

Motivator/Opening:

Have you ever felt pressured to do something that you never wanted to do? How did you resist the pressure? Would you like to learn an effective way to refuse peer pressure?

Activities:

Day 1 -

- * video
- * discussion
- * role play rehearsal

Day 2 -

- * record role-plays
- * view/critique

Assignments:

Small Groups

- * create a role-play using the "say no sandwich" to refuse a negative peer pressure

- * videotape the vignette

Large Groups

- * view and critique/compliment the vignettes.

Evaluation:

Notes:

Submitted by:

Contact info: