

Unit Four - Safe and Sound

Foundation Standards

Foundation Standard 7: Safety Practices

Health care workers will understand the existing and potential hazards to clients, co-workers, and self. They will prevent injury or illness through safe work practices and follow health and safety policies and procedures.

Accountability Criteria

7.1 Infection Control

7.11 Practice infection control procedures

7.12 Practice appropriate cleaning, disinfecting, and sterilizing processes

7.13 Contrast medical and surgical asepsis

7.2 Personal Safety

7.21 Manage a personal exposure incident in compliance with OSHA regulations

7.22 Apply principles of body mechanics and ergonomics

7.23 Use personal protective equipment as appropriate to the environment

7.3 Environmental Safety

7.31 Modify the environment to create safe working conditions

7.32 Demonstrate methods of fire prevention in the health care setting

7.33 Prevent accidents by using proper safety techniques

7.34 Practice good housekeeping by maintaining a safe work environment

7.4 Common Safety Hazards

7.41 Use Materials Safety Data Sheets (MSDS)

7.42 Adhere to hazardous labeling requirements

7.43 Comply with safety signs, symbols, and labels

7.44 Take appropriate action when observing a hazardous material problem

7.45 Apply safety principles within given environments

7.46 Handle hazardous chemicals commonly used in the health care environment in an appropriate manner

7.5 Emergency Procedures and Protocols

7.51 Interpret the evacuation plan for the health care setting

7.52 Construct an emergency plan for a health care setting in response to a natural disaster or other emergency

7.53 Follow the facility procedure when a fire is discovered

Foundation Standard 9: Health Maintenance Practices

Health care workers will understand the fundamentals of wellness and the prevention of disease processes.

They will practice preventive health behaviors among the clients.

Accountability Criteria

9.1 Healthy Behaviors

9.11 Apply behaviors that promote health and wellness

9.12 Advocate available preventive health screening and examinations

9.13 Use practices that promote the prevention of disease and injury

9.14 Use appropriate safety practices as related to high-risk behaviors

9.15 Evaluate the validity of alternative health practices

***Foundation Standard 10: Technical Skills**

Health care workers will apply technical skills required for all career specialties.

They will demonstrate skills and knowledge as appropriate.

Accountability Criteria

10.1 Occupational Safety

10.11 Apply Standard Precautions as described in the rules and regulations set forth by the Occupational Safety and Health Administration (OSHA.)

10.12 Demonstrate safety procedures to protect clients, co-workers, and self

10.13 Obtain Cardiopulmonary Resuscitation (CPR) certification

10.14 Obtain First Aid certification