for young workers.
  - The **Occupational Safety and Health Act** of 1970 requires employers to provide a safe work environment for all employees.

### 5. What is OSHA?

- The OSH Act established the Occupational Safety and Health Administration (OSHA).
  - For more information, visit <http://www.osha.gov/>
- The Occupational Safety and Health Administration (OSHA) exists to ensure your legal right to a safe workplace is protected. OSAs responsibilities include:
  - Developing mandatory job safety and health standards.
  - Enforcing those standards through inspections and issuing penalties for unsafe work practices and conditions.
  - Maintaining a recordkeeping and reporting system to monitor work-related injuries, illnesses, and fatalities.
  - Providing assistance, training, and other support programs to promote safety in the workplace.

### 6. What is the StartSafe. StaySafe Philosophy?

- The choice between safe and unsafe actions is yours to make, and the consequences of a poor choice can be very serious.
- It applies to everything you do, whether you are at home, at work, or anywhere else.

### 7. How do you StartSafe?

- The key to starting every job with safety is making a commitment to think before you act to Start Safe.
- The steps to StartSafe are:
  - Understand your job.
  - Think about safety.
  - Plan your actions.

## 8. How do you StaySafe?

- The steps to StaySafe are:
  - Use your knowledge
  - Practice safety
  - Share safety