

FACS Capstone Timeline

Unit	Suggested Weeks	NASAFACS Standards Aligned
Self Assessment	3	21 st Century Skills
Career Exploration Explore options for people to serve as project/career mentor	2	1.2.1
Career Planning Determine and contact project/career mentor	2	1.1.6
Capstone Exploration 1 <i>(Research/exploration for proposed project)</i> Discuss three project options with mentor	2	1.3.3, 1.3.4, 1.3.6
Capstone Exploration 2 <i>(Individual Learning Plan and SMART goals)</i> Project mentor reviews proposed project and research, makes suggestions	1	1.3.1
Using Technology in a Career and in the Capstone <i>(Blended Learning Activity)</i> Project mentor and student discuss project revisions/career possibilities	2	1.2.5
Skills for Success <i>Teamwork, Leadership, Communication</i> <i>Workplace Ethics and Attitudes</i> <i>Effects of Public Policy on Families</i> Ongoing discussions with mentor regarding college/career and project	6	1.2.4, 1.3.5,
Capstone Exploration 3 <i>(Identify key people and research)</i> Mentor assists in key people, research and technology possibilities	1	1.2.4, 1.2.6, 1.2.8
Capstone Exploration 4 <i>(Carryout project)</i> Reflections to include mentor	1	1.2.4, 1.2.6, 1.2.8
Capstone Exploration 5 <i>(Reflections, prepare presentation)</i> Reflect with mentor, make presentation to mentor, continue career/college discussions	2	1.2.4, 1.2.6, 1.2.8
Job Hunting Practice job interview with mentor, including questions, dress, resume, portfolio	2	1.2.2
Succeeding in a New Job Discussion with mentor	2	1.2.2
Workplace Health and Safety Continue college/career discussion with mentor	2	1.2.7
Capstone Exploration 6 <i>(Statement of Completion, Presentation of Learning)</i> Discuss final portfolio with mentor	2	21 st Century: Life & Career Skills; Career Ready Practices

<p>Life Skills <i>Managing Money and Time</i> <i>Managing Family and Work</i> <i>Citizenship</i> Mentor discussions may include importance of topics in Life Skills section, career/college plans, life goals, etc.</p>	6	1.1.4, 1.1.5, 1.16, 1.3.2
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Capstone Suggestions for Projects:

Capstone Exploration 1: Reflect on the needs of your community and the self-assessment aspect of this course, what three projects could you undertake for this capstone? Have you noticed an anomaly in your community that you might research? Do any of these ideas align to a FCCLA contest? Begin your portfolio. Present three ideas to mentor for feedback. Ask for mentor input and suggestions on three options.

Capstone Exploration 2: Evaluate the research and identify the project. Interview mentor about additional research that may be available. Gain approval from the FACS teacher, administrators and any other person or group involved. Draft and submit a time line to your teacher for the completion of this project. Begin the project reflections and add artifacts to the portfolio.

Capstone Exploration 3: Identify and contact key people who could assist with the project/research. With mentor, discuss additional key people, research, resources and technology that may enhance project. Identify needed resources and who might assist in collecting these resources. Identify how technology will assist in the project. Continue to add to the portfolio and write reflections.

Capstone Exploration 4: Secure commitments from key people. Complete project planning details such as who will assist in carrying out the project and how the necessary resources will be obtained. Discuss details and plans with mentor prior to beginning project. Carry out the project, reflect and continue to compile the portfolio.

Capstone Exploration 5: Following completion of the project, reflect on what went well and what did not. Describe in detail changes you would make to improve the project if you were to carry it out again. Discuss accomplishments and areas of improvement with mentor. Complete detailed final reflection and add to the portfolio.

Capstone Exploration 6: Complete reflections and the portfolio. Make presentation board, video, etc. to document your accomplishment. Share your presentation with your mentor and a minimum of two groups such as your FCCLA chapter, a civic organization, school board or church group outside your school. Digitally archive your presentation. Record proof of presentations and add to the portfolio.