

Pre-Launch Lesson Plan

GRADE K, PLANET S | EXPLORING SOCIAL HELPERS

Objectives

- Students will understand the role of social helpers in their communities.
- Students will explore examples of helpers and their contributions.
- Students will begin to recognize how their own actions can help others.

Preparation & Materials Needed

- Paper
- Crayons/Markers
- Whiteboard/Chart Paper

Lesson Plan

Total Time: 22-28 minutes

INTRODUCTION

5-7 Minutes

Begin by writing the words “Social” and “Helpers” on the board.

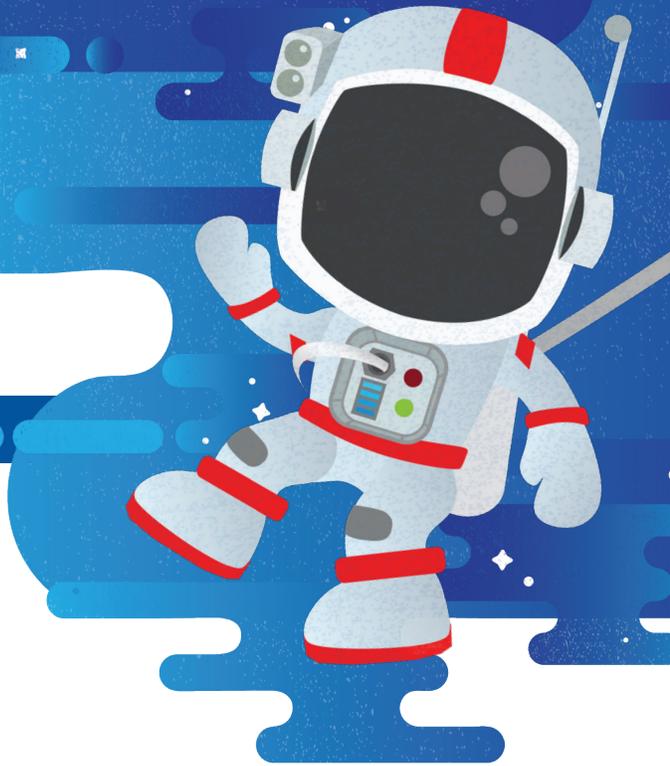
Ask students:

- *What do these words mean to you?*
- *What does it mean to help others?*

Write their responses on the board to see their understanding. Introduce the concept of helpers, like teachers, nurses, and social workers who work to support and care for others.

Ask students to think about their own experiences of helping or being helped. You can prompt them to think about who helps them at school, at home, and in the community.

Explain that this week they will take an exciting adventure in Galaxy to the Planet S, where they will learn about social helpers that work together to make life better for everyone.



ACTIVITY**15-18 Minutes**

Introduce the activity by explaining to students that today you are going to draw a helper that you may see on **Planet S**.

1. Ask students to think of someone who helps them, like a teacher, doctor, or parent.
2. Give each student a piece of paper and crayons/markers.
3. Have students draw their helper, whether it's someone they've met before or an imagined helper like one on Planet S.
4. As they draw, prompt them to think about how this helper makes their life better.
5. Once everyone finishes, invite them to share their drawings with the class, with the context below.

As students share their drawings, encourage them to explain how their helper contributes to their life. This sharing helps students connect the idea of being a helper to the ways they can also help others in small ways, like sharing or being kind.

Additional questions you can ask students as they share:

- *Why is your helper important to you?*
- *How do you feel when you receive help?*
- *How do you think your helper feels after helping others?*
- *Can you think of a time when you helped someone? How did that make you feel?*

CONCLUSION**2-3 Minutes**

Remind students that just like the helpers on Planet S, they too can be helpers by being kind, friendly, and cooperative. Encourage students to think of one way they could help someone today. Discuss how helping others can make us feel good inside, just like how helpers on Planet S feel.