

## Pre-Launch Lesson Plan

### GRADE 5, PLANET S | STEP-BY-STEP VOLUNTEERING

#### Objectives

- Students can name and describe six ways to learn more about occupations that interest them: job shadowing, internships, informational interviews, volunteering and service learning, taking leadership roles, and library and online research.
- Students reflect on and begin to express their own work-related interests and preferences and how that might affect their career choices.

#### Preparation & Materials Needed

- Chalkboard/whiteboard or chart paper and markers.

#### Lesson Plan

Total Time: 13-16 minutes

#### INTRODUCTION

4-6 Minutes

Share with students that on their next journey to the Kuder Galaxy they will be visiting Planet S. Ask the class:

- *Do you recall from previous Kuder Galaxy visits what the "S" in Planet S refers to? Answer: Social.*
- *Can you remember some typical careers of people on Planet S? (e.g. childcare worker, counselor, teacher, nanny, tour guide, physical therapist, nurse practitioner, speech pathologist, dental hygienist, etc.)*

Remind the class that workers on the social planet are friendly, caring, and like to help others. That is why they are often called "helpers."

Explain that one way to help others is through volunteering. Ask students if anyone has ever volunteered.

- *What volunteer activity did you do?*
- *Where did you volunteer?*
- *Did you feel like you were helping others? Was it enjoyable?*

After processing students' stories, explain that volunteering not only helps others but is a good way to learn about different occupations.



**ACTIVITY****5-7 Minutes**

Introduce the activity — which can be conducted with the entire class or in small groups — by telling students that you want their help in listing the steps a person would need to take in order to find and begin a volunteer experience. Explain that it can be helpful to know what would have to be done first, second, third and so forth.

Begin by asking the class what might be the first step to finding a volunteering opportunity. Write valid student responses on the chalkboard/whiteboard or chart paper. Use the following steps as a guide:

- Step 1: Explore what volunteer experiences are available.
  - Ask students how they would do this.
  - Ask students where they would look.
- Step 2: Ask someone if volunteer experiences are available.
- Step 3: Ask what type of volunteer help is needed.
- Step 4: Ask how much time or effort is required.

If time allows, ask students what words they would use to ask someone about a volunteer experience.

**CONCLUSION****1-2 Minutes**

Tell the class that during their visit to Planet S they will be learning more about volunteer experiences and how they are a great way to explore careers.