

## TWEEN LIFE

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### Alignment with: National Standards for Family and Consumer Sciences Education

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Competencies		Unit Objectives	
Area of Study 1.0			
Career, Community and Family Connections			
Content Standard			
1.1	1.1 Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global).		
Competencies			
1.1.1	Summarize local and global policies, issues, and trends in the workplace and community that affect individuals and families.		
1.1.2	Analyze the effects of social, economic, and technological change on work and family dynamics.		
1.1.3	Analyze ways that individual career goals can affect the family's capacity to meet goals for all family members.	2.12 2.13	Define types of decisions and their consequences. Identify types of decisions. (Assignment Sheet 5)
1.1.4	Analyze potential effects of career path decisions on balancing work and family.		
1.1.5	Define goals for life-long learning and leisure opportunities for all family members.	2.2 6.9 14.1 14.5	Define short-term and long-term goals. Evaluate your lifestyle and develop a healthy lifestyle plan. (Assignment Sheet 3) Describe the connection between personality, interests and abilities, and career selection. Discuss post-secondary education options.
1.1.6	Develop a life plan, including pathways to acquiring the knowledge and skills needed to achieve individual, family, and career goals.	2.1 2.2 2.3 2.4	Identify priorities, needs, and wants when setting goals. Define short-term and long-term goals. Recognize the difference between short-term goals and long-term goals. (Assignment Sheet 1) Identify characteristics of good goals.

		2.5	Identify types of resources.
		2.8	Identify types of resources. (Assignment Sheet 2)
		2.9	Express personal goals, resources and barriers. (Assignment Sheet 3)
		6.9	Evaluate your lifestyle and develop a healthy lifestyle plan. (Assignment Sheet 3)
Content Standard			
1.2	Demonstrate transferable and employability skills in school, community, and workplace settings.		
Competencies			
1.2.1	Analyze potential career choices to determine the knowledge, skills, and attitudes associated with each career.	14.1	Describe the connection between personality, interests and abilities, and career selection.
		14.2	Complete an interest inventory. (Assignment Sheet 1)
		14.7	Discuss sources of career information.
		14.8	Research a job. (Assignment Sheet 3)
1.2.2	Demonstrate job seeking and job keeping skills.	1.5	Define ethics.
		1.6	Analyze how ethics and behavior are related.
		1.7	Develop a personal code of ethics. (Assignment Sheet 3)
		1.8	Recognize difficulties in ethical decisions.
		1.9	Practice ethical decision-making. (Assignment Sheet 4)
		1.13	Identify signs of respect in relating to others.
		1.14	Identify leadership qualities and opportunities.
		1.15	Analyze qualities of a positive role model. (Assignment Sheet 6)
		2.14	Use the decision-making process.
		2.15	Apply the decision-making process to

			situations. (Assignment Sheet 6)
		2.16	Define problem-solving and understand when problem-solving is necessary.
		2.17	Use the problem-solving process.
		3.5	Recognize ways to improve personality.
		3.10	Identify and explain ways to improve self-esteem. (Assignment Sheet 3)
		3.12	Identify ways to manage emotions.
		3.14	Analyze a situation involving emotions. (Assignment Sheet 5)
		4.17	Identify types and styles of communication.
		4.18	Analyze non-verbal communication to determine meaning. (Assignment Sheet 5)
		4.19	Discuss ways to solve conflicts.
		4.20	Demonstrate conflict resolution strategies. (Assignment Sheet 6)
		6.16	Identify benefits of managing time.
		6.17	Recognize time wasters.
		6.18	List ways to save time.
		6.19	Interpret directions. (Assignment Sheet 5)
		6.21	Develop a time schedule. (Assignment Sheet 6)
		6.22	Complete the FCCLA Planning Process. (Assignment Sheet 7)
		6.25	Evaluate personal work habits. (Assignment Sheet 8)
		13.16	Discuss ways to manage issues that arise when sharing a space.
		13.18	Respond to scenarios about sharing space with others. (Assignment Sheet 9)
		14.14	List items included on a resume.

		<p>14.16 Complete a resume. (Assignment Sheet 6)</p> <p>14.17 Describe the use of references.</p> <p>14.18 Create a list of references. (Assignment Sheet 7)</p> <p>14.19 Complete a simple job application. (Assignment Sheet 8)</p>
1.2.3	Apply communication skills in school, community and workplace settings.	<p>4.17 Identify types and styles of communication.</p> <p>4.18 Analyze non-verbal communication to determine meaning. (Assignment Sheet 5)</p> <p>4.19 Discuss ways to solve conflicts.</p> <p>4.20 Demonstrate conflict resolution strategies. (Assignment Sheet 6)</p> <p>5.15 Identify refusal skills.</p> <p>5.16 Practice using refusal skills in written scenarios. (Assignment Sheet 5)</p> <p>10.4 Practice communication with parents. (Assignment Sheet 1)</p> <p>11.12 Create an emergency contact card. (Assignment Sheet 4)</p> <p>11.14 Identify basis refusal skills.</p> <p>13.16 Discuss ways to manage issues that arise when sharing a space.</p> <p>13.17 List ways to show respect and consideration when sharing public spaces at home.</p> <p>13.18 Respond to scenarios about sharing space with others. (Assignment Sheet 9)</p>
1.2.4	Demonstrate teamwork skills in school, community and workplace settings.	<p>1.13 Identify signs of respect in relating to others.</p> <p>3.12 Identify ways to manage emotions.</p> <p>3.14 Analyze a situation involving emotions. (Assignment Sheet 5)</p>

1.2.5	Analyze strategies to manage the effects of changing technologies in workplace settings.		
1.2.6	Demonstrate leadership skills and abilities in school, workplace and community settings.	1.1 1.2 1.3 1.5 1.6 1.7 1.8 1.9 1.13 1.14 1.15 2.10 2.14 2.15 2.16 2.17 3.12 4.17 4.18 4.19	Define values. Identify values in examples. (Assignment Sheet 1) Discuss sources of values. Define ethics. Analyze how ethics and behavior are related. Develop a personal code of ethics. (Assignment Sheet 3) Recognize difficulties in ethical decisions. Practice ethical decision-making. (Assignment Sheet 4) Identify signs of respect in relating to others. Identify leadership qualities and opportunities. Analyze qualities of a positive role model. (Assignment Sheet 6) Identify ways to learn from success and failure. Use the decision-making process. Apply the decision-making process to situations. (Assignment Sheet 6) Define problem-solving and understand when problem-solving is necessary. Use the problem-solving process. Identify ways to manage emotions. Identify types and styles of communication. Analyze non-verbal communication to determine meaning. (Assignment Sheet 5) Discuss ways to solve conflicts.

		4.20	Demonstrate conflict resolution strategies. (Assignment Sheet 6)
		6.16	Identify benefits of managing time.
		6.17	Recognize time wasters.
		6.18	List ways to save time.
1.2.7	Analyze factors that contribute to maintaining safe and healthy school, work and community environments.	11.1	Describe procedures to follow during a minor emergency.
		11.2	Plan items to include in a safety bag or box. (Assignment Sheet 1)
		11.3	List basic first aid steps.
		11.4	Identify fire safety procedures.
		11.6	Describe tornado safety procedures.
		11.7	Develop a tornado safety plan. (Assignment Sheet 3)
		11.10	Identify guidelines for staying safe around others.
		11.11	Discuss safe and unsafe situations.
		11.12	Create an emergency contact card. (Assignment Sheet 4)
		11.13	Respond to safety situations. (Assignment Sheet 5)
		11.14	Identify basic refusal skills.
		11.15	List guidelines for safe internet use.
		11.16	Respond to online safety situations. (Assignment Sheet 6)
1.2.8	Demonstrate work ethics and professionalism.	1.5	Define ethics.
		1.6	Analyze how ethics and behavior are related.
		1.7	Develop a personal code of ethics. (Assignment Sheet 3)
		1.8	Recognize difficulties in ethical decisions.
		1.9	Practice ethical decision-making. (Assignment Sheet 4)
		1.13	Identify signs of respect in relating to others.

		3.12	Identify ways to manage emotions.
Content Standard			
1.3	Evaluate the reciprocal effects of individual and family participation in community activities.		
Competencies			
1.3.1	Analyze goals that support individuals and family members in carrying out community and civic responsibilities.	1.16	Define citizenship and roles of citizens.
1.3.2	Demonstrate skills that individuals and families can utilize to support civic engagement in community activities.	1.16 6.16 6.17 6.18 9.4 9.6 9.8 9.13	Define citizenship and roles of citizens. Identify benefits of managing time. Recognize time wasters. List ways to save time. Differentiate between needs and wants. Discuss wise spending habits. Create a budget. (Assignment Sheet 3) Discuss ways to save money.
1.3.3	Analyze personal and family assets and skills that provide service to the community.	6.25 14.2 14.10 14.11	Evaluate personal work habits. (Assignment Sheet 8) Complete an interest inventory. (Assignment Sheet 1) Research local volunteer and job-shadow opportunities. (Assignment Sheet 4) Discuss the benefits of volunteering.
1.3.4	Analyze community resources and systems of formal and informal support available to individuals and families.		
1.3.5	Analyze the effects of public policies, agencies, and institutions on the family.		
1.3.6	Identify ways individuals and families can influence change in policies, agencies, and institutions that affect individuals and families.	1.16	Define citizenship and roles of citizens.
Area of Study 2.0 Consumer and Family Resources			
Content Standard			
2.1	Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.		
Competencies			
2.1.1	Apply management and planning skills and processes to organize tasks and responsibilities.	2.14 2.15	Use the decision-making process. Apply the decision-making process to

		<p>situations. (Assignment Sheet 6)</p> <p>2.16 Define problem-solving and understand when problem-solving is necessary.</p> <p>2.17 Use the problem-solving process.</p> <p>6.22 Complete the FCCLA Planning Process. (Assignment Sheet 7)</p> <p>6.16 Identify benefits of managing time.</p> <p>6.17 Recognize time wasters.</p> <p>6.18 List ways to save time.</p> <p>7.13 List steps in the food lab planning process.</p> <p>7.17 Demonstrate the food lab planning process. (Assignment Sheet 7)</p> <p>8.13 Identify principles for selecting and planning a wardrobe.</p> <p>8.14 Apply wardrobe selection principles to an example situation. (Assignment Sheet 5)</p> <p>9.7 Create a shopping plan. (Assignment Sheet 2)</p> <p>9.8 Create a budget. (Assignment Sheet 3)</p> <p>12.16 Plan for a recycle/reuse program in your school. (Assignment Sheet 8)</p> <p>13.5 Identify ways to control clutter.</p> <p>13.6 Design a clutter-control plan. (Assignment Sheet 3)</p> <p>13.9 Identify benefits of a cleaning schedule.</p> <p>13.10 Create a cleaning schedule. (Assignment Sheet 6)</p>
2.1.2	Analyze how individuals and families make choices to satisfy needs and wants.	<p>2.1 Identify priorities, needs, and wants when setting goals.</p> <p>2.2 Define short-term and long-term goals.</p> <p>2.3 Recognize the difference between short-term and</p>

			long-term goals. (Assignment Sheet 1)
		2.11	Practice setting goals. (Assignment Sheet 4)
		2.14	Use the decision-making process.
		2.15	Apply the decision-making process to situations. (Assignment Sheet 6)
		6.8	Evaluate snack choices. (Assignment Sheet 2)
		7.15	Analyze ways to stretch your food dollar.
		7.16	Conduct a cost comparison between preparing food at home and eating out. (Assignment Sheet 6)
		8.3	Identify ways to make a good impression with clothing.
		8.4	Explain how to dress to fit body type.
		8.8	Describe appropriate clothing for various occasions.
		8.13	Identify principles for selecting and planning a wardrobe.
		8.14	Apply wardrobe selection principles to an example situation. (Assignment Sheet 5)
		8.16	Explain the value of being able to sew.
		9.4	Differentiate between needs and wants.
		9.5	Identify needs and wants in recent purchases. (Assignment Sheet 1)
		9.6	Discuss wise spending habits.
		9.9	Identify factors to consider before buying.
		9.13	Discuss ways to save money.
		9.17	Identify advantages and disadvantages of online shopping.
		12.9	List ways to use less electricity, water, and paper.

		<p>12.13 List ways to reuse household items.</p> <p>12.15 Discuss ways to make “green” a habit.</p> <p>13.11 Identify ways to make your living space reflect your personal style.</p> <p>13.13 Explain the need to be budget-conscious in designing a room.</p> <p>13.15 Identify ways to increase your personal privacy.</p>
2.1.3	Analyze decisions about providing safe and nutritious food for individuals and families.	<p>6.2 Identify the six nutrients.</p> <p>6.3 Identify the food groups in MyPlate.</p> <p>6.4 Discuss how calories affect health and wellness.</p> <p>6.5 Determine calories in various foods. (Assignment Sheet 1)</p> <p>6.6 Identify ways to reduce unhealthy foods and choose healthy foods.</p> <p>6.8 Evaluate snack choices. (Assignment Sheet 2)</p> <p>7.6 Identify safety guidelines.</p> <p>7.14 Identify proper use of a microwave.</p>
2.1.4	Apply consumer skills to providing and maintaining clothing.	<p>8.1-8.20 Recognize how clothing affects self-esteem. Describe how clothing projects an image. Identify ways to make a good impression with clothing. Explain how to dress to fit body type. Identify factors in basic clothing design. Demonstrate effects of basic clothing design. (Assignment Sheet 1) Determine flattering colors. (Assignment Sheet 2) Describe appropriate clothing for various occasions. Discuss clothing care.</p>

			<p>Analyze clothing care labels. (Assignment Sheet 3)</p> <p>Discuss clothing storage and organization.</p> <p>Examine clothing storage methods. (Assignment Sheet 4)</p> <p>Identify principles for selecting and planning a wardrobe.</p> <p>Apply wardrobe selection principles to an example situation. (Assignment Sheet 5)</p> <p>Determine cost per wear. (Assignment Sheet 6)</p> <p>Explain the value of being able to sew.</p> <p>Recognize safe sewing practices.</p> <p>Define basic sewing terms and skills.</p> <p>Demonstrate basic sewing skills. (Job Sheet 1)</p> <p>Demonstrate sewing on a button. (Job Sheet 2)</p>
2.1.5	Apply consumer skills to decisions about housing, utilities, and furnishings.	<p>12.9</p> <p>13.1</p> <p>13.2</p> <p>13.3</p> <p>13.4</p> <p>13.5</p> <p>13.6</p> <p>13.7</p> <p>13.8</p>	<p>List ways to use less electricity, water, and paper.</p> <p>Define personal living space.</p> <p>Describe methods for arranging furniture.</p> <p>Evaluate your space. (Assignment Sheet 1)</p> <p>Arrange your space. (Assignment Sheet 2)</p> <p>Identify ways to control clutter.</p> <p>Design a clutter-control plan. (Assignment Sheet 3)</p> <p>Design storage from reusable materials. (Assignment Sheet 4)</p> <p>Create storage from reusable materials. (Assignment Sheet 5)</p>

		13.11	Identify ways to make your living space reflect your personal style.
		13.12	Identify examples of design elements. (Assignment Sheet 7)
		13.13	Explain the need to be budget-conscious in designing a room.
		13.14	Create your dream design. (Assignment Sheet 8)
		13.15	Identify ways to increase your personal privacy.
		13.16	Discuss ways to manage issues that arise when sharing a space.
		13.17	List ways to show respect and consideration when sharing public spaces at home.
		13.18	Respond to scenarios about sharing space with others. (Assignment Sheet 9)
2.1.6	Summarize information about procuring and maintaining health care to meet the needs of individuals and family members.		
2.1.7	Apply consumer skills to decisions about recreation.	6.1	Differentiate between health and wellness.
		6.9	Evaluate your lifestyle and develop a healthy lifestyle plan. (Assignment Sheet 3)
		6.13	Identify types of exercise and reasons for exercise.
2.1.8	Apply consumer skills to acquire and maintain transportation that meets the needs of individuals and family members.	2.1	Identify priorities, needs, and wants when setting goals.
		2.2	Define short-term and long-term goals.
		2.3	Recognize the difference between short-term and long-term goals. (Assignment Sheet 1)

Content Standard			
2.2	Analyze the relationship of the environment to family and consumer resources.		
Competencies			
2.2.1	Analyze individual and family responsibility in relation to the environmental trends and issues.	12.1 12.2 12.4 12.5	Describe living green and why it's important. Discuss effects of pollution. Understand your carbon footprint. Calculate your carbon footprint. (Assignment Sheet 2)
2.2.2	Summarize environmental trends and issues affecting families and future generations.	12.1 12.2 12.6	Describe living green and why it's important. Discuss effects of pollution. Discuss the benefits of recycling.
2.2.3	Demonstrate behaviors that conserve, reuse, and recycle resources to maintain the environment.	12.4 12.5 12.6 12.7 12.8 12.9 12.11 12.12 12.13 12.14 12.15 12.16	Understand your carbon footprint. Calculate your carbon footprint. (Assignment Sheet 2) Discuss the benefits of recycling. Identify the number system for recycling plastics. Demonstrate knowledge of plastic recycling codes. (Assignment Sheet 3) List ways to use electricity, water, and paper. Analyze ways your school conserves resources. (Assignment Sheet 5) Set goals for living green. (Assignment Sheet 6) List ways to reuse household items. Design a reused item. (Assignment Sheet 7) Discuss ways to make "green" a habit. Plan for a recycle/reuse program in your school. (Assignment Sheet 8)
2.2.4	Explain government regulations for conserving natural resources.		

Content Standard			
2.3	Analyze policies that support consumer rights and responsibilities.		
Competencies			
2.3.1	Analyze state and federal policies and laws providing consumer protection.	9.2	Identify consumer rights and responsibilities.
2.3.2	Analyze how policies become laws relating to consumer rights.		
2.3.3	Analyze skills used in seeking information to consumer rights.		
Content Standard			
2.4	Evaluate the effects of technology on individual and family resources.		
Competencies			
2.4.1	Summarize types of technology that affect family and consumer decision-making.		
2.4.2	Analyze how media and technological advances affect family and consumer decisions.		
2.4.3	Assess the use of technology and its effect on quality of life.		
Content Standard			
2.5	Analyze relationships between the economic system and consumer actions.		
Competencies			
2.5.1	Analyze the use of resources in making choices that satisfy needs and wants of individuals and families.	9.1 9.6 9.14 9.15	Identify sources of income. Discuss wise spending habits. Compare cost, design, and quality of different brands. (Assignment Sheet 6) Identify methods of payment.
2.5.2	Analyze individual and family roles in the economic system.		
2.5.3	Analyze economic effects of laws and regulations that pertain to consumers and providers of services.		
2.5.4	Analyze practices that allow families to maintain economic self-sufficiency.	2.1 2.2 2.3 7.15 7.16	Identify priorities, needs, and wants when setting goals. Define short-term and long-term goals. Recognize the difference between short-term and long-term goals. (Assignment Sheet 1) Analyze ways to stretch your food dollar. Conduct a cost comparison between preparing food at home

		<p>and eating out. (Assignment Sheet 6)</p> <p>8.15 Determine cost per wear.</p> <p>8.16 Explain the value of being able to sew.</p> <p>8.19 Demonstrate basic sewing skills. (Job Sheet 1)</p> <p>8.20 Demonstrate sewing on a button. (Job Sheet 2)</p> <p>9.4 Differentiate between needs and wants.</p> <p>9.5 Identify needs and wants in recent purchases. (Assignment Sheet 1)</p> <p>9.6 Discuss wise spending habits.</p> <p>9.7 Create a shopping plan. (Assignment Sheet 2)</p> <p>9.8 Create a budget. (Assignment Sheet 3)</p> <p>9.9 Identify factors to consider before buying.</p> <p>9.13 Discuss ways to save money.</p> <p>12.9 List ways to use less electricity, water, and paper.</p> <p>12.10 Share tips for conserving resources. (Assignment Sheet 4)</p> <p>12.13 List ways to reuse household items.</p> <p>13.7 Design storage from reusable materials. (Assignment Sheet 4)</p> <p>13.8 Create storage from reusable materials. (Assignment Sheet 5)</p> <p>13.13 Explain the need to be budget-conscious in designing a room.</p>
Content Standard		
2.6	Demonstrate management of financial resources to meet the goals of individuals and families across the life span.	
Competencies		
2.6.1	Evaluate the need for personal and family financial planning.	<p>2.1 Identify priorities, needs, and wants when setting goals.</p> <p>2.2 Define short-term and long-term goals.</p>

		2.3	Recognize the difference between short-term and long-term goals. (Assignment Sheet 1)
		2.5	Identify types of resources.
		9.4	Differentiate between needs and wants.
		9.5	Identify needs and wants in recent purchases. (Assignment Sheet 1)
2.6.2	Apply management principles to individual and family financial practices.	9.6	Discuss wise spending habits.
		9.7	Create a shopping plan. (Assignment Sheet 2)
		9.8	Create a budget. (Assignment Sheet 3)
		9.9	Identify factors to consider before buying.
		9.13	Discuss ways to save money.
		9.14	Compare cost, design, and quality of different brands. (Assignment Sheet 6)
2.6.3	Apply management principles to decisions about insurance for individuals and families.		
2.6.4	Evaluate personal and legal documents related to managing individual and family finances.		
Area of Study 3.0			
Consumer Services			
Content Standard			
3.1	Analyze career paths within consumer service industries.		
Competencies			
3.1.1	Explain roles and functions of individuals engaged in consumer service careers.	14.6	Describe how to use career clusters.
		14.7	Discuss sources of career information.
		14.8	Research a job. (Assignment Sheet 3)
3.1.2	Analyze opportunities for employment and entrepreneurial endeavors.	14.6	Describe how to use career clusters.
		14.7	Discuss sources of career information.
		14.8	Research a job. (Assignment Sheet 3)
3.1.3	Summarize education and training requirements and opportunities for career paths in consumer services.	14.6	Describe how to use career clusters.
		14.7	Discuss sources of career information.
		14.8	Research a job. (Assignment Sheet 3)

3.1.4	Analyze the effects of the consumer service industry on local, state, national, and global economies.		
3.1.5	Create an employment portfolio for use with applying for internships and work-based learning opportunities in consumer service careers.	14.12 14.13	List items included in a personal portfolio. Write about experiences to list in a portfolio. (Assignment Sheet 5)
3.1.6	Analyze the role of professional organizations in consumer service professions.		
Content Standard			
3.2	Analyze factors that affect consumer advocacy.		
Competencies			
3.2.1	Analyze the role of advocacy groups at state and national levels.		
3.2.2	Analyze the contributions of policy makers to consumer advocacy.		
3.2.3	Demonstrate strategies that enable consumers to become advocates.		
3.2.4	Analyze the effects of consumer protection laws on advocacy.	9.2	Identify consumer rights and responsibilities.
3.2.5	Apply strategies to reduce the risk of consumer fraud.	9.10 9.18	List types of advertising. Discuss ways to protect yourself when shopping online.
3.2.6	Analyze the role of media in consumer advocacy.	9.10	List types of advertising.
3.2.7	Analyze the effects of business and industry policies and procedures on advocacy.		
3.2.8	Analyze the use of educational and promotional materials in consumer advocacy.	9.11	Analyze an advertisement. (Assignment Sheet 4)
Content Standard			
3.3	Analyze factors in developing a long-term financial management plan		
Competencies			
3.3.1	Explain the effects of the economy on personal income, individual and family security, and consumer decisions.	7.15 7.16 9.13 12.1 12.9 12.10	Analyze ways to stretch your food dollar. Conduct a cost comparison between preparing food at home and eating out. (Assignment Sheet 6) Discuss ways to save money. Describe living green and why it's important. List ways to use less electricity, water, and paper. Share tips for conserving resources. (Assignment Sheet 4)

3.3.2	Demonstrate components of a financial planning process that reflect the distinction between needs, wants, values, goals, and economic resources.	1.1 1.2  1.3 2.1  2.2  2.3  2.5  2.6  2.7  2.8  2.9  9.4  9.5	Define values. Identify values in examples. (Assignment Sheet 1) Discuss sources of values. Identify priorities, needs, and wants when setting goals. Define short-term and long-term goals. Recognize the difference between short-term and long-term goals. (Assignment Sheet 1) Identify types of resources. List barriers to reaching goals. List ways to overcome barriers. Identify types of resources. (Assignment Sheet 2) Express personal goals, resources, and barriers. (Assignment Sheet 3) Differentiate between needs and wants. Identify needs and wants in recent purchases. (Assignment Sheet 1)
3.3.3	Analyze the effect of consumer credit in long-term financial planning.	9.15	Identify methods of payment.
3.3.4	Compare investment and savings alternatives.	9.13	Discuss ways to save money.
3.3.5	Analyze the effects of risk management strategies on long-term financial planning.		
3.3.6	Analyze the effect of key life transitions on financial planning.		
3.3.7	Explain the role of estate planning in long-term financial planning.		
3.3.8	Analyze factors that influence establishing and maintaining a good credit rating and the effect of credit ratings on rates and terms for credit and insurance.		
Content Standard			
3.4	Analyze resource consumption for conservation and waste management practices		
Competencies			
3.4.1		12.1  12.2	Describe living green and why it's important. Discuss effects of pollution.

	Investigate sources and types of residential and commercial energy, water policy and usage, waste disposal, and pollution issues.	12.3 12.4 12.5	Respond to questions about being green. (Assignment Sheet 1) Understand your carbon footprint. Calculate your carbon footprint. (Assignment Sheet 2)
3.4.2	Evaluate local, state, and national private and government consumer programs and services to recycle and conserve energy and environmental resources.	12.6	Discuss the benefits of recycling.
3.4.3	Explore strategies and practices to conserve energy and reduce waste.	12.7 12.8 12.9 12.10 12.11 12.12 12.13 12.14 12.15 12.16 13.7 13.8	Identify the number system for recycling plastics. Demonstrate knowledge of plastic recycling codes. (Assignment Sheet 3) List ways to use less electricity, water, and paper. Share tips for conserving resources. (Assignment Sheet 4) Analyze ways your school conserves resources. (Assignment Sheet 5) Set goals for living green. (Assignment Sheet 6) List ways to reuse household items. Design a reused item. (Assignment Sheet 7) Discuss ways to make "green" a habit. Plan for a recycle/reuse program in your school. (Assignment Sheet 8) Design storage from reusable materials. (Assignment Sheet 4) Create storage from reusable materials. (Assignment Sheet 8)
3.4.4	Examine waste management issues.	12.1 12.2 12.6	Describe living green and why it's important. Discuss effects of pollution. Discuss the benefits of recycling.
3.4.5	Examine roles of government, industry, and family in energy consumption.		
Content Standard			

3.5	Demonstrate skills needed for product development, testing, and presentation.		
Competencies			
3.5.1	Conduct market research to determine consumer trends and product development needs.		
3.5.2	Design or analyze a consumer product.	12.14 13.7 13.8	Design a reused item. (Assignment Sheet 7) Design storage from reusable materials. (Assignment Sheet 4) Create storage from reusable materials. (Assignment Sheet 8)
3.5.3	Analyze features, prices, product information, styles, and performance of consumer goods for potential trade-offs among the components.	9.14	Compare cost, design, and quality of different brands. (Assignment Sheet 6)
3.5.4	Evaluate a product utilizing valid and reliable testing procedures.		
3.5.5	Apply statistical analysis processes to interpret, summarize, and report data from tests.		
3.5.6	Evaluate the labeling, packaging, and support materials of consumer goods.	8.10	Analyze clothing care labels. (Assignment Sheet 3)
3.5.7	Demonstrate a product to educate an audience about a new product on the consumer market.	9.10 9.11 9.12	List types of advertising. Analyze an advertisement. (Assignment Sheet 4) Create an advertisement. (Assignment Sheet 5)
3.5.8	Utilize appropriate marketing and sales techniques to aid consumers in the selection of goods and services that meet consumer needs.	9.10 9.11 9.12	List types of advertising. Analyze an advertisement. (Assignment Sheet 4) Create an advertisement. (Assignment Sheet 5)
Area of Study 4.0 Education and Early Childhood			
Content Standard			
4.1	Analyze career paths within early childhood, education & related services.		
Competencies			
4.1.1	Explain the roles and functions of individuals engaged in early childhood, education, and services.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
4.1.2	Analyze opportunities for employment and entrepreneurial endeavors.	14.6 14.7	Describe how to use career clusters. Discuss sources of career information.

		14.8	Research a job. (Assignment Sheet 3)
4.1.3	Summarize education and training requirements and opportunities for career paths in early childhood, education, and services.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
4.1.4	Analyze the effects of early childhood, education, and services occupations on local, state, national, and global economies.		
4.1.5	Create an employment portfolio for use with applying for internships and work-based learning opportunities in education and early childhood.	14.12 14.13	List items included in a personal portfolio. Write about experiences to list in a portfolio. (Assignment Sheet 5)
4.1.6	Analyze the role of professional organizations in education and early childhood.		
Content Standard			
4.2	Analyze developmentally appropriate practices to plan for early childhood, education, and services.		
Competencies			
4.2.1	Analyze child development theories and their implications for educational and childcare practices.	10.1	Identify the basic needs of children.
4.2.2	Apply a variety of assessment methods to observe and interpret children's growth and development.		
4.2.3	Analyze cultural and environmental influences when assessing children's development.		
4.2.4	Analyze abilities and needs of children and their effects on children's growth and development.		
4.2.5	Analyze strategies that promote children's growth and development.	10.2 10.5 10.6	Identify basic responsibilities of parents and caregivers. Discuss appropriate ways to manage children's behavior. Respond to childcare situations with appropriate redirections and reinforcements. (Assignment Sheet 2)
Content Standard			
4.3	Demonstrate integration of curriculum and instruction to meet children's developmental needs and interests.		
Competencies			
4.3.1	Analyze a variety of curriculum and instructional models.		
4.3.2	Implement learning activities in all curriculum areas that meet the developmental needs of children.	10.7 10.8	Discuss age-appropriate activities for babysitting. Design a plan for creating a babysitter bag. (Assignment Sheet 3)

		10.9	Research an activity for a specific age of child. (Assignment Sheet 4)
		10.10	Discuss characteristics of good toys.
		10.11	Evaluate the appropriateness of a toy. (Assignment Sheet 5)
		10.12	Discuss characteristics of good stories.
		10.13	Create a children's book. (Assignment Sheet 6)
		10.14	Discuss characteristics of appropriate entertainment.
4.3.3	Implement an integrated curriculum that incorporates a child's language, learning styles, early experiences, and cultural values.	14.4	Identify learning styles.
4.3.4	Demonstrate a variety of teaching methods to meet individual needs of children.	10.9	Research an activity for a specific age of child. (Assignment Sheet 4)
4.3.5	Arrange learning centers that provide for children's exploration, discovery, and development.		
4.3.6	Establish activities, routines, and transitions.		
Content Standard			
4.4	Demonstrate a safe and healthy learning environment for children.		
Competencies			
4.4.1	Manage physical space to maintain a learning environment that is safe and healthy and encourages physical activity.	10.15	Identify ways to prevent accidents.
		10.16	Respond to safety situations. (Assignment Sheet 7)
		10.17	Identify ways to respond to accidents.
		10.18	Analyze caregiver situations. (Assignment Sheet 8)
4.4.2	Apply safe and healthy practices that comply with state regulations.	10.3	List information to gather when asked to give medication to children.
		10.10	Discuss characteristics of good toys.
		10.11	Evaluate the appropriateness of a toy. (Assignment Sheet 5)
		10.15	Identify ways to prevent accidents.
		10.16	Respond to safety situations. (Assignment Sheet 7)
4.4.3	Implement strategies to teach children health, safety, and sanitation habits.		

4.4.4	Plan safe and healthy meals and snacks.		
4.4.5	Document symptoms of child abuse and neglect and use appropriate procedures to report suspected abuse or neglect to the designated authorities.		
4.4.6	Implement basic health practices and prevention procedures for workers and children regarding childhood illness and communicable diseases.		
4.4.7	Demonstrate security and emergency procedures.	10.15 10.16 10.17 10.18 11.3 11.4 11.6 11.8 11.12	Identify ways to prevent accidents. Respond to safety situations. (Assignment Sheet 7) Identify ways to respond to accidents. Analyze caregiver situations. (Assignment Sheet 8) List basic first aid steps. Identify fire safety procedures. Describe tornado safety procedures. List earthquake safety guidelines. Create an emergency contact card. (Assignment Sheet 4)
Content Standard			
4.5	Demonstrate techniques for positive collaborative relationships with children.		
Competencies			
4.5.1	Apply developmentally appropriate guidelines for behavior.	10.5 10.6	Discuss appropriate ways to manage children's behavior. Respond to childcare situations with appropriate redirections and reinforcements. (Assignment Sheet 2)
4.5.2	Demonstrate problem-solving skills with children.	10.5 10.6	Discuss appropriate ways to manage children's behavior. Respond to childcare situations with appropriate redirections and reinforcements. (Assignment Sheet 2)
4.5.3	Demonstrate interpersonal skills that promote positive and productive relationships with children.	10.1 10.2	Identify the basic needs of children. Identify basic responsibilities of parents and caregivers.

		10.4	Practice communication with parents. (Assignment Sheet 1)
4.5.4	Implement strategies for constructive and supportive interactions between children and families.	10.2 10.4	Identify basic responsibilities of parents and caregivers. Practice communication with parents. (Assignment Sheet 1)
4.5.5	Analyze children's developmental progress and summarize developmental issues and concerns.		
Content Standard			
4.6	Demonstrate professional practices and standards related to working with children.		
Competencies			
4.6.1	Utilize opportunities for continuing training and education.		
4.6.2	Apply professional ethical standards as accepted by the recognized professional organizations.		
4.6.3	Implement federal, state, and local standards, policies, regulations, and laws that affect children, families, and programs.		
4.6.4	Demonstrate enthusiasm, initiative, and commitment to program goals and improvements.		
4.6.5	Apply business management skills to planning businesses in early childhood, education, and services.		
Area of Study 5.0			
Facilities Management and Maintenance			
Content Standard			
5.1	Analyze career paths within the facilities management and maintenance areas.		
Competencies			
5.1.1	Explain the roles and functions of individuals engaged in facilities management and maintenance careers.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
5.1.2	Analyze opportunities for employment and entrepreneurial endeavors.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
5.1.3	Summarize education and training requirements and opportunities for career paths in facilities management and maintenance.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
5.1.4	Analyze the effects of facilities management and maintenance occupations on local, state, national, and global economies.		

5.1.5	Create an employment portfolio for use with applying for internships and work-based learning opportunities in facilities management and maintenance careers.	14.12 14.13	List items included in a personal portfolio. Write about experiences to list in a portfolio. (Assignment Sheet 5)
5.1.6	Analyze the role of professional organizations in facilities management and maintenance professions.		
Content Standard			
5.2	Demonstrate planning, organizing, and maintaining an efficient housekeeping operation for residential or commercial facilities.		
Competencies			
5.2.1	Apply housekeeping standards and procedures.	13.5 13.6 13.9 13.10	Identify ways to control clutter. Design a clutter-control plan. (Assignment Sheet 3) Identify benefits of a cleaning schedule. Create a cleaning schedule. (Assignment Sheet 6)
5.2.2	Operate cleaning equipment and tools.		
5.2.3	Manage use of supplies.		
5.2.4	Maintain building interior surfaces, wall coverings, fabrics, furnishings, and floor surfaces.		
5.2.5	Perform facilities maintenance based on established standards.	13.9 13.10	Identify benefits of a cleaning schedule. Create a cleaning schedule. (Assignment Sheet 6)
5.2.6	Analyze energy efficient methods.	13.7 13.8	Design storage from reusable materials. (Assignment Sheet 4) Create storage from reusable materials. (Assignment Sheet 5)
5.2.7	Demonstrate quality services in keeping with customer expectations.		
Content Standard			
5.3	Demonstrate sanitation procedures for a clean and safe environment.		
Competencies			
5.3.1	Analyze the various types of cleaning methods and their environmental effects.		
5.3.2	Summarize federal and state regulations regarding safe handling use and storage of chemicals.		
5.3.3	Apply Occupational Safety and Health Administration (OSHA) regulations to situations in which blood borne pathogens exist and need to be labeled and carefully handled.		

5.3.4	Select a pest control system appropriate for the facility and the type(s) of pests likely to be present.		
5.3.5	Apply Centers for Disease Control (CDC) standards.		
5.3.6	Apply Americans with Disabilities Act (ADA) regulations.		
Content Standard			
5.4	Apply hazardous materials and waste management procedures.		
Competencies			
5.4.1	Carry out federal, state, and other regulations regarding waste management.		
5.4.2	Demonstrate a waste minimization plan.	12.9 12.13 12.14	List ways to use less electricity, water, and paper. List ways to reuse household items. Design a reused item. (Assignment Sheet 7)
5.4.3	Practice a recycling program for conservation of resources.	12.6 12.7 12.8 12.16	Discuss the benefits of recycling. Identify the number system for recycling plastics. Demonstrate knowledge of plastic recycling codes. (Assignment Sheet 3) Plan for a recycle/reuse program in your school. (Assignment Sheet 8)
5.4.4	Record presence of hazardous materials and occurrence of hazardous situations accurately and communicate to appropriate authorities.		
5.4.5	Describe procedures for safely handling and storing hazardous materials and waste products.		
5.4.6	Design energy efficient methods.	12.13 12.15 12.16	List ways to reuse household items. Discuss ways to make "green" a habit. Plan for a recycle/reuse program in your school. (Assignment Sheet 8)
5.4.7	Demonstrate safe storage and disposals of pesticides.		
Content Standard			
5.5	Demonstrate a work environment that provides safety and security.		
Competencies			
5.5.1	Design procedures for external and internal emergencies.		
5.5.2	Apply security procedures.	11.1	Describe procedures to follow during a minor emergency.

		11.2	Plan items to include in a safety bag or box. (Assignment Sheet 1)
		11.3	List basic first aid steps.
		11.4	Identify fire safety procedures.
		11.11	Discuss safe and unsafe situations.
		11.12	Create an emergency contact card. (Assignment Sheet 4)
5.5.3	Demonstrate safe procedures in the use, care, and storage of equipment.		
5.5.4	Apply safety and security procedures as required by Hazard Analysis and Critical Control Point (HACCP), Occupational Safety and Health Administrations (OSHA), and other agencies.		
5.5.5	Apply procedures for control of infection and infectious materials.		
Content Standard			
5.6	Demonstrate laundering processes aligned with industry standards and regulations.		
Competencies			
5.6.1	Summarize the functions of machines and equipment used in laundering operations.		
5.6.2	Demonstrate standard laundry procedures.		
5.6.3	Apply procedures for the selection of textiles, chemicals, and equipment associated with laundry.		
5.6.4	Apply industry regulations to laundry/linen systems.		
Content Standard			
5.7	Demonstrate facilities management functions.		
Competencies			
5.7.1	Demonstrate quality customer service which exceeds customer expectations.	1.5	Define ethics.
		1.6	Analyze how ethics and behavior are related.
		1.7	Develop a personal code of ethics. (Assignment Sheet 3)
		1.8	Recognize difficulties in ethical decisions.
		1.9	Practice ethical decision-making. (Assignment Sheet 4)
		1.13	Identify signs of respect in relating to others.
		2.16	Define problem-solving and understand when problem-solving is necessary.
		2.17	Use the problem-solving process.
		3.12	Identify ways to manage emotions.

		9.16	Calculate correct change. (Assignment Sheet 7)
5.7.2	Demonstrate the elements involved in staff planning, recruiting, interviewing, selecting, hiring, and terminating of employees.		
5.7.3	Design staff schedules.		
5.7.4	Conduct orientation, regular training and education, and on the job training/retraining.		
5.7.5	Demonstrate techniques and strategies to measure work quality of employees.		
5.7.6	Apply principles of purchasing and receiving in facility management operations.		
5.7.7	Implement procedures to control inventory.		
5.7.8	Apply accounting principles in planning, forecasting, and recording profit and loss.		
5.7.9	Develop a marketing plan for a business or department.		
Area of Study 6.0			
Family			
Content Standard			
6.1	Analyze the effects of family as a system on individuals and society.		
Competencies			
6.1.1	Analyze family as the basic unit of society.	4.2 4.3	Identify purposes and structures of families. Identify roles and quality of relationships associated with roles. (Assignment Sheet 1)
6.1.2	Analyze the role of family in transmitting societal expectations.	4.2	Identify purposes and structures of families.
6.1.3	Analyze global influences on today's families.	4.4	Recognize challenges families face.
6.1.4	Analyze the role of family in teaching culture and traditions across the life span.	4.2	Identify purposes and structures of families.
6.1.5	Analyze the role of family in developing independence, interdependence, and commitment of family members.	3.7 4.2	Recognize sources of self-esteem. Identify purposes and structures of families.
6.1.6	Analyze the effects of change and transitions over the life course.		
6.1.7	Analyze the ways family and consumer sciences careers assist the work of the family.		
Content Standard			
6.2	Evaluate the effects of diverse perspectives, needs, and characteristics of individual and families.		
Competencies			
6.2.1	Demonstrate awareness of multiple diversities and their effects on individuals, families, and society.		
6.2.2	Analyze the effects of social and cultural diversity on individual and families.		
6.2.3	Analyze the effects of empathy for diversity on individuals in family, work, and community settings.		

6.2.4	Demonstrate respect for diversity with sensitivity to anti-bias, gender, equity, age, culture, and ethnicity.	1.11 1.12 1.13 1.15	Define prejudice. Evaluate ways to recognize and overcome prejudice. Identify signs of respect in relating to others. Analyze qualities of a positive role model. (Assignment Sheet 6)
6.2.5	Analyze the effects of globalization and increasing diversity on individuals, families, and society.		
Area of Study 7.0 Family and Community Services			
Content Standard			
7.1	Analyze career paths within family and community services.		
Competencies			
7.1.1	Explain the roles and functions of individuals engaged in family and community services careers.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
7.1.2	Analyze opportunities for employment and entrepreneurial endeavors.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
7.1.3	Summarize education and training requirements and opportunities for career paths in family & community services.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
7.1.4	Analyze the effects of family and community service occupations on local, state, national, and global economies.		
7.1.5	Demonstrate job acquisition skills to gain work-based learning opportunities and employment in family and community services careers.	14.9 14.10 14.11 14.14 14.16 14.17	Discuss the process of job-shadowing. Research local volunteer and job-shadow opportunities. (Assignment Sheet 4) Discuss the benefits of volunteering. List items included on a resume. Complete a resume. (Assignment Sheet 6) Describe the use of references.

		14.18	Create a list of references. (Assignment Sheet 7)
		14.19	Complete a simple job application. (Assignment Sheet 8)
7.1.6	Analyze the role of professional organizations in family and community services professions.		
Content Standard			
7.2	Analyze factors relating to providing family and community services.		
Competencies			
7.2.1	Describe local, state, and national agencies and informal support resources providing human services.		
7.2.2	Analyze professional, ethical, legal, and safety issues that confront human service employees.		
7.2.3	Summarize licensing laws and regulations that affect service providers and their participants.		
7.2.4	Analyze harmful, fraudulent, and deceptive human services practices.		
7.2.5	Summarize the rights and responsibilities of human service participants and their families.		
7.2.6	Analyze effective individual and family advocacy and self-advocacy strategies to overcome diverse challenges facing human services participants.		
7.2.7	Analyze community-networking opportunities in family and community services.		
Content Standard			
7.3	Demonstrate professional behaviors, skills, and knowledge in providing family and community services.		
Competencies			
7.3.1	Apply rules, regulations, and work site policies that affect employer, employee, participant, and family rights and responsibilities.		
7.3.2	Demonstrate professional and ethical collaborative relationships with colleagues, support teams, participants, and families.		
7.3.3	Maintain accurate and confidential documentation to be submitted in a timely manner to appropriate sources.		
7.3.4	Analyze participants' strengths, needs, preferences, and interests across the life span through formal and informal assessment practices.		
7.3.5	Demonstrate use of technology in human services.		
Content Standard			
7.4	Evaluate conditions affecting individuals and families with a variety of disadvantaging conditions.		
Competencies			
7.4.1	Assess health, wellness, and safety issues of individual and families with a variety of disadvantaging conditions.		
7.4.2	Analyze management and living environment issues of individuals and families with a variety of disadvantaging conditions.		

7.4.3	Analyze personal, social, emotional, economic, vocational, educational, and recreational issues for individuals and family with a variety of disadvantaging conditions.		
7.4.4	Discriminate between situations that require personal prevention or intervention and those situations that require professional assistance.		
7.4.5	Analyze situations that require crisis intervention.	3.15 3.16 3.17	Recognize factors leading to suicide. Identify ways to deal with suicidal thoughts. Develop a suicide prevention plan. (Assignment Sheet 6)
7.4.6	Summarize the appropriate support needed to address selected human services issues.		
Content Standard			
7.5	Evaluate services for individuals and families with a variety of disadvantaging conditions.		
Competencies			
7.5.1	Describe needs and accommodations for people with a variety of disadvantaging conditions.		
7.5.2	Analyze ways in which individuals with disadvantaging conditions affect the family and family members financially, socially, physically, and emotionally.		
7.5.3	Illustrate coping or adjustment strategies and stress management practices for the participant, a caregiver, and family members.		
7.5.4	Summarize the importance of friends, family, and community relationships for an individual with a variety of disadvantaging conditions.		
7.5.5	Demonstrate ways to provide support that validates the participants' capabilities and right to privacy, dignity, and autonomy.		
7.5.6	Demonstrate strategies that help participants make informed choices, access resources and support, follow through on responsibilities, and take appropriate risks.	2.12 2.13 2.14 2.15 2.16 2.17	Define types of decisions and their consequences. Identify types of decisions. (Assignment Sheet 5) Use the decision-making process. Apply the decision-making process to situations. (Assignment Sheet 6) Define problem-solving and understand when problem-solving is necessary. Use the problem-solving process.

7.5.7	Demonstrate verbal and nonverbal communication skills that support individuals and families with a variety of disadvantaging conditions.	4.17 4.18	Identify types and styles of communication. Analyze non-verbal communication to determine meaning. (Assignment Sheet 5)
Area of Study 8.0 Food Production and Services			
Content Standard			
8.1	Analyze career paths within the food production and food services industries.		
Competencies			
8.1.1	Explain the roles, duties, and functions of individuals engaged in food production and services careers.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
8.1.2	Analyze opportunities for employment and entrepreneurial endeavors.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
8.1.3	Summarize education and training requirements and opportunities for career paths in food production and services.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
8.1.4	Analyze the effects of food production and services occupations on local, state, national, and global economies.		
8.1.5	Create an employment portfolio for use with applying for internships and work-based learning opportunities.	14.12 14.13	List items included in a personal portfolio. Write about experiences to list in a portfolio. (Assignment Sheet 5)
8.1.6	Analyze the role of professional organizations in food production and services.		
Content Standard			
8.2	Demonstrate food safety and sanitation procedures.		
Competencies			
8.2.1	Identify characteristics of major food borne pathogens, their role in causing illness, foods involved in outbreaks, and methods of prevention.		
8.2.2	Employ food service management safety/sanitation program procedures, including CPR and first aid.	7.5 7.6 7.7	Discuss proper handwashing. Identify safety guidelines. Identify kitchen hazards. (Assignment Sheet 3)

8.2.3	Use knowledge of systems for documenting, investigating, reporting, and preventing food borne illness.		
8.2.4	Use the Hazard Analysis Critical Control Point (HACCP) and crisis management principles and procedures during food handling processes to minimize the risks of food borne illness.		
8.2.5	Practice good personal hygiene/health procedures, including dental health and weight management, and report symptoms of illness.	6.4 6.5 6.6 6.7 6.8 6.9 6.10 6.13 7.5	Discuss how calories affect health and wellness. Determine calories in various foods. (Assignment Sheet 1) Identify ways to reduce unhealthy foods and choose healthy foods. Explain the importance of eating breakfast. Evaluate snack choices. Evaluate your lifestyle and develop a healthy lifestyle plan. (Assignment Sheet 3) Define fad diets. Identify types of exercise and reasons for exercise. Discuss proper handwashing.
8.2.6	Demonstrate proper purchasing, receiving, storage, and handling of both raw and prepared foods.		
8.2.7	Demonstrate safe food handling and preparation techniques that prevent cross contamination from potentially hazardous foods, between raw and ready-to-eat foods, and between animal and fish sources and other food products.		
8.2.8	Analyze current types of cleaning materials and sanitizers for proper uses and safety hazards.	7.7	Identify kitchen hazards. (Assignment Sheet 3)
8.2.9	Use Occupational Safety and Health Administration's (OSHA) Right to Know Law and Materials Safety Data Sheets (MSDS) and explain their requirements in safe handling and storage of hazardous materials.		
8.2.10	Demonstrate safe and environmentally responsible waste disposal and recycling methods.		
8.2.11	Demonstrate ability to maintain necessary records to document time and temperature control, HACCP, employee health, maintenance of equipment, and other elements of food preparation, storage, and presentation.		
Content Standard			
8.3	Demonstrate industry standards in selecting, using, and maintaining food production and food service equipment.		
Competencies			
8.3.1	Operate tools and equipment following safety procedures and OSHA requirements.		
8.3.2	Maintain tools and equipment following safety procedures and OSHA requirements.		

8.3.3	Demonstrate procedures for cleaning and sanitizing equipment, serving dishes, glassware, and utensils to meet industry standards and OSHA requirements.		
8.3.4	Analyze equipment purchases based on long-term business needs, specific regulations, and codes related to foods.		
8.3.5	Demonstrate procedures for safe and secure storage of equipment and tools.		
8.3.6	Identify a variety of types of equipment for food processing, cooking, holding, storing, and serving, including hand tools and small ware.		
Content Standard			
8.4	Demonstrate menu planning principles and techniques based on standardized recipes to meet customer needs.		
Competencies			
8.4.1	Use computer-based menu systems to develop and modify menus.		
8.4.2	Apply menu-planning principles to develop and modify menus.		
8.4.3	Analyze food, equipment, and supplies needed for menus.		
8.4.4	Develop a variety of menu layouts, themes, and design styles.		
8.4.5	Prepare requisitions for food, equipment, and supplies to meet production requirements.		
8.4.6	Record performance of menu items to analyze sales and determine menu revisions.		
8.4.7	Apply principles of Measurement, Portion Control, Conversions, Food Cost Analysis and Control, Menu Terminology, and Menu Pricing to menu planning.	7.8 7.9	Identify basic measuring techniques. Match measurements with their correct abbreviations and equivalents. (Assignment Sheet 4)
Content Standard			
8.5	Demonstrate professional food preparation methods and techniques for all menu categories to produce a variety of food products that meet customer needs.		
Competencies			
8.5.1	Demonstrate professional skills in safe handling of knives, tools, and equipment.		
8.5.2	Demonstrate professional skill for a variety of cooking methods including roasting, broiling, smoking, grilling, sautéing, pan-frying, deep-frying, braising, stewing, poaching, steaming, and baking using professional equipment and current technologies.		
8.5.3	Utilize weights and measurement tools to demonstrate knowledge of portion control and proper scaling and measurement techniques.	7.8 7.9	Identify basic measuring techniques. Match measurements with their correct abbreviations and equivalents. (Assignment Sheet 4)
8.5.4	Apply the fundamentals of time, temperature, and cooking methods to cooking, cooling, reheating, and holding of variety of foods.	7.10 7.11	Identify considerations for choosing a recipe. Interpret and follow a recipe.

		7.12	Evaluate a recipe. (Assignment Sheet 5)
8.5.5	Prepare various meats, seafood, and poultry using safe handling and professional preparation techniques.		
8.5.6	Prepare various stocks, soups, and sauces using safe handling and professional preparation techniques.		
8.5.7	Prepare various fruits, vegetables, starches, legumes, dairy products, fats, and oils using safe handling and professional preparation techniques.		
8.5.8	Prepare various salads, dressings, marinades, and spices using safe handling and professional preparation techniques.		
8.5.9	Prepare sandwiches, canapés and appetizers using safe handling and professional preparation techniques.		
8.5.10	Prepare breads, baked goods and desserts using safe handling and professional preparation techniques.		
8.5.11	Prepare breakfast meats, eggs, cereals, and batter products using safe handling and professional preparation techniques.		
8.5.12	Demonstrate professional plating, garnishing, and food presentation techniques.		
8.5.13	Examine the applicability of convenience food items.		
8.5.14	Demonstrate cooking methods that increase nutritional value, lower calorie and fat content, and utilize herbs and spices to enhance flavor.		
Content Standard			
8.6	Demonstrate implementation of food service management and leadership functions.		
Competencies			
8.6.1	Apply principles of purchasing, receiving, issuing, and storing in food service operations.		
8.6.2	Practice inventory procedures including first in/first out concept, date marking, and specific record keeping.		
8.6.3	Apply accounting procedures in planning and forecasting profit and loss.		
8.6.4	Examine the areas of risk management and legal liability within the food service industry.		
8.6.5	Apply human resource policies including rules, regulations, laws, hiring, compensation, overtime, discrimination, and harassment.		
8.6.6	Apply the procedures involved in staff planning, recruiting, interviewing, selecting, scheduling, performance reviewing, and terminating of employees.		
8.6.7	Conduct staff orientation, training, consistent reinforcement of training standards, and education, and on the job training/retraining.		
8.6.8	Implement marketing plan for food service operations.		
8.6.9	Design internal/external crisis management and disaster plans and response procedures.		
8.6.10	Apply principles of inventory management, labor cost and control techniques, production planning and control, and facilities management to front and back of the house operations.		
Content Standard			

8.7	Demonstrate the concept of internal and external customer service.		
Competencies			
8.7.1	Analyze the role of quality service as a strategic component of exceptional performance.		
8.7.2	Demonstrate quality services that meet industry standards in the food service industry.		
8.7.3	Analyze the relationship between employees and customer satisfaction.		
8.7.4	Apply strategies for addressing and resolving complaints.	2.16 2.17	Define problem-solving and understand when problem-solving is necessary. Use the problem-solving process.
8.7.5	Demonstrate sensitivity to diversity and individuals with special needs.	1.11 1.12 1.13 1.15	Define prejudice. Evaluate ways to recognize and overcome prejudice. Identify signs of respect in relating to others. Analyze qualities of a positive role model. (Assignment Sheet 6)
Area of Study 9.0 Food Science, Dietetics and Nutrition			
Content Standard			
9.1	Analyze career paths within food science, food technology, dietetics, and nutrition industries.		
Competencies			
9.1.1	Explain the roles and functions of individuals engaged in food science, food technology, dietetics, and nutrition careers.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
9.1.2	Analyze opportunities for employment and entrepreneurial endeavors.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
9.1.3	Summarize education and training requirements and opportunities for career paths in food science, food technology, dietetics, and nutrition.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
9.1.4	Analyze the impact of food science, dietetics, and nutrition occupations on local, state, national, and global economies.		

9.1.5	Create an employment portfolio for use with applying for internships and work-based learning opportunities in food science, food technology, dietetics, and nutrition careers.	14.12 14.13	List items included in a personal portfolio. Write about experiences to list in a portfolio. (Assignment Sheet 5)
9.1.6	Analyze the role of professional organizations in food science, food technology, dietetics, and nutrition careers.		
Content Standard			
9.2	Apply risk management procedures to food safety, food testing, and sanitation.		
Competencies			
9.2.1	Analyze factors that contribute to food-borne illness.		
9.2.2	Analyze food service management safety and sanitation programs.		
9.2.3	Implement industry standards for documenting, investigating, and reporting food-borne illnesses.		
9.2.4	Use the Hazard Analysis Critical Control Point (HACCP) during all food handling processes to minimize the risks of food borne illness.		
9.2.5	Demonstrate practices and procedures that assure personal and workplace health and hygiene.	7.5	Discuss proper handwashing.
9.2.6	Demonstrate standard procedures for receiving and storage of raw and prepared foods.		
9.2.7	Classify current types of cleaning materials and sanitizers and their proper use.		
9.2.8	Use Occupational Safety and Health Administration's (OSHA) Right to Know Law and Material Safety Data Sheets (MSDS) and explain their requirements in handling hazardous materials.		
9.2.9	Demonstrate waste disposal and recycling methods.		
Content Standard			
9.3	Evaluate nutrition principles, food plans, preparation techniques and specialized dietary plans.		
Competencies			
9.3.1	Analyze nutrient requirements across the life span addressing the diversity of people, culture, and religions.	6.2	Identify the six nutrients.
9.3.2	Analyze nutritional data.		
9.3.3	Apply principles of food production to maximize nutrient retention in prepared foods.		
9.3.4	Assess the influence of socioeconomic and psychological factors on food and nutrition and behavior.		
9.3.5	Analyze recipe/formula proportions and modifications for food production.		
9.3.6	Critique the selection of foods to promote a healthy lifestyle.	6.7 6.8 6.9	Explain the importance of eating breakfast. Evaluate snack choices. (Assignment Sheet 2) Evaluate your lifestyle and develop a healthy lifestyle plan. (Assignment Sheet 3)
9.3.7	Categorize foods into exchange groups and plan menus, applying the exchange system to meet various nutrient needs.		

Content Standard			
9.4	Apply basic concepts of nutrition and nutritional therapy in a variety of settings.		
Competencies			
9.4.1	Analyze nutritional needs of individuals.		
9.4.2	Use nutritional information to support care planning.		
9.4.3	Utilize a selective menu.		
9.4.4	Construct a modified diet based on nutritional needs and health conditions.		
9.4.5	Design instruction on nutrition for health maintenance and disease prevention.		
Content Standard			
9.5	Demonstrate use of current technology in food product development and marketing.		
Competencies			
9.5.1	Analyze various factors that affect food preferences in the marketing of food.		
9.5.2	Analyze data in statistical analysis in making development and marketing decisions.		
9.5.3	Prepare food for presentation and assessment.		
9.5.4	Maintain test kitchen/ laboratory and related equipment and supplies.		
9.5.5	Implement procedures that affect quality product performance.		
9.5.6	Conduct sensory evaluations of food products.		
9.5.7	Conduct testing for safety of food products, utilizing available technology.		
Content Standard			
9.6	Demonstrate food science, dietetics, and nutrition management principles and practices.		
Competencies			
9.6.1	Build menus to customer/ client preferences.		
9.6.2	Implement food preparation, production, and testing systems.		
9.6.3	Apply standards for food quality.		
9.6.4	Create standardized recipes.	7.8 7.9 7.10 7.11 7.12	Identify basic measuring techniques. Match measurements with their correct abbreviations and equivalents. (Assignment Sheet 4) Identify considerations for choosing a recipe. Interpret and follow a recipe. Evaluate a recipe. (Assignment Sheet 5)
9.6.5	Manage amounts of food to meet needs of customers, clients.		
9.6.6	Analyze new products.		
9.6.7	Implement procedures that provide cost effective products.		
9.6.8	Establish par levels for the purchase of supplies based on an organization's needs.		

9.6.9	Utilize Food Code Points of time, temperature, date markings, cross contamination, hand washing, and personal hygiene as criteria for safe food preparation.		
Area of Study 10.0 Hospitality, Tourism and Recreation			
Content Standard			
10.1	Analyze career paths within the hospitality, tourism and recreation industries.		
Competencies			
10.1.1	Explain the roles and functions of individuals engaged in hospitality, tourism, and recreation careers.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
10.1.2	Analyze opportunities for employment in hospitality, tourism, and recreation careers.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
10.1.3	Summarize education and training requirements and opportunities for career paths in hospitality, tourism, and recreation careers.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
10.1.4	Analyze the impact of hospitality occupations on local, state, national, and global economies.		
10.1.5	Create an employment portfolio for use with applying for internships and work-based learning opportunities in hospitality, tourism, and recreation careers.	14.12 14.13	List items included in a personal portfolio. Write about experiences to list in a portfolio. (Assignment Sheet 5)
10.1.6	Analyze the role of professional organizations in the hospitality, tourism, and recreation professions.		
Content Standard			
10.2	Demonstrate procedures applied to safety, security, and environmental issues.		
Competencies			
10.2.1	Explain the importance of safety, security, and environmental issues related to the hospitality, tourism, and recreation industries.	12.2	Discuss effects of pollution.
10.2.2	Demonstrate procedures for assuring guest or customer safety.		
10.2.3	Evaluate evacuation plans and emergency procedures.	11.4 11.6 11.7	Identify fire safety procedures. Describe tornado safety procedures. Develop a tornado safety plan. (Assignment Sheet 3)

		11.8	List earthquake safety guidelines.
10.2.4	Demonstrate management and conservation of resources for energy efficiency and protection of the environment.	12.6 12.7 12.8 12.9 12.10 12.16	Discuss the benefits of recycling. Identify the number system for recycling plastics. Demonstrate knowledge of plastic recycling codes. (Assignment Sheet 3) List ways to use less electricity, water, and paper. Share tips for conserving resources. (Assignment Sheet 4) Plan for a recycle/reuse program in your school. (Assignment Sheet 8)
10.2.5	Design a system for documenting, investigating, and taking action on safety, security, and environmental issues.	11.4 11.6 11.7 11.8 11.11 11.13 11.15 11.16	Identify fire safety procedures. Describe tornado safety procedures. Develop a tornado safety plan. (Assignment Sheet 3) List earthquake safety guidelines. Discuss safe and unsafe situations. Respond to safety situations. (Assignment Sheet 5) List guidelines for safe internet use. Respond to online safety situations. (Assignment Sheet 6)
Content Standard			
10.3	Apply concepts of quality service to assure customer satisfaction.		
Competencies			
10.3.1	Apply industry standards for service methods that meet expectations of guests or customers.		
10.3.2	Analyze the relationship between employee attitude, appearance, and actions and guest or customer satisfaction.		
10.3.3	Apply a system to evaluate and resolve employee, employer, guest, or customer complaints.		
10.3.4	Analyze effects of customer relations on success of the hospitality, tourism, and or recreation industry.		
10.3.5	Analyze effects of customer relations on meeting the hospitality, tourism, and recreation needs of special populations.		

Content Standard			
10.4	Demonstrate practices and skills involved in lodging occupations.		
Competencies			
10.4.1	Demonstrate front desk, office, and customer service skills.		
10.4.2	Perform cash handling, accounting, and financial transactions.	9.15 9.16	Identify methods of payment. Calculate correct change. (Assignment Sheet 7)
10.4.3	Manage convention, meeting, and banquet support functions.		
10.4.4	Apply basic food preparation and service skills in catering operations.		
10.4.5	Manage use, care, storage, maintenance, and safe operations of equipment, tools, and supplies.		
10.4.6	Apply facility management, maintenance, and service skills to lodging operations.		
10.4.7	Apply time and work management skills to facility service tasks.	6.16 6.17 6.18 6.21 6.24 6.25	Identify benefits of managing time. Recognize time wasters. List ways to save time. Develop a time schedule. (Assignment Sheet 6) Discuss the connection between work habits in school and work. Evaluate personal work habits. (Assignment Sheet 8)
10.4.8	Analyze sales and marketing functions in lodging operations.		
Content Standard			
10.5	Demonstrate practices and skills for travel related services.		
Competencies			
10.5.1	Examine geography, climate, sites, and time zones of various regions and countries.		
10.5.2	Examine lodging, tourism, and recreation customs of various regions and countries.		
10.5.3	Apply knowledge of food, beverage, and etiquette of various regions and countries to decisions about lodging, tourism, and recreation.		
10.5.4	Assemble information needed for domestic and international travel.		
10.5.5	Produce travel documents and itineraries, utilizing current technology.		
10.5.6	Monitor travel arrangements using computerized systems.		
Content Standard			
10.6	Demonstrate management of recreation, leisure, and other programs and events.		
Competencies			
10.6.1	Coordinate client inquiries and requests.		
10.6.2	Design themes, time lines, budgets, agendas, and itineraries.		

10.6.3	Organize locations, facilities, suppliers, and vendors for specific services.		
10.6.4	Prepare for distribution of event materials.		
10.6.5	Demonstrate skills related to promoting and publicizing events.		
10.6.6	Manage programs and events for specific age groups or diverse populations.		
10.6.7	Promote wellness through recreation and leisure programs and events.		
Area of Study 11.0 Housing and Interior Design			
Content Standard			
11.1	Analyze career paths within the housing, interior design, and furnishings industries.		
Competencies			
11.1.1	Explain the roles and functions of individuals engaged in housing and interior design careers.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
11.1.2	Analyze career paths and opportunities for employment and entrepreneurial endeavors.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
11.1.3	Summarize education, training, and credentialing requirements and opportunities for career paths in housing and interior design.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
11.1.4	Analyze the impact of housing and interior design careers on local, state, national, and global economies.		
11.1.5	Create an employment portfolio for use with applying for internships and work-based learning opportunities in housing and interior design careers.	14.12 14.13	List items included in a personal portfolio. Write about experiences to list in a portfolio. (Assignment Sheet 5)
11.1.6	Analyze the role of professional organizations in housing and interior design professions.		
11.1.7	Analyze the attitudes, traits, and values of professional responsibility, accountability and effectiveness required for careers in housing and interior design.		
Content Standard			
11.2	Evaluate housing and design concepts and theories, including green design, in relation to available resources and options.		
Competencies			
11.2.1	Evaluate the use of elements and principles of design in housing and commercial and residential interiors.	13.2	Describe methods for arranging furniture.

		13.11	Identify ways to make your living space reflect your personal style.
		13.12	Identify examples of design elements. (Assignment Sheet 7)
11.2.2	Analyze the psychological impact that the principles and elements of design have on the individual.		
11.2.3	Analyze the effects that the principles and elements of design have on aesthetics and function.	13.12	Identify examples of design elements. (Assignment Sheet 7)
11.2.4	Apply principles of human behavior such as ergonomics and anthropometrics to design of housing, interiors, and furnishings.		
Content Standard			
11.3	Apply housing and interior design knowledge, skills and processes to meet specific design needs.		
Competencies			
11.3.1	Analyze product information, including but not limited to floor coverings, wall coverings, textiles, window treatments, furniture, lighting fixtures, kitchen and bath fixtures and equipment.		
11.3.2	Evaluate manufacturers, products, and materials considering environmental protection, care and maintenance, and safety issues.		
11.3.3	Demonstrate measuring, estimating, ordering, purchasing, pricing, and repurposing skills.		
11.3.4	Appraise various interior furnishings, fixtures, appliances, and equipment to provide cost and quality choices for clients.		
11.3.5	Examine the impact of housing, interiors, and furnishings on the health, safety, and welfare of the public.		
11.3.6	Demonstrate design processes such as determining the scope of the project, programming, research, concept development, proposal, schematic design, design drawing, and design presentation development.		
Content Standard			
11.4	Demonstrate design, construction document reading, and space planning skills required for the housing, interior design and furnishings industries.		
Competencies			
11.4.1	Interpret information provided on construction documents.		
11.4.2	Evaluate floor plans for efficiency and safety in areas including but not limited to zones, traffic patterns, storage, and electrical, and mechanical systems.	13.3	Evaluate your space. (Assignment Sheet 1)
11.4.3	Draft an interior space to scale using architecture symbols.		
11.4.4	Arrange furniture placement with reference to principles of design, traffic flow, activity, and existing architectural features.	13.2 13.4 13.12	Describe methods for arranging furniture. Arrange your space. (Assignment Sheet 2) Identify examples of design elements. (Assignment Sheet 7)

		13.14	Create your dream design. (Assignment Sheet 8)
		13.15	Identify ways to increase your personal privacy.
11.4.5	Apply building codes, universal guidelines, and regulations in space planning and furniture arrangement.		
11.4.6	Demonstrate graphic communication skills (CAD, PowerPoint, sketching).		
Content Standard			
11.5	Analyze design and development of architecture, interiors, and furnishings through the ages.		
Competencies			
11.5.1	Describe features of furnishings that are characteristic of various historical periods.		
11.5.2	Explain societal and technological trends on periods of architecture and interior design through the ages.		
11.5.3	Illustrate the development of architectural styles throughout history.		
11.5.4	Compare and contrast historical architectural details to current housing and interior design trends.		
11.5.5	Analyze future design and development trends in architecture, interiors, and furnishings.		
Content Standard			
11.6	Evaluate client's needs, goals, and resources in creating design plans for housing and residential and commercial interiors.		
Competencies			
11.6.1	Assess financial resources needed to improve interior space.		
11.6.2	Assess client's community, family, and financial resources needed to achieve housing and interior design goals.		
11.6.3	Assess a variety of available resources for housing and interior design, including ergonomic and anthropometric data.		
11.6.4	Critique design plans to address client's needs, goals and resources.		
11.6.5	Justify design solutions relative to client needs, including diversity and cultural needs, and the design process.		
Content Standard			
11.7	Apply design knowledge, skills, processes, and theories and oral, written, and visual presentation skills to communicate design ideas.		
Competencies			
11.7.1	Select appropriate studio tools.		
11.7.2	Prepare sketches, elevations, and renderings using appropriate media.	13.14	Create your dream design. (Assignment Sheet 8)
11.7.3	Prepare visual presentations including legends, keys, and schedules.		
11.7.4	Utilize a variety of presentation media such as photography, video, computer, and software for client presentations.		
11.7.5	Utilize applicable building codes, universal guidelines, and regulations in space planning.		

11.7.6	Create floor plans using architectural drafting skills and computer aided design software.		
Content Standard			
11.8	Analyze professional practices, procedures for business profitability and career success, and the role of ethics in the housing, interiors and furnishings industries.		
Competencies			
11.8.1	Examine legislation, regulations, and public policy that affect residential and commercial interior design as well as the housing and furnishings industries.		
11.8.2	Analyze personal and employer responsibilities and liabilities regarding industry related safety, security, and environmental factors.		
11.8.3	Describe security and inventory control strategies, laws and regulations, and worksite policies and procedures that affect loss prevention and profit.		
11.8.4	Demonstrate procedures for reporting and handling accidents, safety, and security incidents.	11.1 11.3 11.4 11.6 11.7 11.8 11.13	Describe procedures to follow during a minor emergency. List basic first aid steps. Identify fire safety procedures. Describe tornado safety procedures. Develop a tornado safety plan. (Assignment Sheet 3) List earthquake safety guidelines. Respond to safety situations. (Assignment Sheet 5)
11.8.5	Apply procedures for maintaining inventory control and loss prevention, including cash and credit transactions.		
11.8.6	Analyze operational costs such as mark ups, mark-downs, cash flow, and other factors affecting profit.		
11.8.7	Demonstrate knowledge of the arts, of various resources, and of cultural impact upon design industries.		
11.8.8	Demonstrate knowledge of multi-disciplinary collaborations and consensus building skills needed in practice.	2.12 2.13 2.14 2.15 2.16	Define types of decisions and their consequences. Identify types of decisions. (Assignment Sheet 5) Use the decision-making process. Apply the decision-making process to situations. (Assignment Sheet 6) Define problem-solving and understand when

		2.17	problem-solving is necessary. Use the problem-solving process.
Content Standard			
11.9	Develop a global view to weigh design decisions with the parameters of ecological, socioeconomic, and cultural contexts within the housing, interior design, and furnishings industries.		
Competencies			
11.9.1	Demonstrate knowledge and skills to incorporate recycle and redesign principles.	12.13 12.14 12.15 12.16	List ways to reuse household items. Design a reused item. (Assignment Sheet 7) Discuss ways to make "green" a habit. Plan for a recycle/reuse program in your school. (Assignment Sheet 8)
Area of Study 12.0 Human Development			
Content Standard			
12.1	Analyze principles of human growth and development across the life span.		
Competencies			
12.1.1	Analyze physical, emotional, social, spiritual, and intellectual development.	5.1 5.2 10.7	Describe physical changes in adolescence. Identify changes specific to males and females. (Assignment Sheet 1) Discuss age-appropriate activities for babysitting.
12.1.2	Analyze interrelationships among physical, emotional, social, and intellectual aspects of human growth and development.	3.1 3.2 3.3 3.4	Define traits and personality. Identify personal traits. (Assignment Sheet 1) List sources of personality. Identify personality traits. (Assignment Sheet 2)
12.1.3	Analyze current and emerging research about human growth and development, including research on brain development.	6.14 6.15	Discuss the importance of sleep and consequences of not sleeping enough. Identify physical, mental, and emotional effects of drugs and alcohol.
Content Standard			
12.2	Analyze conditions that influence human growth and development.		
Competencies			
12.2.1	Analyze the effect of heredity and environment on human growth and development.		

12.2.2	Analyze the impact of social, economic, and technological forces on individual growth and development.	1.11 1.12	Define prejudice. Evaluate ways to recognize and overcome prejudice.
12.2.3	Analyze the effects of gender, ethnicity, and culture on individual development.		
12.2.4	Analyze the effects of life events on individuals' physical, intellectual, social, moral, and emotional development.	3.6 3.7	Define self-esteem. Recognize sources of self-esteem.
12.2.5	Analyze geographic, political, and global influences on human growth and development.		
Content Standard			
12.3	Analyze strategies that promote growth and development across the life span.		
Competencies			
12.3.1	Analyze the role of nurturance on human growth and development.		
12.3.2	Analyze the role of communication on human growth and development.		
12.3.3	Analyze the role of family and social services support systems in meeting human growth and development needs.		
Area of Study 13.0			
Interpersonal Relationships			
Content Standard			
13.1	Analyze functions and expectations of various types of relationships.		
Competencies			
13.1.1	Analyze processes for building and maintaining interpersonal relationships.		
13.1.2	Predict the effects of various stages of the family life cycle on interpersonal relationships.		
13.1.3	Compare physical, emotional, spiritual and intellectual functioning in stable and unstable relationships.	4.13 4.14	Recognize characteristics of healthy and unhealthy relationships. Evaluate situations to label healthy and unhealthy characteristics. (Assignment Sheet 4)
13.1.4	Analyze factors that contribute to healthy and unhealthy relationships.	4.13 4.14	Recognize characteristics of healthy and unhealthy relationships. Evaluate situations to label healthy and unhealthy characteristics. (Assignment Sheet 4)
13.1.5	Analyze processes for handling unhealthy relationships.	4.15 4.16	Recognize positive ways to handle a relationship breakup. Recognize characteristics of dating violence.

13.1.6	Demonstrate stress management strategies for family, work, and community settings.		
Content Standard			
13.2	Analyze personal needs and characteristics and their effects on interpersonal relationships.		
Competencies			
13.2.1	Analyze the effects of personal characteristics on relationships.	4.13 4.14	Recognize characteristics of healthy and unhealthy relationships. Evaluate situations to label healthy and unhealthy characteristics. (Assignment Sheet 4)
13.2.2	Analyze the effect of personal need on relationships.	4.14	Evaluate situations to label healthy and unhealthy characteristics. (Assignment Sheet 4)
13.2.3	Analyze the effects of self-esteem and self-image on relationships.	3.6 3.7 3.8 3.9 3.10	Define self-esteem. Recognize sources of self-esteem. List effects of positive self-esteem. List effects of low self-esteem. Identify and explain ways to improve self-esteem. (Assignment Sheet 3)
13.2.4	Analyze the effects of life span events and conditions on relationships.		
13.2.5	Explain the effects of personal standards and behaviors on interpersonal relationships.		
Content Standard			
13.3	Demonstrate communication skills that contribute to positive relationships.		
Competencies			
13.3.1	Analyze communication styles and their effects on relationships.	4.17	Identify types and styles of communication.
13.3.2	Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.	4.18	Analyze non-verbal communication to determine meaning. (Assignment Sheet 5)
13.3.3	Demonstrate effective listening and feedback techniques.		
13.3.4	Analyze strategies to overcome communication barriers in family, community and work settings.	4.19 4.20	Discuss ways to solve conflicts. Demonstrate conflict resolution strategies. (Assignment Sheet 6)

13.3.5	Apply ethical principles of communication in family, community and work settings.		
13.3.6	Analyze the effects of communication technology in family, work, and community settings.		
13.3.7	Analyze the roles and functions of communication in family, work, and community settings.		
Content Standard			
13.4	Evaluate effective conflict prevention and management techniques.		
Competencies			
13.4.1	Analyze the origin and development of attitudes and behaviors regarding conflict.		
13.4.2	Explain how similarities and differences among people affect conflict prevention and management.		
13.4.3	Apply the roles of decision-making and problem-solving in reducing and managing conflict.	2.14 2.15 2.16 2.17	Use the decision-making process. Apply the decision-making process to situations. (Assignment Sheet 6) Define problem-solving and understand when problem-solving is necessary. Use the problem-solving process.
13.4.4	Demonstrate nonviolent strategies that address conflict.	4.19 4.20	Discuss ways to solve conflicts. Demonstrate conflict resolution strategies. (Assignment Sheet 6)
13.4.5	Demonstrate effective responses to harassment.	4.8 4.9 4.10	Recognize traits of bullying. Identify ways to deal with bullying. Analyze a school bullying policy. (Assignment Sheet 2)
13.4.6	Assess community resources that support conflict prevention and management.		
Content Standard			
13.5	Demonstrate teamwork and leadership skills in the family, workplace, and community.		
Competencies			
13.5.1	Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members.	1.13 1.14	Identify signs of respect in relating to others. Identify leadership qualities and opportunities.
13.5.2	Demonstrate strategies to motivate, encourage, and build trust in group members.	1.15	Analyze qualities of a positive role model. (Assignment Sheet 6)

13.5.3	Demonstrate strategies that utilize the strengths and minimize the limitations of team members.		
13.5.4	Demonstrate techniques that develop team and community spirit.		
13.5.5	Demonstrate ways to organize and delegate responsibilities.		
13.5.6	Create strategies to integrate new members into the team.		
13.5.7	Demonstrate processes for cooperating, compromising, and collaborating.		
Content Standard			
13.6	Demonstrate standards that guide behavior in interpersonal relationships.		
Competencies			
13.6.1	Apply critical thinking and ethical criteria to evaluate interpersonal relationships.		
13.6.2	Apply guidelines for assessing the nature of issues and situations.		
13.6.3	Apply critical thinking and ethical standards when making judgments and taking action.	1.9	Practice ethical decision-making. (Assignment Sheet 4)
13.6.4	Demonstrate ethical behavior in family, workplace, and community settings.	1.5 1.6 1.7 1.8 1.9 1.10	Define ethics. Analyze how ethics and behavior are related. Develop a personal code of ethics. (Assignment Sheet 3) Recognize difficulties in ethical decisions. Practice ethical decision-making. (Assignment Sheet 4) Participate in communication about ethics and values. (Assignment Sheet 5)
13.6.5	Compare the relative merits of opposing points of view regarding current ethical issues.		
Area of Study 14.0 Nutrition and Wellness			
Content Standard			
14.1	Analyze factors that influence nutrition and wellness practices across the life span.		
Competencies			
14.1.1	Explain physical, emotional, social, psychological, and spiritual components of individual and family wellness.	6.1 6.4 6.14 6.15	Differentiate between health and wellness. Discuss how calories affect health and wellness. Discuss the importance of sleep and consequences of not sleeping enough. Identify physical, mental, and emotional effects of drugs and alcohol.

14.1.2	Analyze the effects of psychological, cultural, and social influences on food choices and other nutrition practices.	6.10 6.11 6.12	Define fad diets. Identify types of eating disorders. Match eating disorders to correct descriptions. (Assignment Sheet 4)
14.1.3	Analyze the governmental, economic, and technological influences on food choices and practices.	6.3	Identify the food groups in MyPlate.
14.1.4	Analyze the effects of global and local events and conditions on food choices and practices.		
14.1.5	Analyze legislation and regulations related to nutrition and wellness.	6.3	Identify the food groups in MyPlate.
Content Standard			
14.2	Evaluate the nutritional needs of individuals and families in relation to health and wellness across the life span.		
Competencies			
14.2.1	Analyze the effect of nutrients on health, appearance, and peak performance.	6.2 6.4	Identify the six nutrients. Discuss how calories affect health and wellness.
14.2.2	Analyze the relationship of nutrition and wellness to individual and family health throughout the life span.	6.1 6.7	Differentiate between health and wellness. Explain the importance of eating breakfast.
14.2.3	Analyze the effects of food and diet fads, food addictions, and eating disorders on wellness.	6.10 6.11 6.12	Define fad diets. Identify types of eating disorders. Match eating disorders to correct descriptions. (Assignment Sheet 4)
14.2.4	Analyze sources of food and nutrition information, including food labels, related to health and wellness.	6.5	Determine calories in various foods. (Assignment Sheet 1)
Content Standard			
14.3	Demonstrate ability to acquire, handle, and use foods to meet nutrition and wellness needs of individuals and families across the life span.		
Competencies			
14.3.1	Apply various dietary guidelines in planning to meet nutrition and wellness needs.	6.3 6.6 6.7	Identify the food groups in MyPlate. Identify ways to reduce unhealthy foods and choose healthy foods Explain the importance of eating breakfast.

		6.8	Evaluate snack choices. (Assignment Sheet 2)
14.3.2	Design strategies that meet the health and nutrition requirements of individuals and families with special needs.	6.6	Identify ways to reduce unhealthy foods and choose healthy foods.
14.3.3	Demonstrate ability to select, store, prepare, and serve nutritious and aesthetically pleasing foods.	6.6 6.8	Identify ways to reduce unhealthy foods and choose healthy foods. Evaluate snack choices. (Assignment Sheet 2)
Content Standard			
14.4	Evaluate factors that affect food safety from production through consumption.		
Competencies			
14.4.1	Analyze conditions and practices that promote safe food handling.	7.5 7.6	Discuss proper handwashing. Identify safety guidelines.
14.4.2	Analyze safety and sanitation practices throughout the food chain.	7.5 7.6	Discuss proper handwashing. Identify safety guidelines.
14.4.3	Analyze how changes in national and international food production and distribution systems influence the food supply.		
14.4.4	Analyze federal, state, and local inspection and labeling systems that protect the health of individuals and the public.		
14.4.5	Analyze food-borne illness factors, including causes, foods at risk, and methods of prevention commercially and by individuals and families.		
14.4.6	Analyze public dialogue about food safety and sanitation.		
Content Standard			
14.5	Evaluate the influence of science and technology on food composition, safety, and other issues.		
Competencies			
14.5.1	Analyze how scientific and technical advances influence the nutrient content, availability, and safety of foods.		
14.5.2	Analyze how the scientific and technical advances in food processing, storage, product development, and distribution influence nutrition and wellness.		
14.5.3	Analyze the effects of technological advances on selection, preparation and home storage of food.		
14.5.4	Analyze the effects of food science and technology on meeting nutritional needs.	6.3 6.4	Identify the food groups in MyPlate. Discuss how calories affect health and wellness.

		6.5	Determine calories in various foods. (Assignment Sheet 1)
		6.7	Explain the importance of eating breakfast.
		6.8	Evaluate snack choices. (Assignment Sheet 2)
		6.10	Define fad diets.
Area of Study 15.0 Parenting			
Content Standard			
15.1	Analyze roles and responsibilities of parenting.		
Competencies			
15.1.1	Analyze parenting roles across the life span.	10.2	Identify basic responsibilities of parents and caregivers.
15.1.2	Analyze expectations and responsibilities of parenting.	10.2	Identify basic responsibilities of parents and caregivers.
15.1.3	Analyze consequences of parenting practices to the individual, family, and society.		
15.1.4	Analyze societal conditions that influence parenting across the life span.		
15.1.5	Explain cultural differences in roles and responsibilities of parenting.		
Content Standard			
15.2	Evaluate parenting practices that maximize human growth and development.		
Competencies			
15.2.1	Choose nurturing practices that support human growth and development.	10.5	Discuss appropriate ways to manage children's behavior.
15.2.2	Apply communication strategies that promote positive self-esteem in family members.	10.4	Practice communication with parents. (Assignment Sheet 1)
15.2.3	Assess common practices and emerging research about discipline on human growth and development.	10.6	Respond to childcare situations with appropriate redirections and reinforcements. (Assignment Sheet 2)
15.2.4	Assess the effects of abuse and neglect on children and families and determine methods for prevention.		
15.2.5	Apply criteria for selecting care and services for children	10.18	Analyze caregiver situations. (Assignment Sheet 8)
Content Standard			
15.3	Evaluate external support systems that provide services for parents.		
Competencies			
15.3.1	Assess community resources and services available to families.		
15.3.2	Appraise community resources that provide opportunities related to parenting.		

15.3.3	Summarize current laws and policies related to parenting.		
Content Standard			
15.4	Analyze physical and emotional factors related to beginning the parenting process.		
Competencies			
15.4.1	Analyze biological processes related to prenatal development, birth, and health of child and mother.		
15.4.2	Analyze the emotional factors of prenatal development and birth in relation to the health of parents and child.		
15.4.3	Analyze implications of alternatives to biological parenthood.	4.2	Identify purposes and structures of families.
15.4.4	Analyze legal and ethical impacts of current and emerging technology on fertility and family planning.		
Area of Study 16.0 Textiles, Fashion and Apparel			
Content Standard			
16.1	Analyze career paths within textile apparel and design industries.		
Competencies			
16.1.1	Explain the roles and functions of individuals engaged in textiles and apparel careers.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
16.1.2	Analyze opportunities for employment and entrepreneurial endeavors.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
16.1.3	Summarize education and training requirements and opportunities for career paths in textile and apparel services.	14.6 14.7 14.8	Describe how to use career clusters. Discuss sources of career information. Research a job. (Assignment Sheet 3)
16.1.4	Analyze the effects of textiles and apparel occupations on local, state, national, and global economies.		
16.1.5	Create an employment portfolio for use with applying for internships, work-based learning opportunities and employment in textiles, fashion, and apparel.	14.12 14.13	List items included in a personal portfolio. Write about experiences to list in a portfolio. (Assignment Sheet 5)
16.1.6	Analyze the role of professional organizations in textiles, fashion, and apparel industries.		
Content Standard			
16.2	Evaluate fiber and textile products and materials.		
Competencies			
16.2.1	Apply appropriate terminology for identifying, comparing, and analyzing the most common generic textile fibers.		
16.2.2	Evaluate performance characteristics of textile fiber and fabrics.		

16.2.3	Summarize textile legislation, standards, and labeling in the global economy.		
16.2.4	Analyze effects of textile characteristics on design, construction, care, use, and maintenance of products.		
16.2.5	Apply appropriate procedures for care of textile products.	8.9 8.10  8.11 8.12	Discuss clothing care. Analyze clothing care labels. (Assignment Sheet 3) Discuss clothing storage and organization. Examine clothing storage methods. (Assignment Sheet 4)
Content Standard			
16.3	Demonstrate fashion, apparel, and textile design skills.		
Competencies			
16.3.1	Explain the ways in which fiber, fabric, texture, pattern, and finish can affect visual appearance.	8.4 8.5	Explain how to dress to fit body type. Identify factors in basic clothing design.
16.3.2	Apply basic and complex color schemes and color theory to develop and enhance visual effects.	8.7	Determine flattering colors. (Assignment Sheet 2)
16.3.3	Utilize elements and principles of design in designing, constructing, and/or altering textile, apparel, and fashion products.	8.5	Identify factors in basic clothing design.
16.3.4	Demonstrate design concepts with fabric or technology/computer, using draping and/or flat pattern making technique.	8.6	Demonstrate effects of basic clothing design. (Assignment Sheet 1)
16.3.5	Generate design that takes into consideration ecological, environmental, sociological, psychological, technical, and economic trends and issues.	8.15 8.16	Determine cost per wear. (Assignment Sheet 6) Explain the value of being able to sew.
16.3.6	Apply elements and principles of design to assist consumers and businesses in making decisions.		
16.3.7	Demonstrate ability to use technology for fashion, apparel, and textile design.		
Content Standard			
16.4	Demonstrate skills needed to produce, alter, or repair fashion, apparel, and textile products.		
Competencies			
16.4.1	Demonstrate professional skills in using a variety of equipment, tools, and supplies for fashion, apparel, and textile construction, alteration, and repair.	8.17 8.18 8.19	Recognize safe sewing practices. Define basic sewing terms and skills. Demonstrate basic sewing skills. (Job Sheet 1)

		8.20	Demonstrate sewing on a button. (Job Sheet 2)
16.4.2	Explain production processes for creating fibers, yarn, woven, and knit fabrics, and non-woven textile products.		
16.4.3	Use appropriate industry products and materials for cleaning, pressing, and finishing textile, apparel, and fashion products.		
16.4.4	Analyze current technology and trends that facilitate design and production of textile, apparel, and fashion products.		
16.4.5	Demonstrate basic skills for producing and altering textile products and apparel.	8.19 8.20	Demonstrate basic sewing skills. (Job Sheet 1) Demonstrate sewing on a button. (Job Sheet 2)
Content Standard			
16.5	Evaluate elements of textile, apparel, and fashion merchandising.		
Competencies			
16.5.1	Apply marketing strategies for textile, apparel, and fashion products.		
16.5.2	Analyze the cost of constructing, manufacturing, altering, or repairing textile, apparel, and fashion products.		
16.5.3	Analyze ethical considerations for merchandising apparel and textile products.		
16.5.4	Apply external factors that influence merchandising.		
16.5.5	Critique varied methods for promoting apparel and textile products.		
16.5.6	Apply research methods, including forecasting techniques, for marketing apparel and textile products.		
Content Standard			
16.6	Evaluate the components of customer service.		
Competencies			
16.6.1	Analyze factors that contribute to quality customer relations.	1.13 2.14 2.15 2.16 2.17 4.17 4.18	Identify signs of respect in relating to others. Use the decision-making process. Apply the decision-making process to situations. (Assignment Sheet 6) Define problem-solving and understand when problem-solving is necessary. Use the problem-solving process. Identify types and styles of communication. Analyze non-verbal communication to determine meaning. (Assignment Sheet 5)

		4.19 4.20	Discuss ways to solve conflicts. Demonstrate conflict resolution strategies. (Assignment Sheet 6)
16.6.2	Analyze the influences of cultural diversity as a factor in customer relations.		
16.6.3	Demonstrate the skills necessary for quality customer service.		
16.6.4	Create solutions to address customer concerns.	2.16 2.17 4.19 4.20	Define problem-solving and understand when problem-solving is necessary. Use the problem-solving process. Discuss ways to solve conflicts. Demonstrate conflict resolution strategies. (Assignment Sheet 6)
Content Standard			
16.7	Demonstrate general operational procedures required for business profitability and career success.		
Competencies			
16.7.1	Analyze legislation, regulations, and public policy affecting the textiles, apparel, and fashion industries.		
16.7.2	Analyze personal and employer responsibilities and liabilities regarding industry-related safety, security, and environmental factors.	11.1 11.3 11.4 11.6 11.8 11.13	Describe procedures to follow during a minor emergency. List basic first aid steps. Identify fire safety procedures. Describe tornado safety procedures. List earthquake safety guidelines. Respond to safety situations. (Assignment Sheet 5)
16.7.3	Analyze the effects of security and inventory control strategies, cash and credit transaction methods, laws, and worksite policies, on loss prevention and store profit.		
16.7.4	Demonstrate procedures for reporting and handling accidents, safety, and security incidents.	11.1	Describe procedures to follow during a minor emergency.
16.7.5	Analyze operational costs such as mark ups, mark-downs, cash flow, and other factors affecting profit.		
16.7.6	Demonstrate knowledge of the arts, of various resources, and cultural impact upon the textile, apparel, and fashion industries.		