

Human Growth and Development

	National Standards
Topic 1: Historical, Theoretical, and Research Perspectives	
• Unit 1: Theories and Theorists	12.1.3
• Unit 2: Research	4.3.1
Topic 2: Prenatal Care and Development	
• Unit 1: Nutritional Needs	14.2.1-2 & 14.3.1-3
• Unit 2: Health and Medical Care	12.2.2
• Unit 3: Prenatal Development Stages	15.4.1
• Unit 4: Genetics and Environmental Factors	12.2.1
Topic 3: Newborn to Two Years	
• Unit 1: Newborn and Infant Development	12.1.1-2 & 15.1.1
• Unit 2: Optimizing Infant Development	4.2.5, 12.1.1-2, 12.3.1 & 15.1.1
• Unit 3: Newborn and Infant Nutrition	4.4.4, 9.3.1, 14.2.1 & 15.1.1
• Unit 4: Toddler Development	12.1.1
• Unit 5: Optimizing Toddler Development	4.2.4-5, 4.3.2, 12.1.1, 12.3.3 & 15.1.1
• Unit 6: Toddler Nutrition	4.4.4 & 14.3.1
• Unit 7: Guidance Techniques	4.5.1
Topic 4: Three to Five Years	
• Unit 1: Growth and Development	4.2.4 & 12.1.1
• Unit 2: Optimizing Development	4.2.4, 4.4.1 & 12.1.1-2
• Unit 3: Nutrition	4.4.4 & 14.3.1
• Unit 4: Guidance Techniques	4.5.1
Topic 5: Six to Ten Years	
• Unit 1: Growth and Development	4.2.4 & 12.1.1
• Unit 2: Optimizing Development	4.2.4 & 12.1.1
• Unit 3: Nutrition	4.4.4 & 14.3.1
• Unit 4: Guidance Techniques	4.5.1
Topic 6: Care and Protection of Children and Adolescents	
• Unit 1: Services, Agencies, and Resources	12.3.3, 15.2.5 & 15.3.1
• Unit 2: Child Abuse	7.4.4-5 & 15.2.4
• Unit 3: Health Care and Safety	4.4.3, 4.4.6 & 15.1.2
• Unit 4: Changing Demographics and Cultural Diversity	12.2.2-3 & 12.2.5
Topic 7: Eleven to Nineteen Years	
• Unit 1: Biological and Cognitive Development	12.1.1 & 12.1.3
• Unit 2: Emotional and Social Development	12.1.1 & 12.1.3
• Unit 3: Family and Society	12.2.1-2
• Unit 4: Adolescent Guidance Techniques	4.5.1
Topic 8: Twenty to Thirty-Nine Years	
• Unit 1: Biological and Cognitive Development	12.1.1
• Unit 2: Emotional, Moral, and Psychosocial Development	12.1.1
• Unit 3: Society and Culture	12.2.1-3
Topic 9: Forty to Sixty-Five Years	
• Unit 1: Biological and Cognitive Development	12.1.1
• Unit 2: Emotional, Moral, and Psychosocial Development	12.1.1

<ul style="list-style-type: none"> Unit 3: Society and Culture 	6.2.1-2
Topic 10: Sixty-Six Plus	
<ul style="list-style-type: none"> Unit 1: Biological and Cognitive Development 	12.1.1
<ul style="list-style-type: none"> Unit 2: Emotional, Moral, and Psychosocial Development 	12.1.1
<ul style="list-style-type: none"> Unit 3: Society and Culture 	12.2.1-2
Topic 11: Career Preparation and Employability Skills	
<ul style="list-style-type: none"> Unit 1: Employability Skills 	1.2.2 & 1.2.8
<ul style="list-style-type: none"> Unit 2: Communication Skills 	1.2.3
<ul style="list-style-type: none"> Unit 3: Leadership and Teamwork Skills 	1.2.4 & 1.2.6
<ul style="list-style-type: none"> Unit 4: Decision Making and Goal Setting 	4.1.3
<ul style="list-style-type: none"> Unit 5: Problem-Solving and Conflict Management 	4.1.3
Topic 12: Employment Opportunities in Education and Training	
<ul style="list-style-type: none"> Unit 1: Interest, Aptitude, and Abilities 	1.2.1
<ul style="list-style-type: none"> Unit 2: Employment and Entrepreneurial Opportunities 	1.2.1
Topic 13: Career Portfolio	
<ul style="list-style-type: none"> Unit 1: Portfolio 	1.2.2 & 4.1.5