Parenting and Child Development

Course Syllabus

Text: The Developing Child

*Course Description*: This course is designed to provide basic knowledge of child development and to develop skills necessary to care for children and promote children's development. Students also examine theorists, child health, first aid and nutrition. Students should have opportunities to guide children's behavior and meet the needs of special age groups. Careers in early childhood care and education are explored.

**Outside Readings**

Learning about Families 1 Week Chapter 2 **#1** **Parenting Styles**

Effective Parenting Skills 2-3 Weeks Chapters 3 and 4

Pregnancy, Prenatal Care and

Child Birth 2-3 Weeks Chapters 5, 6, and 7 **#2** **Childbirth Options**

Major Theories of Child

Development 1 Week Chapter 1 **#3 Child Dev. Theorists**

Baby’s First Year 2-3 Weeks Chapters 8, 9, and 10

The Child From 1 to 3 years 2-3 Weeks Chapters 11, 12, & 13 **#4 Stages of Dev. Birth to 2 yrs**

The Child From 4 to 6 years 2-3 Weeks Chapters 14-16 **#5 Stages of Dev. 2-4 years**

Safety and Health of Children 1 Week Chapter 18

Challenges for Children 1 Week Chapter 19

Caring for Children 1 Week Chapter 20

Early Care Professionals

Course Syllabus

Text: Child Care Today

**Outside Readings**

Human Services Careers & Employability Skills 1 Week Chapters 1 & 2 **#1 Guidelines for**

**Reporting Abuse and Neglect in Children**

Professional Skills 1 Week Chapter 3

Child Dev. Principles 1 Week Chapter 4

Health & Safety, Observ. Skills 1 Week Chapters 5 & 6 **#2 Nutrition in Child**

**Care Centers**

Abuse & Neglect Chapter 7

Meeting Nutritional Needs 1 Week Chapter 8

Guiding Behavior 1 Week Chapter 9

Quality Early Childhood Programs 1 Week Chapter 10 **#3 Montessori Schools**

Schedules & Routines 1 Week Chapter 11

Appropriate Environ., Equip., & Supplies 1 Week Chapter 12

Family Involvement in Care Chapter 13

Caring for Infants 1 Week Chapter 14

Caring for Toddlers 1 Week Chapter 15 **#4 Guiding Behavior of**

**ADHD Children**

Caring for Preschoolers 1 Week Chapter 16

Caring for School-Age Children 1 Week Chapter 17

Caring for Special Needs Children 1 Week Chapter 18 **#5 Special Needs**

**Children and Child Care Centers**

Approaches to Teaching & Learning 1 Week Chapter 19

Literacy & Language Arts 1 Week Chapter 20

Math & Science Explorations Chapter 21

Dramatic Play, Cultural Awareness,

Art, Music & Movement 1 Week Chapters 22 & 23

**State and National Standards for the above courses can be found at:**

<https://icat.okcareertech.org/cgi-bin/WebObjects/OKCT.woa/wa/room?id=N1BIs>