

Topic 1: Personal Development

Unit 1: Factors Affecting Personal Development (8 strategies)

(NS 12) Analyze factors that influence human growth and development.

- 12.1 Analyze principles of human growth and development across the life span.
- 12.1.2 Analyze interrelationships among physical, emotional, social, moral, and cognitive aspects of human growth and development.

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

- 13.2 Analyze personal needs and characteristics and their effects on interpersonal relationships.
- 13.2.1 Analyze the effects of personal characteristics on relationships.
- 13.2.3 Analyze the effects of self-esteem and self-image on relationships

Unit 2: Influence of the Family on Personal Development (3 strategies)

(NS 12) Analyze factors that influence human growth and development.

- 12.2 Analyze conditions that influence human growth and development.
- 12.2.1 Analyze the influences of heredity and environment on human growth and development.
- 12.2.4 Analyze the influences of life events on individuals' physical, emotional, social, moral and cognitive development.

Unit 3: Strategies to Promote Physical, Emotional, Intellectual, and Social Development (6 strategies)

(NS 12) Analyze factors that influence human growth and development.

- 12.1 Analyze principles of human growth and development across the life span.
- 12.1.1 Analyze physical, emotional, social, moral, and cognitive development.

Topic 2: Decisions

Unit 1: Decision-Making Process (10 strategies)

(NS 2) Evaluate management practices related to the human, economic, and environmental resources in a global context.

- 2.1 Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.
- 2.1.1 Apply time management, organizational, and process skills to prioritize tasks and achieve goals.

Topic 3: Family Role in Relationship Development

Unit 1: Development of Relationships and Family's Role in Developing Healthy Relationships (10 strategies)

(NS 12) Analyze factors that influence human growth and development.

- 12.1 Analyze principles of human growth and development across the life span.
- 12.1.1 Analyze physical, emotional, social, moral, and cognitive development.

Unit 2: Effects of Cultural Patterns on Family Relationships *(5 strategies)*

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.1** Analyze processes for building and maintaining interpersonal relationships.

Topic 4: Relationships Outside the Family

Unit 1: Promoting Positive Friendships *(11 strategies)*

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.1** Analyze processes for building and maintaining interpersonal relationships.

Unit 2: Influence of Peers *(9 strategies)*

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.1** Analyze processes for building and maintaining interpersonal relationships.
- **13.1.4** Analyze factors that contribute to healthy and unhealthy relationships.

Unit 3: Promotion and Appreciation of Diversity *(7 strategies)*

(NS 6) Evaluate the significance of family and its effects on the well-being of individuals and society.

- **6.2** Evaluate the effects of diverse perspectives, needs, and characteristics of individual and families.
- **6.2.1** Demonstrate awareness of multiple diversities and their effects on individuals, families, and society.
- **6.2.4** Demonstrate respect for diversity with sensitivity to anti-bias, gender, equity, age, culture, and ethnicity.

Topic 5: Transition to Independent Adulthood

Unit 1: Adjustments to and Responsibilities of an Independent Adult *(13 strategies)*

(NS 2) Evaluate management practices related to the human, economic, and environmental resources in a global context.

- **2.1** Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.
- **2.1.2** Analyze how individuals and families make choices to satisfy needs and wants.

Interpersonal Studies
Alignment with NASAFACS Standards

- **2.1.3** Analyze decisions about providing safe and nutritious food for individuals and families.
- **2.1.4** Apply consumer skills to providing and maintaining clothing.
- **2.1.5** Apply consumer skills to decisions about housing, utilities, and furnishings.
- **2.1.6** Summarize information about procuring and maintaining health care to meet the needs of individuals and family members.
- **2.1.7** Apply consumer skills to decisions about recreation.
- **2.1.8** Apply consumer skills to acquire and maintain transportation that meets the needs of individuals and family members.

(NS 3) Integrate knowledge, skills, and practices needed for a career in consumer services.

- **3.3** Analyze factors in guiding development of long-term financial management plans.
- **3.3.8** Analyze factors that influence establishing and maintaining a good credit rating and the effect of credit ratings on rates and terms for credit and insurance.

Topic 6: Marriage

Unit 1: Functions and Roles of Dating (*12 strategies*)

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.1** Analyze processes for building and maintaining interpersonal relationships.
- **13.1.4** Analyze factors that contribute to healthy and unhealthy relationships.

Unit 2: Successful Marriage (*15 strategies*)

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

- **13.3** Demonstrate communication skills that contribute to positive relationships.
- **13.3.1** Analyze communication styles and their effects on relationships.

Topic 7: Family Unit and Life Cycle

Unit 1: Family Structures (*5 strategies*)

(NS 6) Evaluate the significance of family and its effects on the well-being of individuals and society.

- **6.1** Analyze the effects of family as a system on individuals and society.
- **6.1.6** Analyze the effects of change and transitions over the life course.

Unit 2: Effects of Trends and Technology on the Individual and Family (*7 strategies*)

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

- **13.3** Demonstrate communication skills that contribute to positive relationships.
- **13.3.6** Analyze the effects of technology on communications in family, work, and community settings.

Interpersonal Studies
Alignment with NASAFACS Standards

(NS 6) Evaluate the significance of family and its effects on the well-being of individuals and society.

- **6.1** Analyze the effects of family as a system on individuals and society.
- **6.1.6** Analyze the effects of change and transitions over the life course.

Unit 3: Resource and Financial Management to Meet Individual and Family Needs (*14 strategies*)

(NS 2) Evaluate management practices related to the human, economic, and environmental resources in a global context.

- **2.1** Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.
- **2.1.1** Apply time management, organizational, and process skills to prioritize tasks and achieve goals.
- **2.6** Demonstrate management of financial resources to meet the goals of individuals and families across the life span.
- **2.6.1** Evaluate the need for personal and family financial planning.
- **2.6.2** Apply financial management principles to individual and family financial practices.

Unit 4: Effect of the Family on the Community and Society (*3 strategies*)

(NS 6) Evaluate the significance of family and its effects on the well-being of individuals and society.

- **6.1** Analyze the effects of family as a system on individuals and society.
- **6.1.1** Analyze family as the basic unit of society.
- **6.1.2** Analyze the role of family in transmitting societal expectations.

Unit 5: Stages, Roles, and Responsibilities of the Family Life Cycle (*6 strategies*)

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.2** Predict the effects of various stages of the family life cycle on interpersonal relationships.

Topic 8: Family Needs, Stresses, and Crises

Unit 1: Factors Contributing to Stress and its Impact on Individuals and Relationships (*9 strategies*)

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

- **13.1** Analyze functions and expectations of various types of relationships.
- **13.1.6** Demonstrate stress management strategies for family, work, and community settings.

Unit 2: Families in Crisis (*8 strategies*)

(NS 13) Demonstrate respectful and caring relationships in the family, workplace and community.

Interpersonal Studies
Alignment with NASAFACS Standards

- **13.1** Analyze functions and expectations of various types of relationships.
 - **13.1.5** Analyze processes for handling unhealthy relationships.
- (NS 15)** Evaluate the effects of parenting roles and responsibilities on strengthening the well-being of individuals, families, and society.
- **15.2** Evaluate parenting practices that maximize human growth and development.
 - **15.2.4** Analyze the effects of abuse and neglect on children and families and determine methods for prevention.
- (NS 4)** Integrate knowledge, skills, and practices required for careers in early childhood, education, and services.
- **4.4** Demonstrate a safe and healthy learning environment for children, youth and adults.
 - **4.4.5** Document symptoms of abuse and neglect and use appropriate procedures to report suspected abuse or neglect to the designated authorities.

Topic 9: Career Options and Family Life

Unit 1: Impact of Career Choice on Family Life (*12 strategies*)

(NS 1) Integrate multiple life roles and responsibilities in family, work, and community settings.

- **1.1** Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global).
- **1.1.3** Analyze ways that individual career goals can affect the family's capacity to meet goals for all family members.
- **1.1.4** Analyze potential effects of various career path decisions on balancing work and family.

Topic 10: Employability Skills

Unit 1: Communication, Leadership, Problem Solving, Conflict Resolution, and Negotiation (*32 strategies*)

(NS 1) Integrate multiple life roles and responsibilities in family, work, and community settings.

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.3** Apply communication skills in school, community and workplace settings and with diverse populations.

Unit 2: Time Management (*12 strategies*)

(NS 1) Integrate multiple life roles and responsibilities in family, work, and community settings.

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.2** Demonstrate job seeking and job keeping skills.
- **1.2.8** Demonstrate employability skills, work ethics, and professionalism.

Unit 3: Ethical Practices in the Workplace (7 strategies)

(NS 1) Integrate multiple life roles and responsibilities in family, work, and community settings.

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.8** Demonstrate employability skills, work ethics, and professionalism.

Unit 4: Business Communication (14 strategies)

(NS 1) Integrate multiple life roles and responsibilities in family, work, and community settings.

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.3** Apply communication skills in school, community and workplace settings and with diverse populations.
- **1.2.4** Demonstrate teamwork skills in school, community and workplace settings and with diverse populations.
- **1.2.6** Demonstrate leadership skills and abilities in school, workplace and community settings.

Topic 11: Careers

Unit 1: Effect of Personal Interests, Abilities, Goals, and Priorities on Career Choice (9 strategies)

(NS 1) Integrate multiple life roles and responsibilities in family, work, and community settings.

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.2** Demonstrate job seeking and job keeping skills.

Unit 2: Preparation for Careers (7 strategies)

(NS 1) Integrate multiple life roles and responsibilities in family, work, and community settings.

- **1.2** Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- **1.2.2** Demonstrate job seeking and job keeping skills.