

# UNIT 6 - NERVOUS SYSTEM / SPECIAL SENSES

## ACTIVITY - Find Your Blind Spot

**Purpose:** To find your blind spot caused by the optic nerve.

**Time:** 10 minutes

**Materials:**

3x5 card

pencil

**Procedures:**

Have students mark a dot (large period sized) on the left side of the card and on the right place an X (about 1/8 inch in size). Holding the card away from their body, have the student close their right eye, hold the X directly in line with their left eye, and slowly bring the card closer to their face. The dot should disappear. This is the blind spot caused by a lack of cones where the optic nerve leaves the eye.