Lesson Plan Title: Fabric Dyeing 101

Subject area:
Recommended course (s):

FACS I & II; Basic Clothing Constructin

Aligned to NASAFACS Standards:

Textile, Fashion & Apparel
16.3.1; 16.3.2; 16.4.3; 16.4.5; 16.7.6

Objectives:

Students will successfully take a ready made garment and alter the color and design of the piece

Materials needed:

White 100% cotton t shirt per student
Plastic smock or apron per student
Plastic tablecloth for tables
Size 18 rubber bands (large bag)
Powdered or liquid dyes (I used Rit Dye) in several colors
Access to hot water
small squeeze bottles per color
Various other supplies according to dye method
Salt & Plastic Wrap plastic gloves

Resources:

Tie Dye & Batik books (Hot off the Press) optional
Direct Dying: A Step by Step Visual Guide, Susan Wiedner
www.dharmatrading.com
www.jacquardproducts.com

Additional Supplies:
Bucket or Sink

Lesson Summary/Outline:

Introduce fabric dyeing by showing students different types of dyeing techniques.
Demonstrate each type of technique that students will be completing.
Allow students to work individually on their projects.
Allow each student to experiment with different types of techniques if possible
Encourage the use of different folds when tye dyeing garment items

Motivator/Opening:

A few days before the actual workshop, show videos/pictures of tye dye items. Encourage students to "think outside" the box on what they would do with their items. If possible, show youtube videos of tye dye techniques ahead of time. Also, you can demonstrate how to properly fold/rubber bank and item for different types of technique

Activities:

I start off the activity by getting everything ready:
Put plastic tablecloths on tables to protect surface
Have students to tie back their hair and remove their jewelry
Have stations set up with different colors so students can walk around

You must have a place for the students to place their garment after it has been tye dyed and wrapped in plastic so that it will not be disturbed.

Assignments:

https://www.youtube.com/watch?v=7DkljoJg4tE

https://www.youtube.com/watch?v=PbjWkiQ5DtI

https://www.youtube.com/watch?v=cTqbP4HIhPE

Evaluation:

Successful completion of tye dye project!

Notes:

The more times you do the activity, the better it will become. Just don't give up and don't let the kids give up!

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