



# OKLAHOMA CareerTech

**FCS** Family and Consumer Sciences  
FCCLA - Family, Career and Community Leaders of America

DECEMBER 8, 2020

[CONTACT US](#)

## Lottery Grant Reminder

If you received a lottery grant, please get items purchased and complete the Equipment Reimbursement Request Form. Attach reimbursement packet including all paid invoices and a detailed 469 expenditure report.

**Reimbursement packets MUST be received by February 1!** Submit to Rose Mangold 1500 W. 7th Ave., Stillwater, OK 74074 or email to [rose.mangold@careertech.ok.gov](mailto:rose.mangold@careertech.ok.gov) for reimbursement approval.

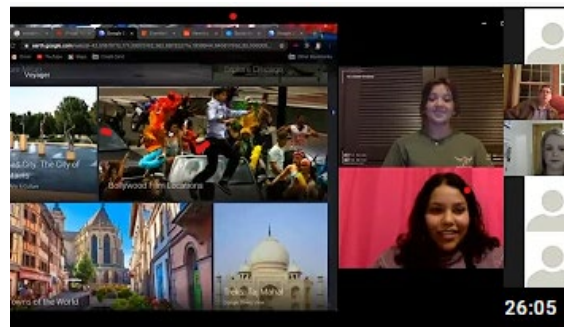
## Have you tried OK Career Guide as a teaching tool in your classroom?

[Check it out!](#)

Scroll down to "Want to See What's in OK Career Guide?" and you will find a username and password that will allow you to browse the site without creating an account.

If you have questions about his site, contact one of the three names in the center of the page - AJ Crowell, Nathan Brubaker or Latoya Miller.

## Virtual CTE Professional Development Seminar



Looking for something valuable and exciting to assign to your students? Watch the video above by clicking on the picture.

Students who were in the Event Promotion class this semester at ECU put this project together to help students, FCS students, 4-H students and others to learn something new, and improve their mental health. This video also showcases curriculum taught at ECU in the Human Development, Hospitality and Food Science program.

## Fall 2020 Student WBL Video Contest

The Oklahoma Department of CareerTech wants to share your work-based learning story. And we are willing to part with some cash for the effort! We want you to shoot a video sharing the positive benefits you see from participating in WBL. We want it in your own words!

FREE Admission  
**January 4th - 5th**

iCEV is hosting two days of complimentary professional development and **ALL CTE educators are invited to attend!**

Whether you are brand new to iCEV or already an iCEV super user, this virtual event is packed with valuable implementation strategies, tools and resources focused on preparing teachers to adjust to a changing educational landscape. [Schedule and Registration](#)

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## CareerTech Teacher Academy

Registration is now open for the **January 28, 2021** session of CareerTech Teacher Academy. This is a professional development opportunity for new and experienced teachers. Some topics include virtual teaching, creative ways to teach all students, and basics of school law. This session will be held in a virtual format with no registration fee. Virtual networking opportunities will also be included in the conference. In order to view the recorded sessions of this conference participants must be registered for the event. Below is the link to register. Please let me know if you have any additional questions.

[CareerTech Teacher Academy January 28, 2021 Registration](#)

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## On Demand Mind Matters Now: Complete 12 Lesson Series Now, only \$49.00

This is a great resource for the Counseling and Mental Health course.

Mind Matters' lessons teach people how to respond to negative experiences with innovative methods based on current research and neuroscience. These skills give individuals a way to take charge of their emotions and improve their states of mind. Participants learn to address their physical, relational, and mental health needs.

Mind Matters' practical, hands-on lessons explore the effects of adversity and toxic stress along with the healing process. Each lesson includes activities that build resilience and increase hope.

Deadline to submit videos is **December 20, 2020**. [Click here](#) to find out more and download the flyer to learn more.

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## FCCLA

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### FCCLA Partners with Tallo

FCCLA is proud to partner with Tallo! Tallo is a free online platform and app that lets students showcase themselves and get discovered by colleges and companies everywhere. For every member that signs up between now and **December 31**, Tallo will donate \$1 to FCCLA. Please share with your advisers. Students can click [here](#) to join Tallo today!

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### Got Cookies?

If you haven't cleared your cookies for the Oklahoma FCCLA website recently, please do so. New info is added regularly and you might be missing it.

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### State Officer Applications Due December 15th

State Officer applications must be received by December 15th. Applications are on the Oklahoma FCCLA website.

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### STAR Event Online Orientation:

There is not an online orientation for District STAR Events. All competitors will automatically receive points for this portion of the rubric.

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### Competitive Events Manual

The Competitive Events Manual is now in your FCCLA portal. To access, log in and click "resources".

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### FCS Directory 2020-21

You can find the directory on ctYou when you login [here!](#)

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This is the complete 12-lesson series. **You may purchase and watch them at any time.** Your purchase will include an access link to watch the series on the Dibble platform.

## [CareerTech FAQ's and Guidance](#)

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Order at the following link:

<https://www.dibbleinstitute.org/product/on-demand-mind-matters-now-complete-12-lessons/>

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