kuder Direct Your Future™

Title	Description	Objectives	Navigator Tools	Grade
Exploring the World of Work & Decision Making				
Module 1: Scanning the World of Possibilities	This module is designed to help students understand the importance of career planning and to motivate them to use this curriculum to begin formulating career choices.	• State three reasons why it is important to spend time and energy doing career exploration. • List the influences on their career thinking to date. • List topics to be covered in the remainder of the curriculum.		6-12
Module 2: Mapping the Future	This module is designed to make high school students aware of the changing nature of work and career pathway planning.	• Describe at least three ways in which work will be different for them, as compared to that of their grandparents, parents, guardians, or other older adults. • State and describe at least three characteristics of career pathway planning.		9-12
Module 3: Determining Your Decision	This module helps students understand that decisions can be made by applying a process, and that learning this process is critical to making all important decisions in life, including those about career choices.	• Describe different kinds of decision-making strategies. • State the steps of a planful model of decision making. • Apply the planful model to personal career decision making.		6-12

Career Exploration				
Module 4: Embarking on a Voyage of Self-Discovery	This module is designed to assist students in understanding what a self-concept is and how one's self-concept relates to choosing an occupation initially and making career changes later. Students will consider the many roles they play and how these roles combine in careers.	• Define self-concept. • Depict and describe their own self-concepts. • State relationships between their personal self-concepts and career choices they may make. • Select and describe the roles they are currently playing now and wish to play in the future decision making.	• Career Lookup	6-12
Module 5: Exploring the Destinations	This module is designed to teach students about the clusters of occupations described in Kuder Navigator® assessment reports. Administrators may choose to have these reports presented in either the 16 National Career Clusters or the six Holland work environments.	• Define self-concept. Depict and describe their own self-concepts. • State relationships between their personal self-concepts and career choices they may make. • Select and describe the roles they are currently playing now and wish to play in the future decision making.	• Explore Occupations • Occupations suggested by National Career Clusters and Pathways	6-12

Module 6: Finding Your Compass Points	When students come to this session, they will have taken the Career Interests Assessment and the Skills Confidence Assessment. These measure the interests and skills of individuals related to the 16 National Career Clusters or Six Holland Work Environments, depending on your local choice. Each provides a report with a rank-ordered list of clusters, from highest to lowest, as indicated by the student's responses to the inventories. A composite report of interests and skills results is also generated automatically after completion of both assessments. These reports help teachers and counselors link students' interests and/or skills with occupations, high school curricula, and postsecondary majors.	• State their highest areas of interest and skills as related to career clusters. • Describe what their personal interests and skills mean. • State the titles of occupations filled by others who have similar interests to their own. • State titles of pathways in which both interests and skills are high. • List occupations that they want to explore in-depth.	• Career Interests Assessment • Skills Confidence Assessment • My Assessment Results	6-12
Module 7: Using Guideposts to Direct Your Journey	This module helps middle school students understand that jobs have certain characteristics that influence the satisfaction level of the worker. High school students will become aware of some of these important work-related values, discuss the results of the Super's Work Values Inventory-revised, and use high-priority values as a framework for collecting occupational information and refining a list of occupational options.	**Middle School Objectives** • State three job characteristics that are important to them. • Understand the relationship of job characteristics to job satisfaction. • Understand changing roles. **High School Objectives** • List and define 12 work values. • List values that are of high importance to them in a career choice. • State the titles of at least three occupations in which they may be able to obtain their most important values.	• Explore Occupations • Super's Work Values Inventory (HS only)	6-12
Module 8: Refining the Destinations	This module focuses on detailed exploration of three occupations selected by students, making use of Kuder Navigator® and/or print resources.	• Name at least three favorite occupations, selected from their highest-interest pathways and clusters. • Detail the work tasks, training requirements, employment outlook, and earnings for the three occupations.	• My Assessment Results • My Favorite Occupations	6-12

Education & Future Planning

Module 9: Charting Your Course	This module is designed to help students make a connection between interests and education planning. More specifically, it focuses on the selection of high school courses and on the type and level of postsecondary education available.	• State the education requirements for entry into occupations of their highest preference. • Select an education path that they plan after high school. • Select high school courses that will best prepare them for their occupational and education choices.	• My Favorite Occupations • Education Needed for my Favorite Occupations (HS only) • Options After High School • My Ed Plans	6-12
Module 10: Writing Your Personal Logbook	Career portfolios have become a well-accepted method of collecting and organizing information about oneself. Career portfolios may be print-based or electronic. The purpose of this lesson is to teach students about the content of their personal career portfolios (e-Profiles in Kuder Navigator®) and how they can build and maintain them.	• List and describe the kinds of information they should place in their career portfolios. • Describe how to use a portfolio to assist in career planning and job seeking. • Maintain their personal career portfolio.	• E-Profile	9-12
Module 11: Planning for Getting a Job	This module is designed to help high school students learn about and practice job-seeking skills such as identifying job openings, completing a job application, and writing a resume.	• State three good ways to identify job openings. • Complete a job application in a neat, accurate, and legible form. • Complete the worksheets for two different kinds of resumes and use Kuder Navigator® to construct those resumes online.	• Find a Job • Job Application • Resume	9-12