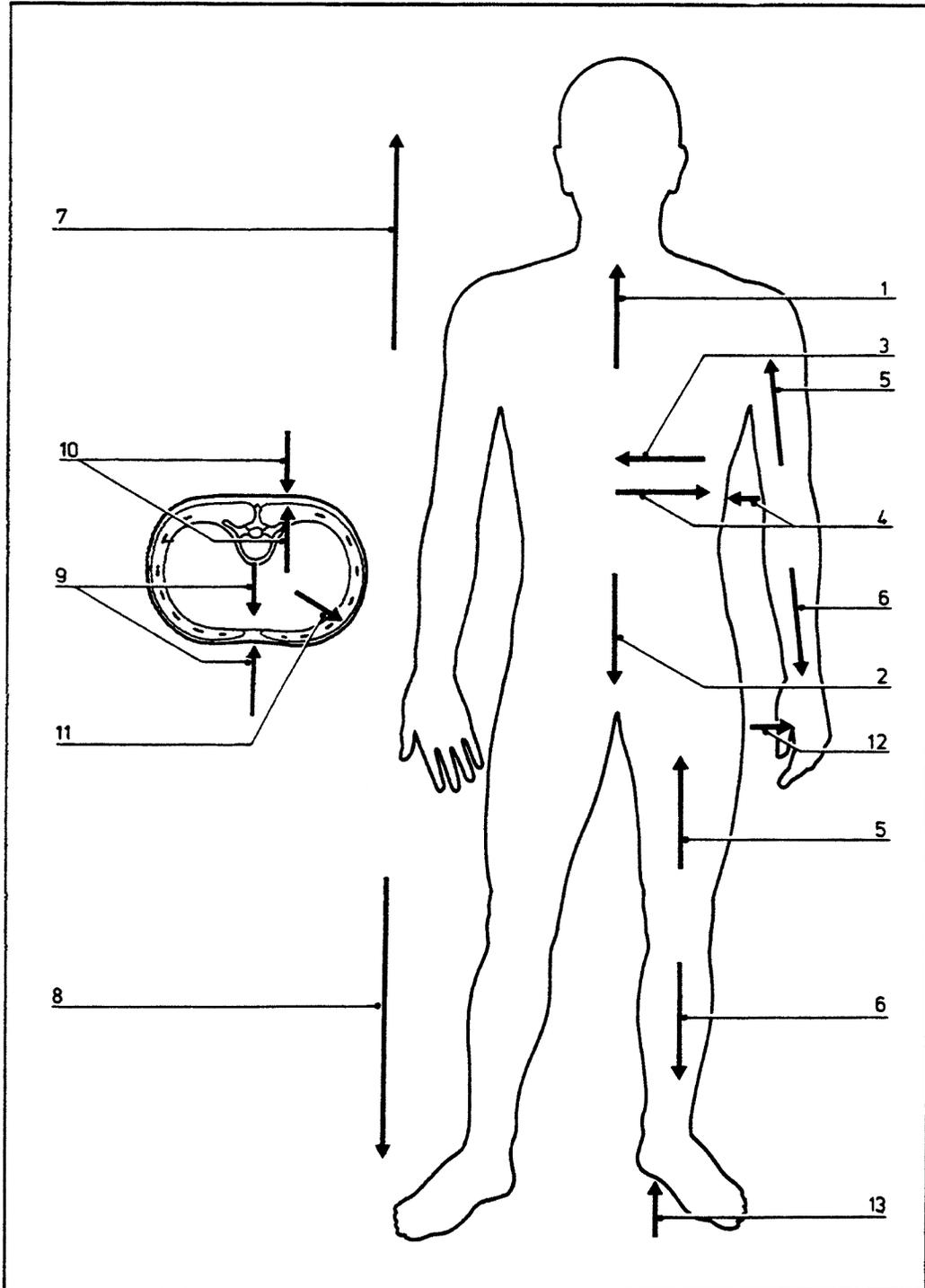


Anatomical terms: positions

01.002



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|---|--|----|-----------------------------------|----|--|
| 1 | Cranial – toward the head | 6 | Distal – toward the fingers/ toes | 11 | Peripheral – toward the surface |
| 2 | Caudal – toward the feet | 7 | Superior – above | 12 | Palmar – toward/on the palm of the hand |
| 3 | Medial – toward the middle | 8 | Inferior – below | 13 | Plantar – toward/on the sole of the foot |
| 4 | Lateral – toward/from the side | 9 | Anterior – toward/from the front | | |
| 5 | Proximal – toward the attachment of a limb | 10 | Posterior – toward/from the back | | |