

Lesson Plan

GRADE K, PLANET R | WHAT PEOPLE DO AT WORK

Objectives

- Students can name activities performed by people at work.
- Students recognize different tasks are performed by different types of work.
- Students identify some tasks they might want to do in the future.

Preparation & Materials Needed

- Copies of My School Menu worksheet for each student.
- Crayons or markers for students.
- Chalkboard/whiteboard or chart paper with markers..

Lesson Plan

Total Time: 25-30 minutes

INTRODUCTION 1-2 Minutes	Today we are exploring the Galaxy! This Galaxy is made up of places where people work. Each time we meet, we will visit different planets in the Galaxy. Today we are learning about Planet R and learning what people do on Planet R.
WATCH 5-6 Minutes	Let's visit Planet R! Listen and watch carefully for what people do on Planet R. Watch the video together , then select 2-3 of these to ask: <ul style="list-style-type: none">• <i>What do you see in the video?</i>• <i>Did you see anything in the video that you have never seen before?</i>• <i>What kinds of things do you see people doing in the video?</i>• <i>What was the garbage truck doing?</i>• <i>What was the cook doing?</i>• <i>What about either job sounds fun?</i> Discuss students' responses together.



PLAY**8-10 Minutes**

As a group together or on their own devices, play the game and complete the activity. Students can also skip the game.

PRE-ACTIVITY**2-3 Minutes**

Today, we are all the school cooks, and we must plan lunch.

Write on the board: School Menu

School cooks must think about what kinds of food to serve students during the school day. We eat healthy food, so our bodies feel good, and our brains are ready to learn.

Raise your hand if you can think of a healthy food we could serve at school today.

Draw on the board: A simple picture of the food item suggested by a student.

Great job! Today, we are serving (suggested food) at school. This is a healthy food that will help the students feel their best. Let's sound out this word together. What sound do you hear at the beginning of this word? What letter does this word start with?

Tip for Classroom Leader: *Sound out the word using syllables.*

Speak slowly and say each syllable clearly.

1. *For example: "Ba-na-na"*
2. *What sound do you hear at the beginning of this word? "Ba"*
3. *What letter does this word start with? "B"*

Write on the board: The first letter of the word under the picture.

ACTIVITY

7-9 Minutes

Since you are school cooks today, you are going to create school menus! Remember, we want the students to feel their best. I am going to give you an empty school menu. Draw a picture of two healthy foods you will be serving today at school.

Pass out the Menu worksheets.

Remember, we want the students to feel their best. Draw a picture of two healthy foods you will be serving today at school. When you are done, please bring your menu to the front of the room.

As students bring their menus to the front of the classroom, compile them so you can view together.

Great job! Can you tell me about the two foods you are serving today at school? Great job choosing healthy foods! The students will feel their best today. You are working hard as school cooks!

Call out a few of the foods that students drew. Note the letter that some of the foods start with.

CONCLUSION

1 Minute

Today, we visited Planet R, and you worked as do-ers making school menus for students to have healthy foods. Next time we visit the Galaxy, we will be exploring new things together!

KR ACTIVITY | MY SCHOOL MENU

My Name: _____

Draw a picture of two healthy foods you will be serving today at school. Raise your hand when you are done.



School Menu



Healthy Food #1

Healthy Food #2