NAME	!	DATE	



How Do I Prepare for My Career?

Mapping Out a Plan - Goals in Navigator

If you take a road trip, you probably program a GPS to help map the route you will take to reach your destination. An Individual Career Academic Plan, or ICAP, serves the same purpose. You program the courses or steps you need to take to meet your career goals.

What happens if you change your mind? No problem. Just like the GPS system, you can recalculate the courses and steps you need to get you on track for your new career choice.

Individual Career Academic Plan						
Personal Goal:	✓					
Steps:						
Academic Goal:	✓					
Steps:						
Career Goal:	✓					
Steps:						

- > Career Exploration and planning in OKCareerGuide is as simple as Take an Assessment, Explore Occupations, Explore Majors, Plan for Education.
- This leads to looking at future employment with Plan for Work, Find a Job, Connect 2 Business.
- Finally, you can prepare for getting employed using My Resumes, My Cover Letters and My References found in My Job Search Tools.
- The information in My Documents will automatically show up in My e-Profile.
- Visit OKCareerGuide.org to start creating a portfolio.

The information below will help you in your academic and career planning and help you complete your ICAP before graduation.

Clubs, Organizations,	Year(s) of	•	Advanced Discourse (AB)	•	International	Service Learning and/or Work	Employment
Volunteer Work, Hobbies-In	Participation		Placement (AP)		Baccalaureate (IB)	History	Period
and Out of School	Start – End	• Concurrent Enrollment	 Concurrent 	•	 CareerTech 		Start – End
			Certifications and	Certifications and			
			Assessment scores	Endorsements			