

Lesson Plan Title: Birth Control 101

Subject area: Parenting

Recommended course (s):

Family and Consumer Science I
Parenting and Child Development



Aligned to NASAFACS Standards:

15.4: Analyze physical and emotional factors related to beginning the parenting process.

15.4.1: Analyze biological processes related to prenatal development, birth, and health of child and mother.

Objectives:

FACS I: Unit 19 Obj 7: Associate the methods of contraception with their correct descriptions.

Materials needed:

iPad or Computer access
FACS I Textbook (CIMC)
worksheet
pencil

Resources:

www.stayteen.org

Lesson Summary/Outline:

Students will learn:

The difference between barrier and hormonal methods of contraception.

The names and effectiveness of various forms of contraception.

Which forms of contraception require a doctor's visit.

Which forms of contraception prevent Sexually Transmitted Infections (STIs).

The only 100% effective way to prevent unwanted pregnancy.

Motivator/Opening:

Class discussion:

Imagine what life would be like if you were a parent? How would it be different?

Activities:

Read Unit 19 pgs. 230-233.

Assignments:

Research the Stay Teen Website and complete the Birth Control 101 worksheet.

Evaluation:

Worksheet = Daily grade

Unit 19 Test = Test grade

Notes:

Submitted by:

Cindy Franks

Contact info:

cfranks@coalgatsschools.org

580-927-0680