

Class Period \_\_\_\_\_

## FACS Student Info Sheet

Name \_\_\_\_\_ Birthday \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

I live with (names and relation to you):

\_\_\_\_\_  
\_\_\_\_\_

Do you have a job? If so, where? \_\_\_\_\_

What school activities are you in? \_\_\_\_\_

Parent/Guardian email: \_\_\_\_\_ Cell \_\_\_\_\_

Student email (you): \_\_\_\_\_

Do you plan to join FCCLA? Yes No Not sure

## Tell Me About You

I listen to this kind of music: \_\_\_\_\_

My favorite song right now is: \_\_\_\_\_

The last movie I saw in theatres was: \_\_\_\_\_

My favorite food: \_\_\_\_\_

My favorite TV show: \_\_\_\_\_

If I could drive any vehicle, it would be: \_\_\_\_\_

I would love to travel to: \_\_\_\_\_

Are you dating someone? Optional: Tell me who. \_\_\_\_\_

This summer I:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you an OSU or OU fan? Or what team do you like? Or none: \_\_\_\_\_

One thing I am really looking forward to this year is:

One thing I am really dreading about this year is:

Anything else you want to tell me now?

### Expectations for Mrs. DeLozier's Class

I am easy to get along with and I expect you to be the same way. If you do what is expected of you, this will be a GREAT class! All rules in the school handbook apply to this class. I have a few specific expectations:

1. No profanity or disrespectful language
2. Take care of classroom "stuff".
3. No horseplay. Period.
4. Only CLEAR water bottles allowed.
5. Clean up after yourself.
6. Leave other people's things (phone, bags, etc.) alone!!

**Cell Phones:** Phones are to be turned off and kept out of sight as soon as bell rings. You are only allowed to have them out if given permission by Mrs. DeLozier. Phones may also be placed on charging dock before bell and left there until end of class.

**Snacks/Water Sales:** This is a privilege, not a right. If you leave trash or steal, that privilege will be taken away. Bring the items you want to purchase to my desk and pay me, BEFORE CLASS. If I'm not at desk, wait...

**Discipline:** You are expected to act appropriately in my class. If there is a problem that needs to be addressed, I will speak with you privately. If the situation does not improve there will be appropriate consequences.

**Makeup Work:** It is YOUR responsibility to get missed assignments from the Missed Work tub on the counter.

**Bathroom/Leaving Class:** Take care of things before you get to my class.

I have read and I understand the expectations of Mrs. DeLozier's class.

Signature \_\_\_\_\_ Date \_\_\_\_\_

# FACS Basics

one credit

Mrs. Robin DeLozier  
1<sup>st</sup> and 4<sup>th</sup> Hours  
7<sup>th</sup> hour planning  
rdeLozier@  
Adairschools.org

welcome

to FACS Basics



Welcome to the Family Consumer Sciences Dept.!

This class provides students with basic information and skills from all areas of FACS. You will gain basic life skills that can be used everyday of your life. Students are encouraged to join the leadership organization *FCCLA--Family, Career, and Community Leaders of America.*

expectations



Be in seat and ready to learn.



Bring charged CB, earbuds, binder, pen/pencil. Use class time to finish assignments!



Clean up after yourself everyday!



Respect yourself, your peers (this includes opinions and property!) and school staff & property



Take responsibility for your own learning. Leave attitude at the door. You are expected to act appropriately in my class. If there is a problem, it will be handled appropriately.

Per school policy cell phones must remain **OFF** and **OUT OF SIGHT** during class. Keep them in pocket, backpack, or purse.

Phones may be placed on the classroom charging dock, but must be turned **OFF**. The phone stays on the dock until the end of class.

This privilege will be revoked if misused.

Phones will be allowed only when permission is give by Mrs. DeLozier.

cell phone policy





# grades

and how they're weighted

## PARTICIPATION

Do you put forth a consistent, solid effort in class? Do you keep your eyes open & your head off your desk? Do you ask questions & power through, trying your best when challenged? If you miss class time you will be required to make it up to receive credit.

## SUMMATIVE/FORMATIVE

Throughout the course you will be given class projects, worksheets, book assignments, readings, internet assignment assignments, etc.

## CLASSWORK

Tests and quizzes will be at the end of each unit. Your final exam will be factored into this category as well.

## TESTS/QUIZZES

## LAB/PRODUCTION

DO YOU TAKE RESPONSIBILITY TO COMPLETE YOUR PROJECTS AND LABS ON TIME?

## PROJECTS

EVERY FOODS OR SEWING LAB IS EVALUATED BASED ON THE FOLLOWING:

## LABS



- mis en place
- safety and sanitation
- teamwork
- final product
- specific criteria for the project

# commonly asked questions

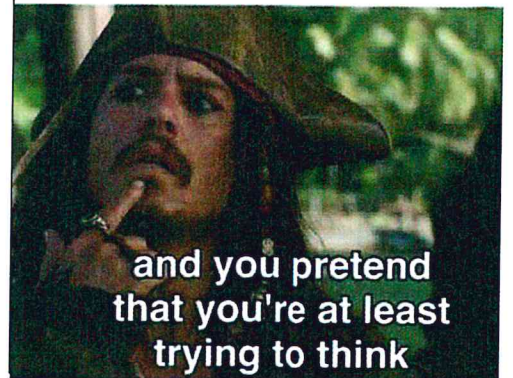
*When will we cook?*

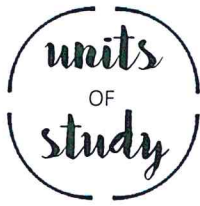
You will cook in a group of 4 or 5 students. We begin The Nutrition/Foods unit in late October. Your first cooking lab will probably be the first of December. Don't ask me this question...you will know when your lab day will be.

*Do I lose points for late work?*

Yes. Each homework assignment or project will come with a due date. It is your responsibility to keep track of that due date in your planner. Your assignment value will be reduced by a letter grade for each day late. Make sure you turn your work in on time! Check the Missed Work Folder when you return.

When the teacher is watching you during a test..





- Introduction to FCCLA
- Personality, Dating and Relationships
- Communication and Conflict Resolution
- Physical Development
- Making Families Stronger
- Promoting Good Health
- Nutrition
- Kitchen Equipment
- Safety and Sanitation
- Using a Recipe
- Planning and Serving Meals
- Fruits, Vegetables and Grains
- Milk, Yogurt and Cheese
- Proteins
- Caring for Children
- Applying Design
- Sewing Basics
- Exploring Careers

*signature*

Share this syllabus with your parents and let them know what you'll be up to this year, and return with your parent or guardian's signature as well as your own for extra credit. It's important to include your family in your education to ensure you get the help, reminders, and support you need to succeed.

your signature

your parent/guardian's signature

Name \_\_\_\_\_

## **FACS--What's It All About??**

Directions: Make your way around to each station and perform the instructions. You may rotate in any order; if a table is full, go to another table. After completing each station, get your prize from Mrs. D.

**Station 1: Color the color wheel using the correct colors. Bonus points if you can label the primary and secondary colors correctly.**

**Station 2: Name each of the sewing equipment items.**

- 1.
- 2.
- 3.
- 4.
- 5.

**Station 3: Name the kitchen equipment and the use.**

- 1.
- 2.
- 3.
- 4.
- 5.

**Station 4: Tell the appropriate age for each toy.**

Lincoln Logs--

Jenga--

Hot Wheels Car--

Elmo Doctor kit--

**(Over)**



**Station 5: Number the following items, in order, from least expensive to most expensive.**

- \_\_\_ Peanut butter
  - \_\_\_ White chocolate chips
  - \_\_\_ cherry pie filling
  - \_\_\_ Olive Oil
  - \_\_\_ Hazelnut spread
- 
-

Label the Color Wheel & color in each piece.

