

UNIT 1 - BODY PLAN AND ORGANIZATION

WORKSHEET - Body Positions and Descriptors

Name _____ Period _____

1. The rib cage is _____ to the pelvis.
2. The radius is _____ to the ulna.
3. The hand is _____ to the forearm.
4. The humerus is _____ to the forearm.
5. The heel is _____ to the toes.
6. The tibia is _____ to the fibula.
7. The liver is _____ to the lungs.
8. The heart is _____ to the lungs.
9. The kidneys are _____ to the bladder.
10. The esophagus is _____ to the trachea.
11. The skin is _____ to the bones.
12. The ankle is _____ to the foot.
13. The foot is _____ to the leg.
14. The ears are _____ to the eyes.
15. The eyes are _____ to the mouth.
16. The eyes are _____ to the nose.
17. The plane that creates a right and left division is the _____.
18. The plane that creates a superior and inferior division is _____.
19. The plane that creates a posterior and anterior division is _____.
20. The nose is _____ to the eyes.

WORKSHEET - Body Positions and Descriptors –KEY

1. The rib cage is **superior** to the pelvis.
2. The radius is **lateral** to the ulna.
3. The hand is **distal** to the forearm.
4. The humerus is **proximal** to the forearm.
5. The heel is **posterior** to the toes.
6. The tibia is **medial** to the fibula.
7. The liver is **inferior** to the lungs.
8. The heart is **medial** to the lungs.
9. The kidneys are **lateral/superior** to the bladder.
10. The esophagus is **posterior** to the trachea.
11. The skin is **superficial** to the bones.
12. The ankle is **proximal** to the foot.
13. The foot is **distal** to the leg.
14. The ears are **lateral** to the eyes.
15. The eyes are **superior** to the mouth.
16. The eyes are **posterior** to the nose.
17. The plane that creates a right and left division is the **sagittal** .
18. The plane that creates a superior and inferior division is **transverse**.
19. The plane that creates a posterior and anterior division is **frontal** .
20. The nose is **intermediate** to the eyes.