

Pacing Guide

FACS Basics: Building Skills to Last a Lifetime

8th-12th Grade

Unit	Suggested Time
FCCLA	3 Weeks
Unit 1: Personality, Dating and Close Relationships	2
Unit 2: Communication and Conflict Resolution	1
Unit 3: Physical Development	1
Unit 4: Making Families Stronger	1
Unit 5: Caring for Children	4
Unit 6: Applying Design	4
Unit 7: Sewing Basics	4
Unit 8: Choosing and Caring for Clothing	2
Unit 9: Promoting Good Health	1
Unit 10: Nutrition	1
Unit 11: Kitchen Equipment	1
Unit 12: Kitchen Safety and Sanitation	1
Unit 13: Using a Recipe	2
Unit 14: Planning and Serving Meals	1
Unit 15: Fruits, Vegetables, and Grains	2
Unit 16: Milk, Yogurt, and Cheese	1
Unit 17: Proteins	2
Unit 18: Exploring Careers	1
Testing	1

