



# OKLAHOMA CareerTech

**FCS**

Family and Consumer Sciences  
FCCLA - Family, Career and Community Leaders of America

Contact Us

December 14, 2021



## Mastering Mental Health

### Professional Development with Curriculum

Workshop includes :

Training on Making Sense of Me & Behind the Mask

1 copy of each student book + lesson plans

Access to digital curriculum package of integrated Mental Health Social and Emotional Learning

Aligned to Counseling and Mental Health course

**February 24, 2022 8:00 a.m.-4:00 p.m.**

CREC Community Building 3305 S Boomer Rd, Stillwater, OK  
Cost: \$325.00 (Can use 412/314 monies.)  
To register for the event, [click here](#).

## Lottery Grant Reimbursement Reminder

If you received a lottery grant, the deadline for FCS to receive your grant reimbursement packet is **February 1st**. Please complete the Equipment Reimbursement Request Form. Attach copies of all paid invoices and a detailed 469 expenditure report and **Submit to Rose Mangold** 1500 W. 7th Ave., Stillwater, OK 74074 or email to [rose.mangold@careertech.ok.gov](mailto:rose.mangold@careertech.ok.gov) for reimbursement approval as soon as possible.

## Interior Design Education Survey

Participating in this study requires that FCS educators complete a 15-20-minute anonymous survey that asks about teaching interior design content. Participants have the opportunity to be entered into a drawing for one of three \$50 Amazon gift cards. This study is being conducted by Dr. Pulay at Washington State University and Susie Tibbitts at Utah State University. This study has been deemed exempt from both WSU and USU IRB offices. Knowledge gained from this study will identify what resources are needed to support the FCS educators in teaching interior design content. If FCS educators are interested in participating in this study, please click the survey link below.

**Follow this link to the Survey:** [Take the Survey](#)

Or copy and paste the URL below into your internet browser:

[https://wsu.co1.qualtrics.com/jfe/form/SV\\_dfZbyoC48WtTf4a?Q\\_DL=Xzcc9Z1ioeHE9Pj\\_dfZbyoC48WtTf4a\\_MLRP\\_6yeYcl89gOqV7eu&Q\\_CHL=email](https://wsu.co1.qualtrics.com/jfe/form/SV_dfZbyoC48WtTf4a?Q_DL=Xzcc9Z1ioeHE9Pj_dfZbyoC48WtTf4a_MLRP_6yeYcl89gOqV7eu&Q_CHL=email)

## Sewist Savvy for Beginners Workshop

This class, targeted for FCS teachers, will develop your confidence to teach sewing tools and equipment, sewing machine basics, basic sewing terms, how to stitch and use of a simple PDF pattern. You will create two or more beginner projects appropriate for FCS Basics students. Class is Friday, **February 5** at the Pontotoc County Extension office in Ada, from 9 am until 4 pm. Minimum of 6 participants, maximum of 12. Cost is \$100 and includes 12-month access to resources and all fabrics and patterns you need for the day. Register through **January 27** <https://forms.gle/6u38yFFk8npXCSrz8> or for more information, email [terrihollarn@gmail.com](mailto:terrihollarn@gmail.com) or call or text (580)641-0072.

## CareerTech Educator Conference

Build Your Tool Box Thursday, **January 27** at Tulsa Technology Center - Owasso Campus  
Registration \$35. For additional information and to Register click [here](#).

Contacts:

[trent.hughes@careertech.ok.gov](mailto:trent.hughes@careertech.ok.gov)

[nancy.rodriguez@careertech.ok.gov](mailto:nancy.rodriguez@careertech.ok.gov)

## Get Set Conference

**January 11:** Get Set Conference - Life Church McAlester (Full)

**January 13:** Get Set Conference - Stride Bank Center in Enid (A few spots left!)

## Teacher Certification

For questions regarding teacher certification, renewal, missed certification exams, etc., please contact Laurie Richison at [laurie.richison@careertech.ok.gov](mailto:laurie.richison@careertech.ok.gov) or call 405.743.5518. She can help you step by step on how to complete your certification.

## OAFCS State Conference

Save the date for the 2022 OK Association of Family and Consumer Sciences State Conference. "Honoring Our Past, While Preparing for the Future" conference will be **March 3-4, 2022**, at the State Department of Career Tech in Stillwater. Some of the workshops will be over Homemade Food Freedom Act, textile burning, history of AAFCS, teen pregnancies in OK, plus many more.

## CCFCS Sign-up or Questions

Please contact [maryjane.grayson@careertech.ok.gov](mailto:maryjane.grayson@careertech.ok.gov) or 405.743.5469

## FCS Directory 2021-22

You can find the directory on ctYou when you login [here!](#)

## Dates to Remember

**January 11:** Get Set Conference - Life Church McAlester

**January 13:** Get Set Conference - Stride Bank Center in Enid

**January 27:** CareerTech Educator Conference

**January 31:** CESI Due (additional students not reported earlier)

**February 1:** Lottery Grant Reimbursement Deadline

**February 5:** Sewist Savvy for Beginners

**February 9:** FCS Day at the Capitol

**February 24:** Mastering Mental Health Workshop

**March 3-4:** OAFCS State Conference

**March 24:** NLC Trading Pin Contest Announcement



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