

English Lesson 1: Teacher Guide

The objective of this lesson is to help students relate their career interests and postsecondary education options in a written self-reflection.

(Note: Students must complete the Kuder Career Interests Assessment® to finish this activity.)

Discussion

Start this lesson by asking students if they've thought about what types of jobs they see themselves doing after high school. These questions will help facilitate the discussion:

- What made you interested in that job?
- Do you know how much education or training you'll need after high school in order to qualify for that job?
- Which high school classes have you taken or plan on taking that can relate to that field?
- Can you work anywhere in the country with this job, or is it specific to a certain region?
- What other experiences, besides school, have helped shape your interest in this area? *(Examples: parents had the career, volunteered with children and now wants to teach, etc.)*

Online Activity

Log in to Kuder Navigator® (<http://navigator.kuder.com/>) or your custom website and hand out the student worksheet(s). Your students should all have individual accounts. If they do not, you can obtain their login information from your Kuder Administrative Database Management System® or check with your site administrator (typically your career teachers or school counselors). Even if students only have their user names, they can still reset their passwords.

Although the worksheet is self-explanatory, you may want to walk through the assignment yourself prior to leading students through the activity in case they need assistance.

Post-Activity Discussion

Ask students if they were surprised at how much training is needed for the occupations they researched. Do they feel that they possess the characteristics that would make them successful in these occupations? Did this activity strengthen their interest in a particular occupation, or did it make them realize they might not be a good fit for it?



Additional Activity Option

Divide students into discussion groups based on interest area. Have them discuss their findings with one another. This might expose students to occupations they hadn't previously considered.