

# Unit Three - Shakers and Movers

## Career Interest - Self Exploration

Name: \_\_\_\_\_ Period: \_\_\_\_\_ Date: \_\_\_\_\_

### FIRST... make an inventory of your interests.

Check the activities or career fields that interest you, whether you know much about them or not.

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| 1. <input type="checkbox"/> Work on a farm or help save a rainforest.                                    | 25. <input type="checkbox"/> Work outside in a national park.                                  |
| 2. <input type="checkbox"/> Solve complicated math problems.   | 26. <input type="checkbox"/> Research a law case.  |
| 3. <input type="checkbox"/> Act in a movie or play.  | 27. <input type="checkbox"/> Play a musical instrument.  |
| 4. <input type="checkbox"/> Study social groups in society.  | 28. <input type="checkbox"/> Work with babies or children.                                     |
| 5. <input type="checkbox"/> Interview strangers for the TV news.   | 29. <input type="checkbox"/> Run for class office.   |
| 6. <input type="checkbox"/> Learn about and study the economy.   | 30. <input type="checkbox"/> Work after school to save money.                                  |
| 7. <input type="checkbox"/> Study "how-to" mechanics manuals.  | 31. <input type="checkbox"/> Set up a sound system.  |
| 8. <input type="checkbox"/> Perform science lab experiments.   | 32. <input type="checkbox"/> Read science fiction.   |
| 9. <input type="checkbox"/> Manage an art gallery.   | 33. <input type="checkbox"/> Write a short story, play or novel.                               |
| 10. <input type="checkbox"/> Conduct a religious service.  | 34. <input type="checkbox"/> Entertain at a party.   |
| 11. <input type="checkbox"/> Bargain at a flea market.   | 35. <input type="checkbox"/> Work in a politician's office.                                    |
| 12. <input type="checkbox"/> Write up graphs or charts with statistics.                                  | 36. <input type="checkbox"/> Enter documents into a computer.                                  |
| 13. <input type="checkbox"/> Build cabinets or furniture.  | 37. <input type="checkbox"/> Build a jet aircraft model.                                       |
| 14. <input type="checkbox"/> Study nature outdoors or trace the effects of pollution on the environment. | 38. <input type="checkbox"/> Use an electron microscope or high-tech medical instrument.       |
| 15. <input type="checkbox"/> Write a movie screenplay.   | 39. <input type="checkbox"/> Design a new line of clothes.                                     |
| 16. <input type="checkbox"/> Lead a club or scout troop.   | 40. <input type="checkbox"/> Read and discuss literature.                                      |
| 17. <input type="checkbox"/> Buy merchandise for a store.  | 41. <input type="checkbox"/> Debate political and social issues on TV.                         |
| 18. <input type="checkbox"/> Work nine to five in a corporate office.                                    | 42. <input type="checkbox"/> Keep accurate records of a business.                              |
| 19. <input type="checkbox"/> Operate heavy machines.   | 43. <input type="checkbox"/> Repair a car engine.  |
| 20. <input type="checkbox"/> Play chess.   | 44. <input type="checkbox"/> Identify constellations of stars.                                 |
| 21. <input type="checkbox"/> Work on an art or a music magazine.   | 45. <input type="checkbox"/> Take pottery classes.   |
| 22. <input type="checkbox"/> Get involved in a charity or community organization.                        | 46. <input type="checkbox"/> Work with senior citizens.  |
| 23. <input type="checkbox"/> Do fast-paced, high pressure sales work.                                    | 47. <input type="checkbox"/> Sell products on commission.                                      |
| 24. <input type="checkbox"/> Design computer games and programs.   | 48. <input type="checkbox"/> Set up a budget for running a large company or government agency. |

### SECOND... add up your scores.

Below, circle the numbers you checked off. Count the number of circles in each line. Then put that total number of circles in the blank space at the end of each line.

PERSONALITY TYPES										TOTAL
A.	DOERS	1	7	13	19	25	31	37	43	
B.	INVESTIGATORS	2	8	14	20	26	32	38	44	
C.	ARTISTS	3	9	15	21	27	33	39	45	
D.	HELPERS	4	10	16	22	28	34	40	46	
E.	ENTERPRISERS	5	11	17	23	29	35	41	47	
F.	DETAILERS	6	12	18	24	30	36	42	48	

### THIRD... evaluate yourself.

In what two personality types did you score the highest? Write the names in the blank spaces below.

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### HOW CAN KNOWING YOUR PERSONALITY TYPE LEAD YOU TO A SATISFYING CAREER FUTURE?

**Health Occupations Professional Essentials**

<b>A. DOERS</b>	<b>B. INVESTIGATORS</b>	<b>C. ARTIST</b>	<b>D. HELPER</b>	<b>E. ENTERPRISER</b>	<b>F. DETAILER</b>
<p>If you love working with your hands, chances are you're a "doer." You like to build and fix things. Using tools comes naturally. You may prefer solving concrete rather than abstract problems. Many doers, including professionals like these, grow up to have "hands on" careers:</p> <p>Athletic Trainer Biomedical Engineer or Technician Chiropractor Dentist Dental Hygienist or Assistant Dental Laboratory Technician Dietitian Environmental Health and Safety Manager Facilities Manager Home Health Aide Hospital Maintenance Engineer Medical Assistant Nurse Nursing Assistant Ophthalmologist Optometrist Optician Physical, Respiratory or Other Therapist Physician Surgeon Surgical Technician Veterinarian Veterinary Technician</p>	<p>Investigators are observant and curious. They have a feel for gathering and figuring out information. Many love science, math or history. They may prefer to work more on their own than with others. Does that sound like you? Perhaps you'd like to be one of these professionals:</p> <p>Biochemist Biomedical engineer or technician Computer security specialist Data analyst Epidemiologist Geneticist Health writer Hospital maintenance engineer Medical assistant Medical technologist Medical librarian Medical researcher Medical video producer Nuclear medicine technologist Pharmacist Pharmacy technician Physician Radiologic technologist Radiologist Research scientist Veterinarian</p>	<p>Artists are creative, imaginative and like to express themselves. They may work with words and pictures or music and dance. They also may work with materials and machines that produce artistic products. The following may be a way to use your artistic talents:</p> <p>Art therapist Athletic trainer Dance therapist Dental laboratory technician Hospital or health agency public relations director Medical editor or reporter Medical illustrator or photographer Music therapist Orthodontist Plastic surgeon Prosthetist Prosthodontist Robotics engineer</p>	<p>Helpers are expert communicators. They work well in groups and interact well with all kinds of people. Do you see yourself working on a health care team? Can you imagine teaching people new skills or helping them with health problems, like these professionals?</p> <p>Admitting clerk Athletic trainer Biomedical engineer or technician Clinical department director Health educator Home health aide Hospital chaplain Maintenance/repair technician Medical assistant Nurse Nursing assistant Nutritionist Ophthalmologist Optometrist Optician Patient advocate Physical, respiratory or other therapist Physician Psychiatrist Psychologist Social worker Veterinarian Veterinary technician</p>	<p>Do you have strong leadership qualities? Can you organize and prioritize? Are you competitive, a risk-taker? Can you persuade others to see things your way? Enterprisers have the social skills of helpers and the hands-on skills of doers like these:</p> <p>Biomedical patent attorney Financial, marketing, human resources or other top manager Fund-raising director Gerontology service provider Hospital or health agency executive director Laboratory owner or operator Medical equipment entrepreneur Medical practice owner or partner Medical scientist Pharmaceutical distributor Pharmaceutical scientist Private research laboratory owner Specialized surgical clinic owner/operator Visiting nurse</p>	<p>Detailers have great focusing skills. They analyze facts and numbers. They're observant and able to evaluate what they perceive. They often prefer a steady routine. They like being part of a team, though not always in leadership roles. The health services career cluster has many careers for detailers like these:</p> <p>Accountant Administrative assistant Admitting clerk Billing office representative Biochemist Biomedical engineer or technician Biomedical patent attorney Coder Dental laboratory technician Environmental health and safety manager Facilities manager Geneticist Epidemiologist Health information technician Laboratory technician Medical illustrator Medical records manager Medical researcher Medical secretary Medical scientist Medical technologist Pathologist or medical examiner Pharmaceutical scientist Pharmacist Pharmacy technician Transcriptionist</p>

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