Graph of the Week

January _____

Analyze the graphs below and write a reflection on what you think the graph is communicating to you. To guide you with your response, start with some observations.

- What is the topic of the graph?
- What does the x-axis represent? What does the y-axis represent?
- What are some observations that you can make based on the graph?
- What do you foresee happening in the next 10 years?

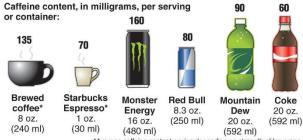
Questions to ask when reading graphs:

- > Is there an upward or downward trend?
- Are there any sudden spikes in the graph?
- What is being compared in the graph?
- What prediction can I make for the future?
- What inferences can I make about the graph?

Health Matters

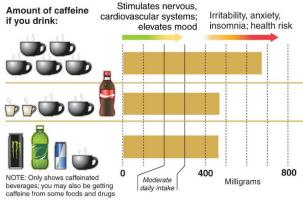
Over the limit on caffeine

Moderate daily intake of caffeine (200 to 300 mg) normally is not harmful, but too much can cause negative health side effects.



*Average caffeine content; varies depending on strength of beverage

What's your caffeine intake?



Source: Mayo Clinic, University of California Davis Graphic: Lee Hulteng

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