

SCENARIO 1:

This is your first day at Adventure Nursing Home! Although you will not provide any care, you have been instructed to introduce yourself to the residents on your hall.

- Knock on door
- Introduce self
- Identify resident
- Explain the procedure to resident

Standard: Beginning procedures are critical in exhibiting respect and providing for the dignity of residents. Explaining procedures recognizes the rights of the resident to accept or refuse care.

SCENARIO 2:

Mrs. Mary Minor, is a resident on your assigned hall at Sublime Long Term Care Home. She has recently had bouts of vomiting and diarrhea, and often has a bad cough. You are assigned to care for her today and know you must take precautions to keep yourself and others from becoming ill.

You will prepare to enter the room to care for Mrs. Minor. As you enter the room, you are called away to assist with an emergency elsewhere in the hall. You will remove and dispose of your equipment properly before leaving the area.

- Wash hands
- Put on gloves
- Put on gown
- Put on mask
- Remove and dispose of PPE

Standard: Hand washing is the best way to prevent the spread of disease. Putting on and removing PPE properly provides protection for the residents and caretakers.

SCENARIO 3:

Mr. Russell Thomas is a resident at Great Grannie's Nursing Home who has dementia in the early stages. He takes direction well, but often must be assisted due to his memory problems. Sometimes he forgets to eat, so he is weighed weekly.

When you enter the room, Mr. Thomas is sitting in a chair by the bed. You will take his vital signs, measure his height and weight, and make his bed. He likes it when you chat with him in the morning.

He can remain in the chair until it is time to go to breakfast. Document his care as needed throughout the procedure.

Wash hands

Measure vital signs

Measure Height

Measure Weight

Standard: Proper taking and documenting of vital signs is critical in caring for some residents. Weight gain or loss can indicate an oncoming serious issue and must be reported to the charge nurse.

SCENARIO 4:

Mrs. Serenity Jones is an 87 year old living at Westminster Nursing Home. This morning, you will ambulate her with a transfer belt to the dining room and then assist her to eat breakfast. Document your care throughout the procedure.

Wash hands

Put on/remove transfer belt

Assist with ambulation

Provide dining assistance

Standard: Resident must be provided with the prescribed diet and food intake must be recorded. Sitting with the resident while providing dining assistance promotes a more personal relationship between staff and the resident. Ambulation helps the resident gain strength and retain mobility.

SCENARIO 5:

Sally Conner is a 60 year old who recently suffered a stroke at home. She has been moved into Real Nice Long Term Care facility for recovery. She has left sided weakness in her arm and leg, and currently spends most of her time in bed. You will assist her with brushing her teeth, provide a partial bed bath, help her change her gown, and change her bed while she is in it. When you are finished, you will position her on her right side before leaving the room. Document your care throughout the procedure.

Wash hands

Provide oral care

Provide a partial bed bath

Assist with dressing/undressing

Make an occupied bed

Position resident

Standard: Assisting residents with activities of daily living promotes their dignity and may prevent disease, infection or skin breakdown. Linens must be neat, clean, and without wrinkles to prevent possible breakdown. Resident positioning and using proper body mechanics help prevent injury to the staff and the resident. Residents must be provided with privacy.

SCENARIO 6:

Mr. Lee Perfect is a 92 year old who is primarily bed bound. He has a catheter bag that must be emptied and catheter care provided. This morning, you are assigned to give him a partial bed bath, provide a back rub, and perform range of motion on his weak right side. You will then assist him to stand and pivot to the bedside chair. You will leave him in a safe, comfortable position. Document your care throughout the procedure.

Empty and measure drainage bag

Provide male perineal care

Provide a partial bed bath

Provide a back rub

Perform range of motion

Apply/Use/Remove a transfer belt

Use proper body mechanics

Position resident

Standard: Resident's skin must be clean and dry with any abnormalities or reddened areas on shoulders, elbows, hips, coccyx and heels noted and reported. Catheter care decreases the risk of infection and inflammation in a resident with an indwelling catheter. Fluid output must be accurately measured and recorded, and abnormalities reported to the charge nurse. Using proper body mechanics conserves energy and prevents injury to the staff and the resident.