

Name: _____

Kuder Activities Lesson 4: Student Worksheet

The goal of this activity is to help you plan educational courses and real-world experiences that will help you bridge the gap between your interests and the skills you currently possess.

(Note: You must complete the Kuder Career Interests Assessment® and the Kuder Skills Confidence Assessment® before beginning this activity.)

- Go to <http://navigator.kuder.com> or your custom website. Select **I already have an account**, then enter your username and password. Next, click **Sign Me In**.
- Click on **My Assessments** and select **My Assessment Results**.
- To see a comparison of your interests and skills assessments, click on **Interests and Skills Composite Report**.

High Interest, High Skill Pathways

- If there are any career pathways listed where you have high interest and high skills confidence, you may want to seriously consider them as you plan for your education and future career choices.
- Write the names of these pathways below.

High Interest, High Skill Pathway Titles:

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

High Interest, Less Skill Pathways

- If there are any pathways listed in which you possess high interest but medium or low skills confidence, you may want to consider taking the steps necessary in your education to improve your skills in these areas.
- Click on the name of any pathway where the skills are lower than the interest.
- Read the complete pathway description. Then, write the pathway names below as well as any ideas you have for ways to improve your skills in those pathways.



High Interest, Less Skill Pathway Titles:

Ways to Improve Skills:

1. _____

2. _____

3. _____

4. _____

5. _____

