

Lesson Plan Title: Pillowcase Dresses for Africa

Subject Area: Clothing Construction

Recommended course(s):

FACS I



Aligned to NASAFACS Standards:

16.4	Demonstrate skills needed to produce, alter, or repair fashion, apparel, and textile products.	16.4.1
		16.4.3
		16.4.5

Objectives:

The student shall display correct knowledge & practical experience in sewing the following using both a sewing machine & a serger : straight seam, curved seam, casing & hem.

The student will use design principles to create a machine embroidery design on the dress.

Materials needed: Fabric OR Pillowcase Thread Ribbon	Resources: Nancy's Notions website: Google "Nancy's Notions Pillowcase Dresses for Africe"
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Lesson Summary/Outline:

- I. Opening Videoí orphanages in Africa & statistics concerning poverty
- II. Practice on paper stitching charts
- III. Cut out Pattern on pillowcase OR fabric
- IV. Stitch dress & serge as per directions
- V. Insert ribbon
- VI. Sear ribbon
- VII. Hem
- VIII. Embroidery on dress
- IX. Press & turn in

Motivator/Opening:

I. Show video of orphanages in Africa and clothing worn.

Statistics of orphans cause by AIDS, civil wars, and renegade militia (ie. Boko Haran)

Activities:

II. Practice sewing paper stitching charts:

- A. Straight Stitching Chart
- B. Curved Stitching Chart
- C. Zigzag/scalloped Stitching Chart

III. Teacher Demo:

- A. Placing paper pattern on fabric/pillowcase
 - B. How to pin
 - C. How to cut out properly
- *Students now complete A-C with teacher approval on B & C.

IV. A. Serge top, bottom (if not using pillowcase), arm holes.

B. Stitch side seam & serge.

C. Stitch underarm seams.

D. Turn under casing & stitch.

V. Insert ribbon & stitch.

VI. Sear ribbon

VII. Hem dress

VIII. Embroidery on dress

IX. Press & turn in

Assignments:

Using the internet complete a 1 page research of clothing common to 3rd world countries including type of fabric, method of construction (ie. woven or knit), colors seen, designs in fabric, methods of cleaning clothes, etc.

Evaluation:

Using Clothing Construction Form, evaluate on the following: Seams (straight & curved) Serging, Ribbon insertion & casing, Ribbon seared, hem, pressing, neatness, etc.

Notes:

We have received donations of fabric from women in our community & church because pillowcases CAN be expensive. However, we have found sets of pillowcases on sale. You might look at the Salvation Army Thrift Store or Goodwill Stores for pillowcases in good & clean condition.

We have the headquarters for an orphanage in Niger, West Africa (the poorest nation in the world) in Enid. so we will be giving our dresses to them to ship.

Submitted by:

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