



OKLAHOMA CareerTech

FCS Family and Consumer Sciences
FCCLA - Family, Career and Community Leaders of America

Contact Us

August 4, 2021

Beef Culinary Competition

Register your student teams to compete in the Oklahoma Beef Council's annual cookoff during the Oklahoma State Fair! The competition will take place between September 16 – 26th. Teams should receive all groceries paid, mileage, and free admission to the fair. For more information and to sign up, contact Staci Amato 405-410-8466 samato@oklabeeff.org



CareerTech Educator Conference

Registration for the September 16, 2021 session of CareerTech Educator Conference (formerly Teacher Academy) is now open. This is a professional development opportunity for new and experienced teachers. Some topics include student motivation, creative ways to teach all students, and how to complete CESI and Salary and Teaching Schedule. This session will be held in a hybrid format. The in-person session will be held at Tulsa Tech Owasso Conference Center. There will also be a virtual prerecorded option. The cost for this conference is \$35 for the in-person session and \$10 for the virtual option. Please feel free to contact me if you have any questions.

[CareerTech Educator Conference Registration](#)

[Virtual CareerTech Educator Conference Registration](#)

The Farm Bureau Women's Committee Leadership Conference

For the first time ever they have opened this training for 35 FCS teachers this year. If you are a Farm Bureau member the training is free. If you are not a member, the cost for this training is only \$90.00. For more [information](#) or to register click on this [link](#).

FCS Teaching Opportunities

Please help us share FCS Teaching Opportunities with new teachers and those earning their Certifications. We are updating the list of job opportunities on a regular basis. For available opportunities [click here](#).

Free Culinary Educator Series

Join Johnson & Wales University chef instructors this summer to learn culinary tips, techniques and theory. This series features free virtual programs this July and August. They are free for educators. There are two seminars left. The first one was a Bread Fermentation workshop that consisted of about 20 minutes of an informative lecture and about 30 minutes of demonstration. It was in a zoom atmosphere, so you had the ability to interact with the chef. Participants are also able to get a lesson plan for their classroom and recipes. The university will issue certificates of completion after the sessions. [Click here for more information and for links to register.](#)

FREE Lesson Plans & Activities

The Incredible Egg provides free lesson plans and activities for K-12 educators. For more information [click here](#).

Teacher Certification

For questions regarding teacher certification, renewal, missed certification exams, etc., please contact Laurie Richison at laurie.richison@careertech.ok.gov or call 405.743.5518. She can help you step by step on how to complete your certification.

Newsletters are uploaded to ctYou

All past Newsletters are uploaded weekly to ctYou under the bulletin board. If you are looking for the most updated information please [check here](#).

FCS & FCCLA Dates to Remember 2021-2022

Save the dates to your calendar! We have updated the "Dates to Remember" from today through **June 30, 2022!** [You may find the dates here!](#)

Free Photo Images for Student and Teacher use

Unsplash is a great source of free high resolution images that you and your students can use in various school projects and art works. I am definitely adding it to this of the best free [photo sources for teachers and students](#). Unsplash is totally free and does not require a sign up. You can download and use photos there with or without attribution. Here is what its [license](#) states:

- All photos can be downloaded and used for free
- Commercial and non-commercial purposes
- No permission needed (though attribution is appreciated!)

Unsplash hosts over 2 million free photos provided by 'a generous community of photographers'. The site also has a section for education named [Unsplash for Education](#) where students can search for and access a wide variety of photos to use in class.

[Unsplash For Education's Collections \(@unsplashforeducation\)](#) | [Unsplash Photo Community](#)

Tips from The Orange Cup

This is the prime time for many of our favorite fruits and vegetables to be ripe and ready for us to enjoy. Are you storing your harvest properly so that you get the most flavor and nutrition? Take a look at the attached handout and see if you are using room temperature and refrigerator storage to their best advantage. One important statement is the last statement of the handout..."refrigerate all cut, peeled or cooked fruits and vegetables within 2 hours" no matter what type of storage was best prior to cutting, peeling or cooking. [Click here!](#)



Tips from
THE ORANGE CUP

Storing Fresh Fruits and Vegetables for Best Flavor

Brought to you by:
Tari Lee, Craig County
Penny Meredith, Delaware County
April Hauenstein, Mayes County
Kathy Enyart, Ottawa County

OSU
OSU-SPRINGFIELD
FAMILY AND
CONSUMER SCIENCES

Dates to Remember

July 27-29: CTE Inspired by iCEV

Aug: 2-3: OK Summit Conference

August 9-11: CTE Inspired by iCEV

September 16: CareerTech Educator Conference

September 30: New Teacher Follow-Up

January 27: CareerTech Educator Conference



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