

# Birth Control 101

Go to [stayteen.org](http://stayteen.org). Scroll down and click on the birth control 101 picture. (Click on the icons on the top right of the birth control explorer page.)

1. List the 6 most effective forms of birth control.
2. List 6 non-hormonal forms of birth control.
3. List 3 forms that prevent Sexually Transmitted Infections (STI).
4. What forms of birth control do not require a doctors visit?
5. What form is the ONLY 100% effective form of birth control?

Term	Definition
Abstinence (Waiting)	
Implant	
Skyla	
Paraguard	

The shot	
Male Condom	
The Pill	
The Sponge	
The Patch	
The Ring	
Female Condom	
Diaphragm	
Withdrawl	
Emergency Contraception	