**Lesson Plan Title:**  The Cookie Wars

FACS I - Foods and Nutrition

**Subject area:**

Recommended course (s):

FACS I, use at the end of Units 8-15 as a group project

**Aligned to NASAFACS Standards**:

(text) 8.3.1Operate tools and equipment following safety procedures and OSHA requirements.8.4.5 Prepare requisitions for food, equipment, and supplies to meet production requirements.8.5.14 Demonstrate cooking methods that increase nutritional value, lower calorie and fat content, and utilize herbs and spices to enhance

**Objectives:**

Students will identify healthy foods substitutes, ex: pureed fruit for oil or butter

Associate nutrients with their food sources.

Identify miscellaneous tools and equipment with their correct uses.

Follow the steps to using a recipe, convert yield of recipe

Evaluate cost and profit of a recipe

**Materials needed:**

(Materials needed:) Cookie Recipes

Supplies and equipment for those recipes

Cookie company rubris

Resources:

(Resources:) Mary Dushane, Fairland High School

adapted from her presentation at conference

**Lesson Summary/Outline:**

This lesson will be used as an end of unit project at the end of the nutrition units in FACS I to help students apply a variety of objectives learned throughout units 8-15. Students will be placed in groups of 4. Each group will come up with a recipe for cookies, adapt recipe to a healthier version, come up with a company name, cookie name, logo, packaging, cost of individual cookie and price list.

Students will present their finished project to the class to be judged, according to the rubric.

**Motivator/Opening**:

Use a clip from cupcake wars and then tell the students we are going to do a cookies war version

**Evaluation:**

(Activities:) Students will have one week to work with their group to find a recipe for cookies, adapt recipe to a healthier version, give it their own twist, come up with a company name, cookie name, logo, packaging, cost of individual cookie and price list.

The following week, groups will do a presentation over their cookie to convince the class to invest in their company based on their presentation.

The group with the highest rubric scores and class votes will win a prize.

(Assignments:) Cookie Wars worksheet and rubric, attached

Notes: Submitted by:

See attached rubric

**Contact info:**

mkgoodson@strother.k12.ok.us

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