TWEEN LIFE

UNIT 11 – KEEPING YOURSELF SAFE

* Create a safety bag
* Role play demonstrating first aid skills
* Invite local health department to do CPR training
* Make a fire escape, tornado, and earthquake plan for your home
* Field Trip to the National Weather Service in Norman
* Invite Hank Brown, Val Castor, or any other storm chaser to come speak
* Role play calling 911 and receiving calls when home alone
* Role play using refusal skills when dealing with peer pressure
* Stress the importance of online safety, social media, and digital abuse