

Course: Interpersonal Studies OCAS 8470

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| <i>Surviving and Thriving</i> <i>(Previous FCS/CIMC Course)</i> | <i>Interpersonal Studies</i> <i>(Curriculum Center for FCS)</i> |
| Communication Skills | Topic 10: Employability Skills Unit 1: Communication, Leadership, Problem Solving, Conflict Resolution & Negotiation |
| Understanding Self | Topic 1: Personal Development Unit 1: Factors Affecting Personal Development |
| Making Decisions | Topic 2: Decisions Unit 1: Decision-Making Process |
| Leisure Activities | Topic 10: Employability Skills Unit 2: Time Management |
| Etiquette | None |
| Personal Safety | Topic 8: Family Needs, Stresses & Crises Unit 1: Factors Contributing to Stress and its Impact on Individuals & Relationships Topic 10: Employability Skills Unit 1: Communication, Leadership, Problem Solving, Conflict Resolution & Negotiation – Conflict & Violence |
| Understanding Grief and Loss of Life | Topic 7: Family Unit & Life Cycle Unit 5: Stages, Roles & Responsibilities of the Family Life Cycle **Just a touch on death, will need further curriculum. |
| Choosing Food for Good Health | Topic 1: Personal Development Unit 3: Strategies to Promote Physical, Emotional, Intellectual & Social Development *Nutrition activity* |
| Preparing Food | None |