



# OKLAHOMA CareerTech

**FCS**

Family and Consumer Sciences  
FCCLA - Family, Career and Community Leaders of America

DECEMBER 1, 2020

[CONTACT US](#)

## Lottery Grant Reminder

If you received a lottery grant, please get items purchased and complete the Equipment Reimbursement Request Form. Attach reimbursement packet including all paid invoices and a detailed 469 expenditure report. **Reimbursement packets MUST be received by February 1!** Submit to Rose Mangold 1500 W. 7th Ave., Stillwater, OK 74074 or email to [rose.mangold@careertech.ok.gov](mailto:rose.mangold@careertech.ok.gov) for reimbursement approval.

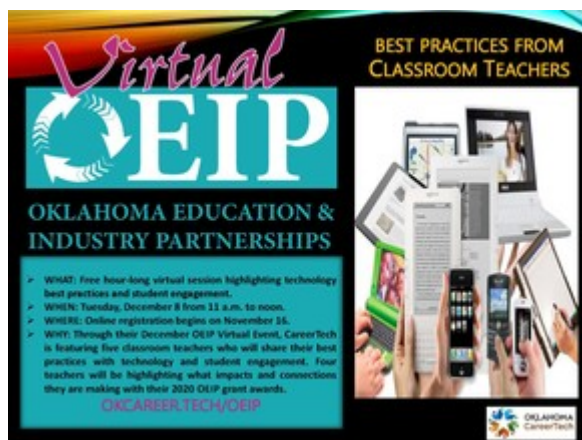
## Virtual CTE Professional Development Seminar

FREE Admission  
January 4th - 5th

iCEV is hosting two days of complimentary professional development and **ALL CTE educators are invited to attend!**

Whether you are brand new to iCEV or already an iCEV super user, this virtual event is packed with valuable implementation strategies, tools and resources focused on preparing teachers to adjust to a changing educational landscape. [Schedule and Registration](#)

## CareerTech Teacher Academy



## Fall 2020 Student WBL Video Contest

The Oklahoma Department of CareerTech wants to share your work-based learning story. And we are willing to part with some cash for the effort! We want you to shoot a video sharing the positive benefits you see from participating in WBL. We want it in your own words!

Deadline to submit videos is **December 20, 2020**. [Click here](#) to find out more and download the flyer to learn more.

## FCCLA

### Got Cookies?

If you haven't cleared your cookies for the Oklahoma FCCLA website recently, please do so.

Registration is now open for the **January 28, 2021** session of CareerTech Teacher Academy. This is a professional development opportunity for new and experienced teachers. Some topics include virtual teaching, creative ways to teach all students, and basics of school law. This session will be held in a virtual format with no registration fee. Virtual networking opportunities will also be included in the conference. In order to view the recorded sessions of this conference participants must be registered for the event. Below is the link to register. Please let me know if you have any additional questions.

[CareerTech Teacher Academy January 28, 2021 Registration](#)

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### **On Demand Mind Matters Now: Complete 12 Lesson Series Now, only \$49.00**

This is a great resource for the Counseling and Mental Health course.

Mind Matters' lessons teach people how to respond to negative experiences with innovative methods based on current research and neuroscience. These skills give individuals a way to take charge of their emotions and improve their states of mind. Participants learn to address their physical, relational, and mental health needs.

Mind Matters' practical, hands-on lessons explore the effects of adversity and toxic stress along with the healing process. Each lesson includes activities that build resilience and increase hope.

This is the complete 12-lesson series. **You may purchase and watch them at any time.** Your purchase will include an access link to watch the series on the Dibble platform.

Order at the following link:  
<https://www.dibbleinstitute.org/product/on-demand-mind-matters-now-complete-12-lessons/>

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### **Curriculum Adoption**

iCEV has provided a video about their curriculum. <https://youtu.be/G67P0KWqBdg>

New info is added regularly and you might be missing it.

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### **State Officer Applications Due December 15th**

State Officer applications must be received by December 15th. Applications are on the Oklahoma FCCLA website.

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### **STAR Event Online Orientation:**

There is not an online orientation for District STAR Events. All competitors will automatically receive points for this portion of the rubric.

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### **Competitive Event Dates:**

Judge Information deadline – **November 15<sup>th</sup>**

Registration deadline - The registration deadline is **November 20<sup>th</sup>**. Your students must be affiliated and registered to compete by this date in order to participate. This is a firm deadline.

Upload deadline - **November 23 – December 4<sup>th</sup>** is the time frame for you to upload videos and documentation. You are responsible for checking to make sure your links work prior to uploading. Share with friends and family and have them double and triple check!

Evaluation deadline - Judges will have **December 5<sup>th</sup> - 11<sup>th</sup>** to evaluate.

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### **Competitive Events Manual**

The Competitive Events Manual is now in your FCCLA portal. To access, log in and click "resources".

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### **FCS Directory 2020-21**

You can find the directory on ctYou when you login [here!](#)

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### **[CareerTech FAQ's and Guidance](#)**

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Teachers who are interested should contact them for more information.

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## iCEV FREE Virtual Training

iCEV will be hosting some virtual training for their curriculum. These workshops are free and will be the first Tuesday of each month. [Register here!](#)

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