VITAL SIGNS FLOW SHEET

Resident Name & DOB	TIME	ТЕМР	PULSE	RESP	В/Р	COMMENTS:	SIGNATURE/TITLE
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Before Care:	After Care:		
Knock before entering room	Leave resident in a comfortable position		
Identify your resident (2 identifiers)	Lower the bed & check side rails		
Identify yourself by name and title	Place call light and water within reach		
Explain what you plan to do, ask	Ask resident if any needs		
permission, and encourage resident to help			
as able			
Gather supplies & check equipment	Perform a safety check		
Provide for privacy (curtain, bath blanket)	Thank the resident		
Raise bed to comfortable working height;	Properly remove gloves &		
Raise side rails for patient safety	wash hands or use hand sanitizer		
Wash your hands & don gloves	Remove privacy aids per resident's wishes		
Perform procedure using proper body	Remove equipment & clean asap		
mechanics			
Before temp, ask if resident has ate, drank,	Report any abnormal findings to nurse		
Or smoked in last 20 minutes.	Document procedure per facility method		

Instructions for Vital Signs Round Robin:

You are working as a CNA in a busy long-term care facility. It is time for routine vital signs. You must get all residents' vital signs done and charted before the doctor arrives at 12:00pm. However, you must be patient and courteous with each resident encounter. All Before Care and After Care tasks must also be completed before you can move to your next resident.

- 1. Obtain and record the vital signs of each of your residents, including the before & after care tasks.
- 2. Document the vital signs and any necessary comments.
- 3. Be sure to sign with your name and title (Health Student, CNA)
- 4. Circle any abnormal vital signs in red and notify your charge nurse.