

INTRODUCTION

As a student of Family, Career and Community Leaders of America, Inc. (FCCLA), you will have the opportunity to join one of the most well-known and respected student organizations in the United States of America. It is very important for you to learn more about FCCLA so you can receive the many benefits that come from being a member.

FOCUS ASSIGNMENTS

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1. Read the Student Supplement, "What Kind of Member Are You?" Note the types of members and think about what type you are or might be.
2. Write a paragraph of five or more sentences describing the kind of member you are or will be. What personal characteristic(s) can you improve to be a better member?



Writing



Reading

UNIT OBJECTIVE

After completing this unit, you will show the following competencies by mastering the activities on the Assignment Sheets and by scoring at least 85% on the Written Test.

SPECIFIC OBJECTIVES

1. Complete statements about Family, Career and Community Leaders of America, Inc.
2. Identify three major levels in the FCCLA organizational structure.
3. Identify the national regions of FCCLA.
4. Identify types of FCCLA memberships.
5. Identify the FCCLA mission.
6. Select the purposes of FCCLA.
7. Identify the meaning of the symbolism of the FCCLA emblem.
8. Complete statements about the FCCLA flower.

9. Identify the meanings of FCCLA colors.
10. Identify the FCCLA motto.
11. List FCCLA publications. (Assignment Sheet 1)
12. Select benefits of being an FCCLA member.
13. Recite the FCCLA creed. (Assignment Sheet 2)

OBJECTIVE 1

Complete statements about Family, Career and Community Leaders of America, Inc.

Required Activities/
Resources
— Transparency Masters
1 and 2



Your instructor will display transparencies about student organizations.

Optional Activities/
Resources in Instructor's
Guide

Family, Career and Community Leaders of America, Inc., is a dynamic and effective national student organization that

- is nonprofit for public and private school students through grade 12.
- helps young men and women become leaders.
- addresses important personal, family, work, and societal issues through family and consumer sciences education.
- represents more than 200,000 students in 8,000 chapters in 53 state associations, including the District of Columbia, Puerto Rico, and the Virgin Islands.
- is sponsored by the U.S. Department of Education (Office of Vocational and Adult Education) and the American Association of Family and Consumer Sciences (AAFCS).
- was founded in 1945 as Future Homemakers of America and renamed Family, Career and Community Leaders of America, Inc., in 1999 to reflect its evolution into work and society.

OBJECTIVE 2

Identify three major levels in the FCCLA organizational structure.

Required Activities/
Resources
— Transparency Master 3



Your instructor will display a transparency about FCCLA structure.

Optional Activities/
Resources in Instructor's
Guide

- National — all state associations
- State — the chapters in your state
- Local — your chapter

OBJECTIVE 3

Required Activities/
Resources
— Transparency Master 4

Identify the national regions of FCCLA.



Your instructor will display a transparency of FCCLA regions.

- Central
- North Atlantic
- Pacific
- Southern



OBJECTIVE 4

Optional Activities/
Resources in Instructor's
Guide

Identify types of FCCLA memberships.

- **Active** — Any student through grade 12 who is taking or has taken a course in family and consumer sciences and/or related occupations; only members are eligible to hold office, make motions, and vote
- **Alumni and Associates** — Former active members and other adults who support the organization and contribute to its growth

✓ **NOTE:** The Oklahoma Alumni and Associates was organized in 1998. Members may be interested individuals and former members of FHO, NHO, FHA, HERO, and FCCLA.

- **National Honorary** — Individuals who have made and continue to make outstanding contributions to the organization

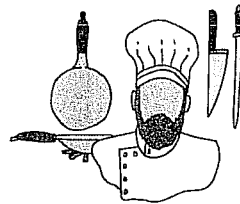
OBJECTIVE 5

Optional Activities/
Resources in Instructor's
Guide

Identify the FCCLA mission.

The mission of FCCLA is

- To promote personal growth and leadership development through family and consumer sciences education. Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through
 - Character development
 - Creative and critical thinking
 - Interpersonal communication
 - Practical knowledge
 - Career preparation



OBJECTIVE 6

Optional Activities/
Resources in Instructor's
Guide

Select the purposes of FCCLA.

- To provide opportunities for personal development and preparation for adult life
- To strengthen the function of the family as a basic unit of society
- To encourage democracy through cooperative action in the home and community
- To encourage individual and group involvement in helping achieve global cooperation and harmony
- To promote greater understanding between youth and adults
- To provide opportunities for making decisions and assuming responsibilities
- To prepare for the multiple roles of men and women in today's society
- To promote family and consumer sciences and related occupations

OBJECTIVE 7

Required Activities/
Resources
— Transparency Master 5

Identify the meaning of the symbolism of the FCCLA emblem.



Your instructor will display a transparency of the FCCLA emblem.

WORDS YOU SHOULD KNOW

emblem

an object or symbol used to identify an idea, group, or other object; insignia

The emblem shows that FCCLA is a dynamic, active organization bound for the future.

- The dominant collegiate lettering articulates a focus on education and student leadership.
- The red color of the emblem signifies strength.
- The swooping arrow arch embodies an active organization that moves toward new arenas.



OBJECTIVE 8

Optional Activities/
Resources in Instructor's
Guide

Complete statements about the FCCLA flower.

The red rose represents a desire for joy in everyday living. The beauty of the rose has made it a popular flower nationwide. It gives joy through its beauty and fragrance, and it symbolizes the FCCLA members' search for beauty in everyday living.

OBJECTIVE 9

Required Activities/
Resources
— Discussion

Optional Activities/
Resources in Instructor's
Guide

Identify the meanings of FCCLA colors.



Discuss what the colors red and white mean.

Red — suggests strength, courage, and determination

White — symbolizes sincerity of purpose and integrity of action

OBJECTIVE 10

Required Activities/
Resources
— Discussion

Optional Activities/
Resources in Instructor's
Guide

Identify the FCCLA motto.



Discuss the motto and its meaning.

WORDS YOU SHOULD KNOW

motto

a word or phrase expressing a rule of
conduct or principle

- Toward New Horizons

OBJECTIVE 11

Optional Activities/
Resources in Instructor's
Guide

Complete Assignment Sheet 1.

OBJECTIVE 12

Required Activities/
Resources
— Membership card
— Magazine

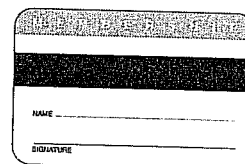
Optional Activities/
Resources in Instructor's
Guide

Select benefits of being an FCCLA member.



Your instructor will provide a membership card and a copy of *Teen Times* magazine.

- Encourages participation in service projects
- Helps individuals learn to cooperate
- Helps individuals learn to take responsibility



- Helps individuals develop leadership qualities
- Helps individuals develop personal goals and values
- Increases knowledge about family and consumer sciences and related occupations
- Opens doors to new experiences
- Provides opportunities for making new friends

OBJECTIVE 13

Optional Activities/
Resources in Instructor's
Guide

Complete Assignment Sheet 2.

Name _____ Score _____

OBJECTIVE 11

List FCCLA publications.

BASIC SKILLS



INTRODUCTION

Many publications are available to help you in your chapter activities and competitions.

EQUIPMENT AND SUPPLIES

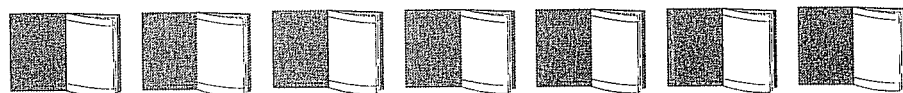
- Computer with Internet access
- Current FCCLA publications
- Pen or pencil

INSTRUCTIONS

Research FCCLA publications on the Internet at <http://www.fcclainc.org> or in a current FCCLA Publications Catalog or *Teen Times*. List three current FCCLA publications available in each area.

1. Membership

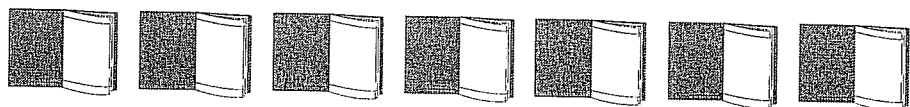
2. National Programs



3. Career Resources

4. Public Relations

5. Professional Development



Name _____ Score _____

OBJECTIVE 13

Recite the FCCLA creed.

BASIC SKILLS



Oral
Communication

INTRODUCTION

Being able to recite the creed helps you remember the importance of your chapter work.

WORDS YOU SHOULD KNOW

creed	a guiding principle or belief
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**EQUIPMENT
AND SUPPLIES**

- None

INSTRUCTIONS

Read each paragraph carefully and memorize it. Then move to the next paragraph until each one is memorized. Practice saying the creed with a classmate and be able to recite it to your instructor.

Family, Career and Community Leaders of America Creed

**We are the Family, Career and Community Leaders of America.
We face the future with warm courage and high hope.**

**For we have the clear consciousness of seeking old and
precious values.**

For we are the builders of homes,

Homes for America's future,

**Homes where living will be the expression of everything
that is good and fair,**

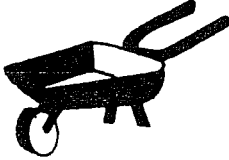
**Homes where truth and love and security and faith will be
realities, not dreams.**

**We are the Family, Career and Community Leaders of America.
We face the future with warm courage and high hope.**

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WHAT KIND OF MEMBER ARE YOU?

Use the following check sheet to determine what kind of FCCLA member you are. Circle the appropriate response.



Are you a *WHEELBARROW*? Do you need pushing all the way? Do you ever volunteer or does someone always have to ask? This attitude will lead you to a life as dull as that of the wheelbarrow because someday people will stop pushing and there you'll sit.



Are you a *BALLOON*? Do you have to be tied down? Do you get all carried away with plans and ideas that are too far-fetched to be carried out? If so, you will have to learn to consider the limitation of your organization in the plans that you make. You can still aim high, but don't make it impossible.



Are you a *CANOE*? Do you need paddling? Must there always be someone to keep you going? Develop an engine of your own. Use your initiative. Now you can pull others. FCCLA needs leaders.



Are you a *KITE*? Are you apt to fly away when there is work to be done? Well, come back down to earth! FCCLA can succeed only if all members work together. Now is the time to get your feet firmly on the ground and dig in.



Are you a *FOOTBALL*? Are you liable to bounce any direction? Do you always follow the majority? Then you better start developing a mind of your own. **INDIVIDUALITY COUNTS!** Remember this. Be ready with your own suggestions to help the group. Stick to your convictions, even when the majority is against you, but always be ready to work on whatever the group decides to do.



Are you a *WAGON*? Do you need pulling? Are you reluctant whenever you are given a job? If you are a wagon, the only time you are of use is when the going is downhill. It's time for you to start saving some of your enthusiasm from the downhill trips to get you up and over the next hill.



Or are you a *100 PERCENT ALL-AMERICAN FCCLA MEMBER*? Do you know the FCCLA motto, flower, and colors? Do you know what they represent? Are you always helpful and cheerful when a job needs to be done? Have you learned all you can about FCCLA? Do you know the song and creed? Is FCCLA more than just another organization to you? Do you believe in its goals and purposes? Have you made any new friends at the meetings or conventions? Do you think that FCCLA will benefit anyone who joins it if he or she is really interested? Are you proud of being a member?

Then **CONGRATULATIONS!** You are A **100 PERCENT ALL-AMERICAN FCCLA MEMBER.**