

**Subject**  
Language Arts  
Health

**Concept**  
Self-Evaluation  
Communication

**Grade Level**  
4 - 5

**National Career Guidelines**  
Competency II  
Skills to Interact Positively with Others

**Type of Activity**  
Individual with Group Discussion

**Related Occupations**  
All Occupations

## Say it Again, Sam

Students will use positive communications skills when expressing needs, wants, and feelings and identify the skills needed to be a responsible friend and family member.

### MATERIALS/SUPPLIES

“Say it Again, Sam” worksheet

### ACTIVITY

- Ask the students to complete “Say it Again, Sam” worksheets.
- Discuss with students their responses to the worksheet.
- Have students discuss how crudely stated criticisms hurt people’s feelings and are destructive to friendships while considerately stated suggestions can be helpful.

### EVALUATION

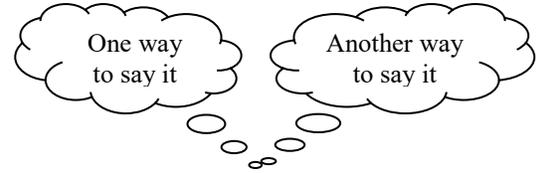
Evaluation will be based on completion of “Say it again, Sam” worksheet and group discussion.

## Say it Again, Sam

People often say things that hurt other people's feelings. Read the remarks under "One Way to Say It." Then write the correct letter of "Another Way to Say It" from the list below.

### One Way to Say It

1. \_\_\_\_\_ "Lester, you are so clumsy!"
2. \_\_\_\_\_ "Stupid Joanne, don't you know how to look up words?"
3. \_\_\_\_\_ "During class is not the time for that!"
4. \_\_\_\_\_ "Oh, Cory always has crummy ideas."
5. \_\_\_\_\_ "Don't choose Iris. She can't catch the ball!"



### Another Way to Say It

- A. "These ideas don't quite fit. We might change them a little."
- B. "Maybe we could choose a different time."
- C. "If you watched where you were going, you may not bump into things as much."
- D. "Perhaps we could use her for another activity."
- E. "Some practice with the dictionary would help you."

### Care to Try It?

Say It Again Sam. Rewrite each of the remarks on the lines below.

I think Ellen is a liar.

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Audrey is just too dumb to do that project.

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Everett is too lazy to be on my committee.

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Someone stole my pencil.

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Don't you think Gail acts weird sometimes?

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