Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The purpose of this assignment is to help you become more aware of yourself and your feelings.

1. What makes you happy?

Sad?

1. If you could only save one personal item (ie-your house is on fire!), what would it be? (assume all your family and pets got out fine)
2. At what time in history would you choose to live and why?
3. If you had any one place you could visit, where would it be and why?
4. What special talents would you like to have?
5. What quality would you add to your personality or character?
6. What quality would you like to get rid of?
7. What is your favorite pastime or hobby?