**Balloon Game Instructions**

1. Divide the class up into teams of 3 – 4 students.
2. Give each team four deflated balloons with instructions not to touch the balloons until told to do so.
3. Explain to the class that any balloons that have not been touched by their mouth may be returned for extra credit.
4. The smallest person on the team has to accomplish the goal.
5. The goal of the game: Students must lift themselves up in the air for 60 secs using as few balloons as possible.

Hints:

1. Criss-cross apple sauce
2. Hands on thighs
3. Stretch out balloons before inflating