

Personal Development

Module 1-1: Personal Development - Unit: Factors Affecting Personal Development

- **12.1** Analyze principles of human growth and development across the life span.
- **12.1.2** Analyze interrelationships among physical, emotional, social, moral, and cognitive aspects of human growth and development.
- **13.2** Analyze personal needs and characteristics and their effects on interpersonal relationships.
- **13.2.1** Analyze the effects of personal characteristics on relationships.
- **13.2.3** Analyze the effects of self-esteem and self-image on relationships

Module 1-2: Personal Development - Unit: Influence of the Family on Personal Development

- **12.2** Analyze conditions that influence human growth and development.
- **12.2.1** Analyze the influences of heredity and environment on human growth and development.
- **12.2.4** Analyze the influences of life events on individuals' physical, emotional, social, moral and cognitive development.

Module 1-3: Personal Development - Unit: Strategies to Promote Physical, Emotional, Intellectual, and Social Development

- **12.1** Analyze principles of human growth and development across the life span.
- **12.1.1** Analyze physical, emotional, social, moral, and cognitive development.

Decisions

Module 2-1: Decisions - Unit: Decision-Making Process

- **2.1** Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.
- **2.1.1** Apply time management, organizational, and process skills to prioritize tasks and achieve goals.

Family Role in Relationship Development

Module 3-1: Family Role in Relationship Development - Unit: Development of Relationships and Family's Role in Developing Healthy Relationships

- **12.1** Analyze principles of human growth and development across the life span.
- **12.1.1** Analyze physical, emotional, social, moral, and cognitive development.

Module 3-2: Family Role in Relationship Development - Unit: Effects of Cultural Patterns on Family Relationships

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.1** Analyze processes for building and maintaining interpersonal relationships.

Relationships Outside the Family

Module 4-2: Relationships Outside the Family - Unit: Influence of Peers

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.1** Analyze processes for building and maintaining interpersonal relationships.
- **13.1.4** Analyze factors that contribute to healthy and unhealthy relationships.

Module 4-3: Relationships Outside the Family - Unit: Promotion and Appreciation of Diversity

- **6.2** Evaluate the effects of diverse perspectives, needs, and characteristics of individual and families.
- **6.2.1** Demonstrate awareness of multiple diversities and their effects on individuals, families, and society.
- **6.2.4** Demonstrate respect for diversity with sensitivity to anti-bias, gender, equity, age, culture, and ethnicity.

Transition to Independent Adulthood

Module 5-1: Transition to Independent Adulthood – Unit: Adjustments to and Responsibilities of an Independent Adult

- **2.1** Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.

Interpersonal Studies
Alignment with NASAFACS Standards

- **2.1.2** Analyze how individuals and families make choices to satisfy needs and wants.
- **2.1.3** Analyze decisions about providing safe and nutritious food for individuals and families.
- **2.1.4** Apply consumer skills to providing and maintaining clothing.
- **2.1.5** Apply consumer skills to decisions about housing, utilities, and furnishings.
- **2.1.6** Summarize information about procuring and maintaining health care to meet the needs of individuals and family members.
- **2.1.7** Apply consumer skills to decisions about recreation.
- **2.1.8** Apply consumer skills to acquire and maintain transportation that meets the needs of individuals and family members.
- **3.3** Analyze factors in guiding development of long-term financial management plans.
- **3.3.8** Analyze factors that influence establishing and maintaining a good credit rating and the effect of credit ratings on rates and terms for credit and insurance.

Marriage

Module 6-1: Marriage - Unit: Functions and Roles of Dating

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.1** Analyze processes for building and maintaining interpersonal relationships.
- **13.1.4** Analyze factors that contribute to healthy and unhealthy relationships.

Module 6-2: Marriage - Unit: Successful Marriage

- **13.3** Demonstrate communication skills that contribute to positive relationships.
- **13.3.1** Analyze communication styles and their effects on relationships.

Module 7-1: Family Unit and Life Cycle - Unit: Family Structures

- **6.1** Analyze the effects of family as a system on individuals and society.
- **6.1.6** Analyze the effects of change and transitions over the life course.

Family Unit and Life Cycle

Module 7-2: Family Unit and Life Cycle - Unit: Effects of Trends and Technology on the Individual and Family

- **13.3** Demonstrate communication skills that contribute to positive relationships.
- **13.3.6** Analyze the effects of technology on communications in family, work, and community settings.
- **6.1** Analyze the effects of family as a system on individuals and society.

Interpersonal Studies
Alignment with NASAFACS Standards

- **6.1.6** Analyze the effects of change and transitions over the life course.

Module 7-3: Family Unit and Life Cycle - Unit: Resource and Financial Management to Meet Individual and Family Needs

- **2.1** Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.
- **2.1.1** Apply time management, organizational, and process skills to prioritize tasks and achieve goals.
- **2.6** Demonstrate management of financial resources to meet the goals of individuals and families across the life span.
- **2.6.1** Evaluate the need for personal and family financial planning.
- **2.6.2** Apply financial management principles to individual and family financial practices.

Module 7-4: Family Unit and Life Cycle - Unit: Effect of the Family on the Community and Society

- **6.1** Analyze the effects of family as a system on individuals and society.
- **6.1.1** Analyze family as the basic unit of society.
- **6.1.2** Analyze the role of family in transmitting societal expectations.

Family Needs, Stresses, and Crises

Module 7-5: Family Unit and Life Cycle - Unit: Stages, Roles, and Responsibilities of the Family Life Cycle

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.2** Predict the effects of various stages of the family life cycle on interpersonal relationships.

Module 8-1: Family Needs, Stresses, and Crises - Unit: Factors Contributing to Stress and its Impact on Individuals and Relationships

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.6** Demonstrate stress management strategies for family, work, and community settings.

Career Options and Family Life

Module 8-2: Family Needs, Stresses, and Crises - Unit: Families in Crisis

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.5** Analyze processes for handling unhealthy relationships.
- **15.2** Evaluate parenting practices that maximize human growth and development.
- **15.2.4** Analyze the effects of abuse and neglect on children and families and determine methods for prevention.
- **4.4** Demonstrate a safe and healthy learning environment for children, youth and adults.
- **4.4.5** Document symptoms of abuse and neglect and use appropriate procedures to report suspected abuse or neglect to the designated authorities.

Module 9-1: Career Options and Family Life - Unit: Impact of Career Choice on Family Life

- **1.1** Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global).
- **1.1.3** Analyze ways that individual career goals can affect the family's capacity to meet goals for all family members.
- **1.1.4** Analyze potential effects of various career path decisions on balancing work and family.

Employability Skills

Module 10-1: Employability Skills - Unit: Communication, Leadership, Problem Solving, Conflict Resolution, and Negotiation

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.3** Apply communication skills in school, community and workplace settings and with diverse populations.

Module 10-2: Employability Skills - Unit: Time Management

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.2** Demonstrate job seeking and job keeping skills.
- **1.2.8** Demonstrate employability skills, work ethics, and professionalism.

Module 10-3: Employability Skills - Unit: Ethical Practices in the Workplace

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.8** Demonstrate employability skills, work ethics, and professionalism.

Module 10-4: Employability Skills - Unit: Business Communication

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.3** Apply communication skills in school, community and workplace settings and with diverse populations.
- **1.2.4** Demonstrate teamwork skills in school, community and workplace settings and with diverse populations.
- **1.2.6** Demonstrate leadership skills and abilities in school, workplace and community settings.

Careers

Module 11-1: Careers - Unit: Effect of Personal Interests, Abilities, Goals, and Priorities on Career Choice

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.2** Demonstrate job seeking and job keeping skills.

Module 11-2: Careers - Unit: Preparation for Careers

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.2** Demonstrate job seeking and job keeping skills.