



National Consortium on Health
Science & Technology Education



National Health Care Foundation Skill Standards Assessment

Version: 01

National Health Care Foundation Skill Standards tested in this assessment:

Communications
Systems
Employability Skills
Legal Responsibilities
Ethics
Safety Practices
Teamwork
Health Maintenance Practices

Online Assessment Administration:

Administration Time: 90 minutes
Number of Questions: 100

Foundation Skill Standards Covered:

20%	Communications
8%	Systems
10%	Employability Skills
12%	Legal Responsibilities
12%	Ethics
20%	Safety Practices
10%	Teamwork
8%	Health Maintenance Practices

SAMPLE QUESTIONS

COMMUNICATIONS

1. When a patient and health care worker speak different languages, which of the following statements regarding communication is true?
 - A. Nonverbal communication techniques should be used.
 - B. Try speaking in the patient's language.
 - C. Nod your head and pretend to understand to make the patient comfortable.
 - D. A touch from the health care worker is sufficient.

SYSTEMS

2. Which of the following make up the four main components of a system, in sequential order?
 - A. input, reverse loop, feedback and logic
 - B. input, throughput, output and feedback
 - C. input, synchronization, feedback and logic
 - D. input, distribution, feedback and entropy

EMPLOYABILITY SKILLS

3. To meet the evolving needs of the future, a health care worker needs which of the following skills?
 - A. physical strength to handle the increased demands of today's patients
 - B. flexibility, competence, and the ability to offer more services
 - C. task-orientation to get the job done more quickly
 - D. more empathy and compassion with patients

LEGAL RESPONSIBILITIES

4. A patient under your care has an order on the chart stating "do not resuscitate". What does this mean?
 - A. Artificial feeding tubes will not be used.
 - B. CPR will be started but quickly discontinued if unsuccessful.
 - C. CPR will not be administered.
 - D. The patient will not have a feeding tube inserted.

ETHICS

5. Which of the following is **NOT** true of a professional code of ethics?
- A. It exists for many health care professionals.
 - B. It is used for peer review when an ethical violation has occurred.
 - C. It provides guidelines for moral conduct for all members of a specific profession.
 - D. It is a legal document.

SAFETY PRACTICES

6. After completion of a surgical scrub, the health care worker's arms should be maintained in which direction until gloved?
- A. down toward lower extremities
 - B. horizontal to waistline
 - C. up toward chest and head
 - D. crossed on the chest

TEAMWORK

7. Which of the following is the best response to a team member who adamantly disagrees with a group decision?
- A. Tell the member to agree with the team.
 - B. Ask the member to explain his/her feelings and re-open the discussion.
 - C. Ignore the member's protests and move along with the agenda.
 - D. Give in to the differing point of view so not to delay the meeting.

HEALTH MAINTENANCE PRACTICES

8. A person who has hypertension should avoid foods high in which of the following?
- A. sugar
 - B. salt
 - C. starch
 - D. fiber