

Name: \_\_\_\_\_

## English Lesson 1: Student Worksheet

The goal of this activity is to help you relate your career interests to postsecondary education opportunities.

(Note: You must complete the Kuder Career Interests Assessment® to participate in this activity)

- Go to <http://navigator.kuder.com/> or your custom website. Select **I already have an account**, then enter your username and password. Next, click **Sign Me In**.
- Click on **Explore Occupations** and select **Occupations Suggested by Assessment Results**.
- Select an education level from the filter options, click Apply Filters and write your chosen level here: \_\_\_\_\_
- Click on one of the occupations listed and write its title here (the occupations that best align with your assessment results will be listed first):  
\_\_\_\_\_
- Click on **Interests, Skills, and Work Values**.

1. Choose an interest that is important to you and write it here:

\_\_\_\_\_

- Write two or three sentences explaining how you demonstrate this interest and how having this interest might make you a good fit for this occupation.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Choose a skill that is important to you and write it here:

\_\_\_\_\_

- Write two or three sentences explaining how you demonstrate this skill and how having this skill might make you a good fit for this occupation.  
\_\_\_\_\_  
\_\_\_\_\_

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3. Choose a work value that is important to you and write its title here:

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- Write two or three sentences explaining how you see this work value in yourself and how having this work value might make you a good fit for this occupation.

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