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| **FACS Basics A** |
| **Unit** | **Suggested Time** |
| FCCLA | 2 Weeks |
| Unit 5: Caring for Children  | 4 |
| Unit 9: Promoting Good Health | 1 |
| Unit 10: Nutrition  | 1 |
| Unit 11: Kitchen Equipment | 1 |
| Unit 12: Kitchen Safety and Sanitation | 1 |
| Unit 13: Using a Recipe | 1  |
| Unit 14: Planning and Serving Meals | 1 |
| Unit 15: Fruits, Vegetables, and Grains | 1 ½  |
| Unit 16: Milk, Yogurt, and Cheese | 1 |
| Unit 17: Proteins | 1 ½  |
| Unit 18: Exploring Careers | 1 |
| Testing  | 1 |

Pacing Guide