

# SPORTS MEDICINE CAREERS

Sports medicine is a fast-growing health care field that focuses on the treatment of athletic-based injuries and illnesses. Those interested in health care and sports may find a career in this industry highly rewarding.<sup>1</sup>

**Skills that can help Sports Medicine professionals succeed:<sup>1</sup>**

**Compassion**

**Organization**

**Communication**

**Innovation**

**Analytical Thinking**

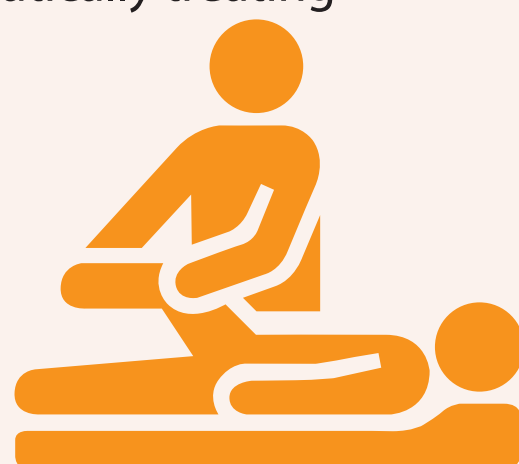
## Job Outlook<sup>2</sup>

Excellent

### Physical Therapist

Physical therapists help diagnose and treat patients who suffer from injuries, diseases and physical challenges. They help improve and restore mobility by planning exercises, therapeutically treating injuries and using specialized equipment. They help people relieve pain, increase physical abilities and prevent future effects of disabilities.<sup>4</sup>

- Average salary: \$91,010<sup>1</sup>



Great

### Athletic Trainer

Athletic trainers help prevent and treat sports-related injuries by working with athletes of all ages, coaches and other health care professionals. When working with physicians and medical professionals, they provide knowledge on illness prevention, wellness protection, immediate care, clinical diagnoses, and treatment and rehabilitation. Athletic trainers are also recognized as a main allied health professional.<sup>4</sup>

- Average salary: \$55,036<sup>6</sup>



Good

### Nutritionist

Nutritionists help people by planning nutritional and food service programs to promote the health of individuals and organizations. They are experts in food and nutrition. Responsibilities include supervising diets, recommending health-based activities, providing counseling and conducting research.<sup>5</sup>

- Average salary: \$61,270<sup>5</sup>



Fair

### Kinesiotherapist

Kinesiotherapists specialize in body movement; they plan fitness routines for sports medicine programs. Knowledgeable in active and passive muscle movements they help to treat many athletes and get them back in their sport with improved stamina and strength.<sup>2</sup>

- Average salary: \$60,877<sup>2</sup>



**14%**

average overall job growth for sports medicine careers<sup>4</sup>

The median annual wage for sports medicine professionals is<sup>1</sup>

**\$72,432**

1. <https://www.bestcolleges.com/careers/healthcare/sports-medicine/>

2. <https://www.sports-management-degrees.com/faq/what-types-of-jobs-are-there-in-sports-medicine/>

3. <https://explorehealthcareers.org/field/sports-medicine/>

4. [https://study.com/sports\\_medicine\\_career.html](https://study.com/sports_medicine_career.html)

5. <https://www.bls.gov/oes/current/oes291031.htm>

6. <https://www.bls.gov/ooh/healthcare/physical-therapists.htm>