



## Post-Launch Lesson Plan

### GRADE 5, PLANET R | SHADOWING SUMMARY

#### Objectives

- Students can name and describe six ways to learn more about occupations that interest them: job shadowing, internships, informational interviews, volunteering and service learning, taking leadership roles, and library and online research.
- Students reflect on and begin to express their own work-related interests and preferences and how that might affect their career choices.
- Students identify and evaluate resources for learning about occupations and job opportunities.

#### Preparation & Materials Needed

- Copies of the *Shadowing Recall* worksheet for each student.
- Chalkboard/whiteboard or chart paper with markers.

#### Lesson Plan

Total Time: 13-18 minutes

##### INTRODUCTION

5-7 Minutes

Welcome students back from their journey to Planet R. Take a few minutes to process their visit:

- *How many of you already knew some of the things people on Planet R do from your previous Kuder Galaxy visits?*
- *What new realistic occupations did you learn about this time? (e.g. diver, furniture finisher, tailor, landscape gardener, welder, cabinetmaker, truck driver, surveyor, plumber, civil engineer, pilot, forester, crane operator, etc.)*
- *Did anyone rate high for interests in activities that are typical of Planet R?*

Engage the class in a discussion about the lessons they learned regarding job shadowing:

- *Do recall the information about job shadowing? What is a job shadow?*
- *How long does a typical job shadow experience last? Answer: A few hours or a whole day.*
- *Do you recall some of the differences between job shadowing and an apprenticeship or internship experience?*



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| <b>INTRODUCTION</b><br>(continued)<br>5-7 Minutes | <ul style="list-style-type: none"> <li>◦ <i>Job shadowing is typically shorter in duration.</i></li> <li>◦ <i>Apprenticeships/internships:</i> <ul style="list-style-type: none"> <li>▪ <i>Are usually longer in duration.</i></li> <li>▪ <i>May lead to a job offer.</i></li> <li>▪ <i>Could be paid or unpaid.</i></li> </ul> </li> <li>• <i>Do you remember who can help you find a job shadowing experience? <b>Answer:</b> A teacher, counselor, parent, or other adult.</i></li> </ul>   |
| <b>ACTIVITY</b><br>7-9 Minutes                    | <p>Introduce the worksheet activity by asking the class to take a moment and think of a time when they observed their parents or another adult completing a task or other type of work such as:</p> <ul style="list-style-type: none"> <li>• <i>Changing a tire.</i></li> <li>• <i>Preparing a meal.</i></li> <li>• <i>Building a shed.</i></li> <li>• <i>Mending or repairing a garment.</i></li> </ul> <p>Tell students to hold that memory in their mind, explaining that their past observations of a parent or adult completing a task are similar to what a job shadow experience is like.</p> <p>Distribute the <i>Shadowing Recall</i> worksheet. Instruct students to put their name at the top of the worksheet, then list <i>who</i> they observed, doing <i>what task</i>, and anything that they <i>learned</i> from the experience.</p> <p>After students have completed their worksheets, have them pair and share their personal <i>Shadowing Recall</i> answers with another student. Bring the entire class together again and ask several student volunteers to read their experience out loud to the rest of the class.</p> <p>Ask students if the <i>Shadowing Recall</i> experience they wrote about was enjoyable or not enjoyable. Share that job shadowing experiences can help individuals discover an occupation that they really like, or just the opposite. Explain that finding out that you do not like an occupation through a job shadowing experience can be just as important as discovering that you do not like it.</p> |
| <b>EXTENSION</b>                                  | <p>To extend the lesson, instruct students to ask their parents or guardian if they can observe them at work or in the process of completing a task. Ask students to return to class following the mock job shadowing experience and share what the experience was like.</p>   |
| <b>CONCLUSION</b><br>1 Minute                     | <p>Conclude the lesson by sharing that students will be learning about additional ways to explore their interests in their next visit to the Kuder Galaxy.</p>   |

**5R ACTIVITY | SHADOWING SUMMARY**

My Name: \_\_\_\_\_

In the boxes below, write a sentence or two about *who* you observed, doing *what* task and what you *learned* through your observation.

WHO I observed

Doing WHAT task

WHAT I learned