**Alzheimer’s Resources**

**Training/Certification**:

CARES® and essentiALZ® certification: Online Dementia Care Training, Certification and Professional Credentialing; <http://www.hcinteractive.com/> For purchase, contact Casey Adams cadams@hcinteractive.com 952-835-7722

**Books/Articles**:

**Bathing Without A Battle: Person-Directed Care of Individuals with Dementia**, Second Edition (Springer Series on Geriatric Nursing by Barrick, Rader, Hoeffer, Sloane and Biddle, Springer Publishing 2008. [https://www.amazon.com/Bathing-Without-Battle-Person-Directed-Individuals/dp/0826101240/ref=sr\_1\_1?s=books&ie=UTF8&qid=1510859464&sr=1-1&keywords=bathing+without+a+battle](https://www.amazon.com/Bathing-Without-Battle-Person-Directed-Individuals/dp/0826101240/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1510859464&sr=1-1&keywords=bathing+without+a+battle)

“**Everything You Always Wanted to Know About Alzheimer’s but Were Afraid To Ask: Answers to the 101 Most Frequently Asked Questions About Alzheimer’s Disease**” <https://s3.amazonaws.com/alzheimers-resources/clients/cummings/pdf/everything_about_alzheimers.pdf>

**The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer’s Disease, Related Dementing Illnesses, and Memory Loss in Later Life** by Nancy L. Mace and Peter V. Rabins [https://www.amazon.com/36-Hour-Day-sixth-Alzheimer-Dementias/dp/1421422239/ref=sr\_1\_1?s=books&ie=UTF8&qid=1510859356&sr=1-1&keywords=the+36+hour+day+latest+edition](https://www.amazon.com/36-Hour-Day-sixth-Alzheimer-Dementias/dp/1421422239/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1510859356&sr=1-1&keywords=the+36+hour+day+latest+edition)

**Living In The Labyrinth: A Personal Journey Through the Maze of Alzheimer’s** by Diana Friel McGowin ©1993, Dell Publishing/ Doubleday Dell Publishing Group - [https://www.amazon.com/Living-Labyrinth-Personal-Journey-Alzheimers-ebook/dp/B005FY6QKO/ref=sr\_1\_1?s=books&ie=UTF8&qid=1510859306&sr=1-1&keywords=living+in+the+labyrinth%3A++a+personal+journey](https://www.amazon.com/Living-Labyrinth-Personal-Journey-Alzheimers-ebook/dp/B005FY6QKO/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1510859306&sr=1-1&keywords=living+in+the+labyrinth%3A++a+personal+journey)

**Show Me The Way To Go Home** by Larry Rose © 1996, Elder Books, Forest Knolls, California

 [https://www.amazon.com/s/ref=nb\_sb\_noss?url=search-alias%3Dstripbooks&field-keywords=show+me+the+way+to+go+home&rh=n%3A283155%2Ck%3Ashow+me+the+way+to+go+home](https://www.amazon.com/s/ref%3Dnb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=show+me+the+way+to+go+home&rh=n%3A283155%2Ck%3Ashow+me+the+way+to+go+home)

**Alzheimer's Activities: Hundreds of Activities for Men and Women with Alzheimer's Disease and Related Disorders** by B.J. Fitzray, Windsor, CA: Rayve Productions, 2001. [https://www.amazon.com/Alzheimers-Activities-Hundreds-Disease-Disorders/dp/1877810800/ref=sr\_1\_1?s=books&ie=UTF8&qid=1510859401&sr=1-1&keywords=alzheimer%27s+activities%3A++hundreds+of+activities](https://www.amazon.com/Alzheimers-Activities-Hundreds-Disease-Disorders/dp/1877810800/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1510859401&sr=1-1&keywords=alzheimer%27s+activities%3A++hundreds+of+activities)

**Websites**:

* The Oklahoma Office of the Alzheimer’s Association: <https://www.alz.org/oklahoma/>
* The Mayo Clinic - [www.mayoclinic.com](http://www.mayoclinic.com)
* The National Institute of Neurological Disorders and Stroke - [www.ninds.nih.gov](http://www.ninds.nih.gov)
* The National Alzheimer’s Association - [www.alz.org](http://www.alz.org) . They have information on “related dementias.”
* Alzheimer’s Disease Education and Referral Center (ADEAR) <https://www.alzheimers.gov>
* Web MD - [www.webmd.com/alzheimers/guide/alzheimers-dementia](http://www.webmd.com/alzheimers/guide/alzheimers-dementia)
* FamilyDoctor.org-

<http://familydoctor.org/online/famdocen/home/seniors/mental-health/662.html>

* Oklahoma Dementia Care Resources and Facilities <https://www.alzheimers.net/resources/oklahoma/>

**Free E-learning Workshops:**

<http://training.alz.org/>

* Know the 10 Signs: Early Detection Matters
* The Basics: Memory Loss, Dementia and Alzheimer’s Disease
* Approaching Alzheimer’s: First Responder Training
* Challenging Conversations about Dementia
* Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning
* Effective Communication Strategies
* Healthy Living for Your Brain and Body: Tips from the Latest Research
* Legal and Financial Planning for Alzheimer’s Disease
* Living with Alzheimer’s: For People with Alzheimer’s
* Living with Alzheimer’s: For Caregivers—Early Stage
* Living with Alzheimer’s: For Caregivers—Middle Stage
* Living with Alzheimer’s: For Caregivers—Late Stage
* Living with Alzheimer’s: For Younger-Onset Alzheimer’s
* Understanding and Responding to Dementia-Related Behavior