

You have the **know-how**.  
We have the **what-to-use**.

*Safe Dates* is the only **evidence-based** curriculum that prevents dating abuse.

Safe Dates

**GRADES 6–12**

**An Adolescent Dating Abuse Prevention Curriculum**

BY VANGIE FOSHEE, PH.D., AND STACEY LANGWICK, PH.D.

*Safe Dates* is the only research-based adolescent dating abuse prevention program available today. Highly engaging and interactive, *Safe Dates* helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive dating relationships.

**Safe Dates**

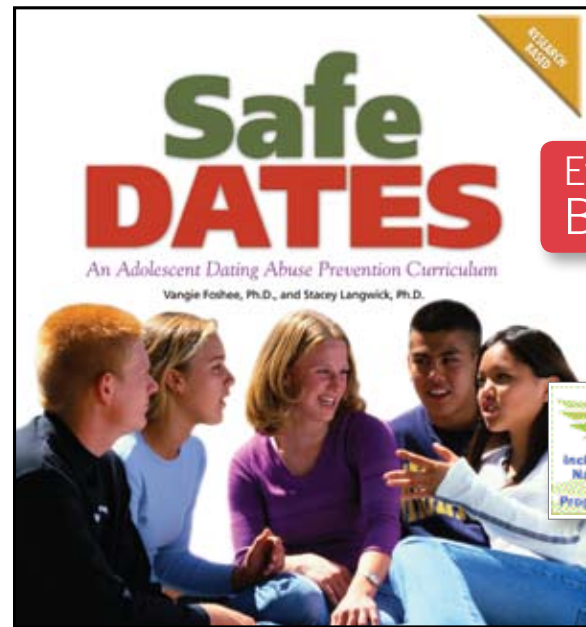
- works as a prevention and as an intervention tool
- has strong outcomes even after four years
- is proven effective with boys as well as girls
- addresses both perpetrators and victims of abuse
- acknowledges that either gender could play either role

A follow-up study of students from 14 public schools in North Carolina found that, four years after implementation of *Safe Dates*, students who participated in the program reported **56% to 92% less physical and sexual dating violence** than teens who did not participate in *Safe Dates*.

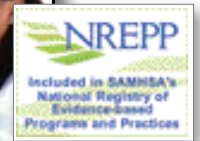
The nine-session curriculum, which can be delivered in as few as four sessions, includes

- reproducible handouts
- step-by-step instructions for each session
- a scope and sequence document
- a 45-minute play on dating abuse written by high-school drama students
- pre- and post-program evaluation tools
- parent resources
- a training outline for facilitators

2144 / \$195.00 / Complete curriculum



Evidence  
BASED



“We will be taking a major step toward prevention of family violence if every teenager has the benefit of this program.”

—MURRAY A. STRAUSS, CODIRECTOR OF THE FAMILY RESEARCH LABORATORY, UNIVERSITY OF NEW HAMPSHIRE

Learn more about this evidence-based curriculum at [hazelden.org/safedates](http://hazelden.org/safedates).

[hazelden.org/bookstore](http://hazelden.org/bookstore)  
800-328-9000

We invite you to call us with questions.  
We are available 24 hours a day.

Hazelden, a national nonprofit organization founded in 1949, helps people reclaim their lives from the disease of addiction.

- Hazelden locations**
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