



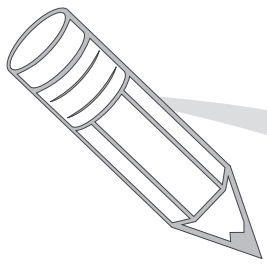
STEM for FCS programs

Use this sample lesson to help students understand
the real financial impact of a baby

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Baby Costs Worksheet

Name _____

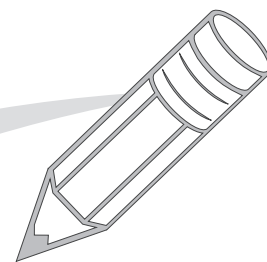
Class _____

Item	Quantity for 1 year	Price per item	Total cost (annually)	Website/store
EQUIPMENT				
Crib/ Mattress	1			
Mattress pad	2			
Stroller system with car seat and carrier	1			
Bassinet or pack and play	1			
High chair	1			
Changing station	1			
Baby swing	1			
Bathtub	1			
SUPPLIES				
Childproof locks/latches	6 sets			
Electrical outlet plugs	6 sets			
Toys	Use your discretion			
Camera & film or memory card				
Crib sheets	2 sets			
Blankets	1 pkg.			
Burp cloths	2 pkgs.			
Diaper bag	1			
Pacifier	2			
Baby monitor	1			
MEDICAL				
Health insurance	For 1 year (you and baby)			
Cost of delivery	1 baby/natural birth			
Prenatal vitamins/baby vitamins	2 bottles			
Doctor visits				
CARE SUPPLIES				
Diapers	1 lg. pkg./month			
Baby shampoo	2 lg. bottles			



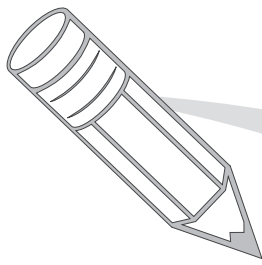
Baby Costs

Worksheet (cont.)



Item	Quantity for 1 year	Price per item	Total cost (annually)	Website/store
Baby soap	4 lg. bottles			
Baby lotion	2 lg. bottles			
Diaper rash ointment	2 tubes			
Cotton balls	3 pkgs.			
Baby wipes	1 lg pkg./month			
Baby laundry detergent	2 lg. bottles			
Baby emergency kit	1			
CLOTHING COSTS				
Undershirts/onesies	1 pkg./month			
Pajamas	1 pkg./month			
Socks	1 pkg.			
Shoes	2 pairs			
Sweater/sweatshirt	2			
Snowsuit	1			
Hat, mittens	1 set			
Outfits	24/year			
Feeding Costs				
Bibs	1 lg. pkg.			
Formula				
Breast pump	1			
Infant cereal	8 boxes			
Baby food	400 jars			
Spoons/bowls	1 set			
Cups for 6-12 months.	1 pack			
Bottles	24 bottles			
OTHER				
Daycare				

Grand Total: _____



Baby Costs Worksheet

What other things not on this list would you want to buy for your baby?

How do you feel when you can't buy something?

When the government provides financial assistance to single and low-income parents, where does that money come from?

If you had a baby, where would you live? How much would monthly housing costs be for you and the baby (including rent and utilities)?

If you were able to secure a full time job, how much of that income would go to daycare costs? Explain.

