

Lesson Plan Title: Child Development-Ages & Stages

Subject area: Child Care

Recommended course (s):

Teen Living Skills (FACS)
Child Development



Aligned to NASAFACS Standards:

4.2 (4.2.4)
12.3 (12.3.2)
(full description listed below)

Objectives:

Students will be able to define terms related to child development and explain guidelines for caring for infants, toddlers, and preschoolers.

Materials needed:

Computer & projector
Chalkboard/Whiteboard/Smartboard (to post bell work)
Power Point Presentation
Milestone pictures for opening activity

Resources:

“Building Life Skills” Textbook (pages 124-140) or any similar textbook

Lesson Summary/Outline:

Students will learn the different ages and stages of child development. During the activities and Power Point discussion it will be important to stress that the ages that milestones are reached are what is considered typical. Every baby is different and may reach milestones at different times.

Motivator/Opening:

Bell Work- List ways that babies depend on their parents at birth?
To feed them, change their diapers, dress them, comfort and love them. These things play factors in the physical, intellectual, social & emotional development.

Activities:

To pre-assess prior knowledge students will do the "Baby Milestones" activity. Six students will be called on to stand in front of the class. They will then be handed a picture that illustrates a certain stage in child development. The students will then be instructed to get in the proper order in regards to what stage of development comes first.

Milestones pictured will be as follows:

1. Grasps Objects (Birth)
 2. Smile (2 months)
 3. Rolls over (3-6 months)
 4. Sits up alone (4-6 months)
 5. Crawls (7-9 months but also mention that some babies never crawl)
 6. Pulls self up to standing position (9-12 months)
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1. Walk (12-18 months)
 2. Feed self with spoon (18-24 months)
 3. Names body parts (24-36 months)
 4. Recognizes colors (3 years)
 5. Speaks in sentences (4 years)
 6. Draws most shapes correctly (5 years)

Assignments:

Do vocabulary assignment on page 124.
"Review It" on page 140.

Content Standard(s):

4.2 Analyze developmentally appropriate practices to plan for early childhood, education, and services.

12.3 Analyze strategies that promote growth and development across the life span.

Competencies:

4.2.4 Analyze abilities and needs of children and their effects on children's growth and development.

12.3.2 Analyze the role of communication on human growth and development.

Evaluation:

Notes:

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